



January 2026

Unit 2 - Elm Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Arm Chair Travel 2:00 Stick Art Challenge 	10:00 Sai Dham Wellness 2:00 Resident Spotlight	8:15 Happy Vibes 10:00 Sing-Alongs 2:00 Violin Stroll 
8:30 Happy Vibes 10:00 Virtual Spiritual Service 10:30 Hymn sing 2:00 Storytelling with Adele 4	10:00 Balloon Exercise 2:00 Sit & Dance 6:15 Movie Night 	8:15 Happy Vibes 10:00 Music & Movement 10:30 Sing-Alongs 1:00 Massage Therapy - Appointment only 2:00 Bingo 6	Orthodox Christmas 8:30 Happy Vibes 10:00 Giving Garden - Winter 2:00 Residents' Council 2:00 JAVA Music Club 6:00 Busy Hands 	8:30 Happy Vibes 10:00 Exercise 10:30 Music Magic 2:00 Ice Cream Social 8	10:00 Catholic Mass - Bishop Visit 2:00 Salvation Army 	10:00 Bingo 2:00 Ultimate Bingo 10
10:00 Virtual Spiritual Service 10:30 Hymn sing 2:00 Movie Time 11	10:00 Zumba 10:30 Music Magic 2:00 Table Games 6:15 Pub Night 	8:15 Happy Vibes 1:00 Massage Therapy - Appointment only 2:00 Bingo 	8:30 Happy Vibes 10:00 Giving Garden - Winter 2:00 JAVA Mentor 3:00 Paint with Erin 6:00 Curious Minds, Creative Hands 14	8:30 Happy Vibes 9:00 Music Therapy 2:00 Busy Hands 6:00 Fishin' Fun Day 15	10:00 Eatonville Cafe 2:00 Moments of Meaning 6:00 Beauty Club 16	8:30 Happy Vibes 10:00 Sing-Alongs 10:30 Spa Time 2:00 Baking Club-Turkish Delight Baked Goods 
8:30 Happy Vibes 10:00 Virtual Spiritual Service 10:30 Hymn sing 1:45 Flicks & Chill LET'S FLICK N' CHILL 18	10:00 Balloon Exercise 10:30 Sing-Alongs 2:00 Colouring Time 19	8:15 Happy Vibes 10:00 Zumba 10:30 Sing-Alongs 1:00 Massage Therapy - Appointment only 2:00 Bingo 6:00 Word Games 20	8:30 Happy Vibes 10:00 Giving Garden - Winter 2:00 Card Games 2:00 Arm Chair Travel 6:00 Busy Hands 21	8:30 Happy Vibes 10:00 Zumba 10:30 Spa Time 2:00 Active Games 22	10:00 Exercise 10:30 Sing-Alongs 2:00 Word Games 6:00 Bocce ball 	10:00 Bingo 2:00 Ultimate Bingo 24
10:00 Virtual Spiritual Service 10:30 Hymn sing 2:00 Celebrating Robbie Burns 	10:00 Zumba 10:30 Sing-Alongs 2:00 Calendar Planning 6:15 Sing-Alongs 26	8:30 Happy Vibes 10:00 Music & Movement 10:30 Music Magic 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 	8:30 Happy Vibes 10:00 Giving Garden - Winter 2:00 Active Games 6:00 Curious Minds, Creative Hands 28	10:00 Arm Chair Travel 2:00 Busy Hands 6:00 Fishin' Fun Day 	10:00 Exercise 10:30 Sing-Alongs 2:00 Moments of Meaning 30	Calendar Visits 8:30 Happy Vibes 10:00 Laugh Corner 2:00 Healing Prayer Group 