

# Floor 5

# December 2025

## Berkshire Care Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:15 Bread Making <b>1</b> 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages 6:00 Movie Night	8:15 Walking Groups <b>2</b> 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long	8:15 Bread Making <b>3</b> 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart	8:15 Gentle Exercise and Sing Along <b>4</b> 9:15 Trivia 10:15 Reading Circle 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Card Games 6:00 Yesterday's Treasures	8:15 Friday Movie Morning <b>5</b> 8:15 Pumpkin carving 10:15 Spiritual Discussion 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Montessori Fluff and Fold 6:30 Movement to Music 7:30 Prayer Circle	8:15 Music & Movement Breaks <b>6</b> 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Movement to Music
9:00 Assumption Church Live Mass <b>7</b> 10:15 Board Games 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Physical Games 6:15 Aromatherapy	8:15 Bread Making <b>8</b> 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages	8:15 Walking Groups <b>9</b> 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long	8:15 Bread Making <b>10</b> 8:45 Chair Yoga 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart	8:15 Gentle Exercise and Sing Along <b>11</b> 9:15 Trivia 10:15 Color sorting or matching 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Card Games 6:00 Yesterday's Treasures	8:15 Friday Movie Morning <b>12</b> 8:15 Pumpkin carving 10:15 Spiritual Discussion 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Montessori Fluff and Fold 6:30 Movement to Music 7:30 Prayer Circle	8:15 Music & Movement Breaks <b>13</b> 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Gentle hand massage time 6:15 Movement to Music
9:00 Assumption Church Live Mass <b>14</b> 10:15 Board Games 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Physical Games 6:15 Aromatherapy	8:15 Bread Making <b>15</b> 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages 6:00 Movie Night	8:15 Walking Groups <b>16</b> 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long	8:15 Bread Making <b>17</b> 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart	8:15 Gentle Exercise and Sing Along <b>18</b> 9:15 Trivia 10:15 Reading Circle 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Card Games 6:00 Yesterday's Treasures	8:15 Friday Movie Morning <b>19</b> 8:15 Pumpkin carving 10:15 Spiritual Discussion 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Montessori Fluff and Fold 6:30 Movement to Music 7:30 Prayer Circle	8:15 Music & Movement Breaks <b>20</b> 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Movement to Music
9:00 Assumption Church Live Mass <b>21</b> 10:15 Board Games 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Physical Games 6:15 Aromatherapy	8:15 Bread Making <b>22</b> 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages	8:15 Walking Groups <b>23</b> 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long	8:15 Bread Making <b>24</b> 8:45 Chair Yoga 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart	8:15 Gentle Exercise and Sing Along <b>25</b> 9:15 Trivia 10:15 Color sorting or matching 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Card Games 6:00 Yesterday's Treasures	8:15 Friday Movie Morning <b>26</b> 8:15 Pumpkin carving 10:15 Spiritual Discussion 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Montessori Fluff and Fold 6:30 Movement to Music 7:30 Prayer Circle	8:15 Music & Movement Breaks <b>27</b> 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Gentle hand massage time 6:15 Movement to Music
9:00 Assumption Church Live Mass <b>28</b> 10:15 Board Games 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Physical Games 6:15 Aromatherapy	8:15 Bread Making <b>29</b> 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages 6:00 Movie Night	8:15 Walking Groups <b>30</b> 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long	8:15 Bread Making <b>31</b> 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart			