

Program Faciliators:
Elmer, Jasmine &
Ana

October 2026
Dundurn Place Care Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:00 Birthday Breakfast (Base) 1 9:30 Restore & Move! (1st) 10:00 Calendar Posting (1st) 12:00 Guitar w Aidan 2:00 Crock-a-Doodle (LOUN) 4:15 Bean Bag Toss (LOUN) 5:30 Social Walks (LOUN) 6:30 Bingo (1st)	9:00 Friendly Visits (1st) 2 9:30 Restore & Move! (1st) 10:00 Ball toss (LOUN) 10:30 Resident Program Planning (LOUN) 2:00 Laughter Yoga with Katheryn (MAIN)	9:00 Friendly Visits (Room) 3 10:00 Fall Photoshoot (LOUN) 10:45 Thanksgiving Colouring (LOUN) 1:45 Bingo (1st) 3:00 Friendly Visits (Room)
8:30 Breadmaking (MAIN) 4 10:00 Hymn Sing (LOUN) 10:45 Beauty Club (LOUN) 2:00 Oktober Fest Party w Bruce (MAIN) 3:30 Cozy Conversations (Room)	9:15 Pet Therapy w Brisket (1st) 5 9:30 Restore & Move! (1st) 10:00 Leisure Outings (Jackson Square) with Mr.M.T (OUT) 1:00 Outing- Casino (out) 2:00 DeMazenod Farm (COUR) 6:00 Colouring Group (LOUN)	9:30 Restore & Move! (1st) 6 10:00 Bible Study with Hobbe (LOUN) 1:45 Bingo (1st)	<i>Plaid Day</i> 7 9:30 Restore & Move! (1st) 10:00 Fun & Fitness (LOUN) 10:30 Fun Facts/History- Thanksgiving (LOUN) 2:00 Resident Town Hall (MAIN) 6:15 Paint Night Host (MAIN)	9:30 Restore & Move! (1st) 8 9:30 Pet Therapy with Teddy (LOUN) 10:00 Leisure outing with Mr. M.M (out) 2:00 Resident Council (1st) 3:00 Mobile Music w Elmer (1st) 4:15 Glamour Club (1st) 5:30 Cozy Conversations (Room) 6:30 Bingo (1st)	8:30 Friendly Visits (Room) 9 9:00 Busy Hands- Cleaning iPads (LOUN) 9:30 Restore & Move! (1st) 10:00 Chair Yoga (LOUN) 10:30 Smoothie Making (1st) 2:00 Auction (MAIN)	9:30 Fun & Fitness Centrecise (LOUN) 10 10:00 shopping and strolls with Ms.F.F (OUT) 1:45 Bingo (1st)
9:45 Hymn Sing (LOUN) 11 10:30 Catholic Mass (1st) 2:00 Zumba with Rainier (MAIN) 3:00 Friendly Visits (Room)	<i>Happy Thanksgiving!</i> 12 8:15 Breadmaking (MAIN) 9:00 Pet Therapy w Brisket (1st) 9:30 Restore & Move! (1st) 10:45 Thanksgiving Trivia (LOUN) 2:00 Thanksgiving Entertainment w Tristan (MAIN) 3:45 Wii Bowling (LOUN) 6:00 Movie Night (MAIN)	9:30 Restore & Move! (1st) 13 10:00 Bible Study with Hobbe (LOUN) 1:45 Bingo (1st)	<i>Pumpkin Day</i> 14 8:00 Decorating for Halloween (ALL) 9:30 Restore & Move! (1st) 12:00 Decorating for Halloween (ALL) 12:00 Violinst- Jarek (MAIN) 6:30 Decorating for Halloween (ALL)	9:30 Restore & Move! (1st) 15 9:30 Pet Therapy with Teddy (LOUN) 10:00 Leisure outing Mrs. S.G (1st) 1:30 Card Games (1st) 2:30 Music memories (1st) 4:15 Bean Bag Toss (LOUN) 6:30 Bingo (1st)	8:15 Friendly Visits (1st) 16 9:30 Restore & Move! (1st) 10:00 Daycare Children visits (MAIN) 1:30 Bocce ball (LOUN) 2:30 Karaoke (LOUN)	10:00 Fun & Fitness Centrecise (LOUN) 17 10:30 Halloween Craft (LOUN) 1:45 Bingo (1st) 3:00 Friendly Visits (Room)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Breadmaking (MAIN) 18 10:00 Church Service - Immanuel Christian Reformed (MAIN) 1:30 Beauty Club (LOUN) 2:00 Spooky Cocktail Social (MAIN)	9:15 Pet Therapy w Brisket (1st) 19 9:30 Restore & Move! (1st) 10:00 Leisure outing with Mrs. S.D (OUT) 1:00 Outing- Mum Show Gage Park (out) 1:30 Library outing -Mrs. Y.M (1st) 6:00 Car Model Building w Cory (LOUN)	9:30 Restore & Move! (1st) 20 10:00 Bible Study with Hobbe (LOUN) 1:45 Bingo (1st)	<i>Black Cat Day</i> 21 9:30 Restore & Move! (1st) 10:00 Fun & Fitness (LOUN) 10:00 Leisure outing with Mrs. R.S (out) 1:30 Leisure outing with Mr.D.D (1st) 4:30 Take-Out Night (LOUN) 6:30 Pub Night (MAIN)	9:30 Restore & Move! (1st) 22 10:00 Pet Therapy with Teddy (LOUN) 10:30 Leisure outing with Mrs. E.H (1st) 2:00 Pumpkin Carving (LOUN) 4:15 Wii Games (LOUN) 5:30 Watering Plants (1st) 6:30 Bingo (1st)	9:00 Friendly Visits (Room) 23 9:30 Restore & Move! (1st) 9:45 Careful Hands (LOUN) 10:00 Horticultural Therapy (1st) 1:15 Pen Pals (MAIN) 1:45 Little Library Project (MAIN)	11:15 Halloween Trivia (LOUN) 24 1:45 Bingo (1st) 6:00 Hang-Man (2nd)
9:45 Hymn Sing (1st) 25 2:15 Karaoke (MAIN) 4:00 Friendly Visits (Room) 6:00 Wii Sports (1st)	9:15 Pet Therapy w Brisket (1st) 26 9:30 Restore & Move! (1st) 9:45 Exercise/Centrecise (LOUN) 10:15 Journaling- Story of my Life (1st) 12:45 Outing- Walmart (out) 1:30 Paint Afternoon (LOUN) 2:45 Card Games (1st)	9:30 Restore & Move! (1st) 27 10:00 Bible Study with Hobbe (LOUN) 1:45 Bingo (1st)	9:30 Restore & Move! (1st) 28 10:00 Fun & Fitness (LOUN) 10:00 Leisure outing with Mr.E.R (Out) 2:00 Birthday Party w Paula (MAIN) 6:30 Haunted House (COUR)	8:30 Calendar prep 29 9:30 Restore & Move! (1st) 9:30 Pet Therapy with Teddy (LOUN) 10:30 Choir Practice (LOUN) 2:00 Boomers Club (MAIN) 4:15 Family Feud (1st) 6:30 Bingo (1st)	8:15 Friendly Visits (1st) 30 9:00 Halloween Dress up (1st) 9:30 Restore & Move! (1st) 10:00 Trick or Treating (ALL) 1:30 Halloween Karaoke (LOUN) 2:30 Colouring (1st)	<i>Happy Halloween!</i> 31 9:30 Costume Time! (MAIN) 10:45 Halloween Photoshoot (MAIN) 2:00 Halloween Party w Tristan! (MAIN) 3:00 Halloween Contest (MAIN)

