

Floor 5

November 2025

Berkshire Care Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						8:15 Music & Movement Breaks 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Gentle hand massage time 6:15 Movement to Music1
9:00 Assumption Church Live Mass 10:15 Board Games 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Physical Games 6:15 Aromatherapy2	8:15 Bread Making 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages 6:00 Movie Night3	8:15 Walking Groups 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long4	8:15 Bread Making 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart5	8:15 Gentle Exercise and Sing Along 9:15 Trivia 10:15 Reading Circle 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Card Games 6:00 Yesterday's Treasures 6:00 Colour Relaxation6	8:15 Friday Movie Morning 8:15 Bread Making 10:15 Spiritual Discussion 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Montessori Fluff and Fold 6:30 Movement to Music 7:30 Prayer Circle7	8:15 Music & Movement Breaks 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Movement to Music8
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9:00 Assumption Church Live Mass 10:15 Board Games 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Physical Games 6:15 Aromatherapy23	8:15 Bread Making 9:00 Chair Yoga or Gentle Stretching 10:15 Color Sorting or Matching 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Colouring/Painting 6:00 Manicures and Hand Massages 6:00 Chair Yoga24	8:15 Walking Groups 9:00 Snoezelen Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 2:00 Spiritual Discussion 6:15 Sing-a-Long25	8:15 Bread Making 8:45 Chair Yoga 10:15 Armchair Travel 12:30 Tovertafel 1:45 Enjoying Outdoors 6:15 Sensory Cart26	8:15 Gentle Exercise and Sing Along 9:15 Trivia 10:00 Beauty Club 10:15 Color sorting or matching 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Card Games 6:00 Yesterday's Treasures 6:00 Zumba with Allison27	8:15 Friday Movie Morning 8:15 Bread Making 10:15 Spiritual Discussion 12:30 Tovertafel 1:45 Enjoying Outdoors 3:00 Montessori Fluff and Fold 6:30 Movement to Music 7:30 Prayer Circle28	8:15 Music & Movement Breaks 9:15 Sensory Cart 12:30 Tovertafel 1:45 Enjoying Outdoors 3:15 Gentle hand massage time 6:15 Movement to Music29
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