



September 2026

Orchid Trail Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Residents Council Week September 14-18 Join us for Residents Council on Thursday September 10th All Residents Welcome! 		10:00 Garden Care - Tomato Harvest and Cooking 1 10:30 Helping Hands 2:00 Bingo 6:00 Aromatherapy & Reflexology Visits 6:45 Sing Song	10:00 Bowling 2 2:00 Who am I ? 3:00 Pawsitive Visits 6:45 Board Games Corner	9:30 Cycling Without Age 3 11:00 Helping Hands 2:00 Ring Toss 6:45 Card Sharks	10:00 True or False Trivia 4 1:00 Music Therapy with Jon 4:00 Royal Canadian Circus Outing  	10:30 Centrecise 5 11:00 Helping Hands 2:00 Java Music Club
10:00 Harmonious Hymns 6 2:00 Board Game 2:15 Calendar Planning 	Labour Day 7 9:30 Magic Table 10:00 Monday Manicures 2:00 Bingo 6:45 Target Toss 	10:00 Garden Care - Pollinator Garden 8 10:30 Helping Hands 2:00 Resident Council Colouring Moment 6:45 Musical Bingo	National Teddy Bear Day 9 10:00 Bowling 2:00 Adopt A Bear 3:00 Pawsitive Visits 6:45 UNO Card Game 	9:30 Cycling Without Age 10 11:00 Helping Hands 2:00 Residents Council 2:15 Name Game	10:00 Fun Friday Fitness 11 1:30 Music with Jay Franco 2:00 What's in the bag? 	10:00 Zumba 12 11:00 Helping Hands 2:00 Chocolate Milkshake Day 6:45 Karaoke Night
Grandparents Day 13 10:00 Glad Tidings Church Service 2:00 Golden Years Reminiscing 	9:30 Mindful Mandalas 14 10:00 Bowling 2:00 Monday Manicures 2:00 Resident Council Word Search 6:45 Musical Bingo 	10:00 Garden Care - Botanical Prints & Natural Dye Bath 15 10:30 Helping Hands 2:00 Bingo 6:00 Aromatherapy & Reflexology Visits 6:45 Sing Song	11:00 Catholic Church 16 2:00 Resident Council Trivia 3:00 Pawsitive Visits 6:45 Board Games Corner 	9:30 Cycling Without Age - Trishaw 17 11:00 Residents Council Scavenger Hunt 2:00 Bowling 6:45 Card Sharks 	Carnival Day 18 10:00 The Magnificent Magician 10:45 Balloon Animals 1:00 Music Therapy with Jon 2:00 Carnival Games	10:30 Centrecise 19 11:00 Helping Hands 2:00 Java Music Club 
10:00 Glad Tidings Church Service 20 2:00 Noodleballoon 	9:30 Magic Table 21 10:00 Monday Manicures 2:00 Laughter Therapy 6:45 Musical Bingo 	10:00 Garden Care - Tie-dye Shirts with Natural Dyes 22 10:30 Helping Hands 2:00 Bingo 6:45 Target Toss	10:00 Nancy Visits 23 2:00 Who's the Verdict? 3:00 Pawsitive Visits 6:45 Game 	Resident Art Gallery 10am -3pm 24 9:30 Cycling Without Age 11:00 Helping Hands 2:00 Horse Racing 	10:00 Fun Friday Fitness 25 10:30 Burlington Beach Outing 2:00 Drum Circle 	10:00 Zumba 26 11:00 Helping Hands 2:00 Reader's Circle 6:45 Karaoke Night 
10:00 Harmonious Hymns 27 2:00 Sunday Matinee: Movie & Popcorn 6:45 Noodleballoon 	9:30 Mindful Mandalas 28 10:00 Monday Manicures 2:00 Auction 6:00 Acoustics & Apple Crisp with Mario	10:00 Garden Care - Garlic Planting 29 10:30 Helping Hands 2:00 Bingo 6:45 Sing Song 	National Day for Truth and Reconciliation 30 10:00 Bowling 2:00 Trivia: Jeopardy 3:00 Pawsitive Visits 6:45 UNO Card Game 	Join us on Sept 18th at our Carnival for LTC Community Engagement Day! Magician, balloon animals, carnival snacks, games and prizes!     		