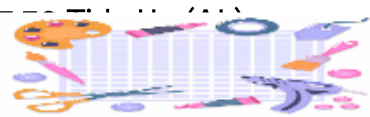




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Facilitators: Satnam Bardha 	Programs & times are subject to change based on resident interests. 		10:00 Crock-a-Doodle 1 (AL) 2:00 Oktober Fest Party w/ Mia (MDR) 4:00 Cheery Chats (AL) 6:30 Karaoke Night (AL) 	8:00 Birthday Breakfast (BAR) 2 10:00 Fun & Fitness Centrecise (LOUN) 10:45 Fun With The Ipad (RR) 11:30 Meal Prep (AL) 12:00 Guitar w Aidan (AF) 12:30 Decorating/Thanksgiving (AF) 6:30 Bingo (MDR) 	9:30 Decorating/Thanksgiving (AF) 3 1:30 Pet Therapy with Teddy (a) 3:00 Drum Circle (AL) 	10:00 RC Voting Posters (2nd) 4 11:15 Trivia (AL) 1:30 Bingo (MDR)
10:30 Spiritual Service (LOUN) 5 11:30 Meal Prep (AL) 1:30 Beauty Club (a) 2:30 Sing-along (AL) 6:15 Balloon Boats & Moats 	10:00 Fun & Fitness Centrecise (LOUN) 6 10:30 Smoothiemaking (AL) 11:30 Meal Prep (AL) 12:30 Walmart Outing (out) 2:00 Sewing Club (a) 6:15 Discussion Group: Soccer (AL)	10:00 Bible Study with Hobbe (LOUN) 7 11:30 Meal Prep (AL) 2:00 Bingo (DR) 4:00 Crafts: "I'm thankful for" posters (GARD) 	<i>Dress in Fall Colours</i> 10:30 Resident Council (AL) 8 11:15 Pet Visits with Teddy (AL) 2:00 Entertainment with Elvis (AL) 4:30 Take Out Night (MDR) 6:15 Crafts w Bardha: Thanksgiving (GARD) 	9:45 Fun & Fitness Centrecise (LOUN) 9 10:30 Fixing Laundry Bags (AL) 11:30 Meal Prep (AL) 1:45 Webster's Book Club (GARD) 3:00 Pet Therapy with Teddy (a) 6:30 Bingo (MDR) 	9:45 Fun & Fitness Centrecise (LOUN) 10 10:30 Pet Therapy w Teddy (AL) 	9:00 Breadmaking (ARDR) 11 9:45 Chair Dancing (AL) 10:30 Smoothtonic (AL) 11:30 Meal Prep (AL) 1:30 Bingo (MDR) 
9:45 Hymn Sing (1st) 12 10:45 Catholic Mass (AL) 11:30 Meal Prep (AL) 2:00 Thanksgiving Entertainment w Jeff (MDR)	<i>Thanksgiving Day</i> 10:00 Fun & Fitness Centrecise (LOUN) 13 10:30 Shuffleboard (AL) 11:30 Meal Prep (AL) 2:00 Ladies Club (MDR) 4:00 Resident Program Planning (AL) 6:30 Webster's Soccer Game (AL) 	10:00 Bible Study with Hobbe (LOUN) 14 11:15 Pet Therapy w Teddy (RR) 2:00 Bingo (DR) 	<i>Neon Colours</i> 10:00 Fun & Fitness Centrecise (LOUN) 15 10:30 Sound Bowls with Masha (LOUN) 2:00 Mini Golf (AL) 3:30 Waffle Making (AL) 6:30 Glow Party (4th)	9:45 Fun & Fitness Centrecise (LOUN) 16 10:30 Fixing Laundry Bags (AL) 2:00 Bingo (MDR) 3:30 Prep for Haunted House 6:30 Haunted House (COUR)	9:45 Volleyball (AL) 17 10:30 Pet Therapy with Teddy (a) 1:30 Community Outing: Library & Farmer's Market (out) 4:00 Chess (GARD)	10:00 Fun & Fitness Centrecise (LOUN) 18 10:30 Smoothie Making (AL) 11:30 Meal Prep (AL) 1:30 Bingo (MDR) 

3rd Floor

October 2025

Dundurn Place Care Centre



Sunday

10:00 Church Service - Immanuel Christian Reformed (MDR) **19**
11:30 Meal Prep (AL)
1:30 Zumba with Rainier (MDR)
3:00 Fun & Fitness Centrecise (LOUN)



Monday

10:00 Fun & Fitness Centrecise (LOUN) **20**
10:30 Smoothie Making (AL)
11:30 Meal Prep (AL)
1:00 Outing Casino (out)
1:30 Pet Therapy w Teddy (AL)
2:30 Word Games (AL)
6:15 Drum Circle (AL)



Tuesday

10:00 Bible Study with Hobbe (LOUN) **21**
11:30 Meal Prep (AL)
2:00 Bingo (DR)
4:00 Crafts: Halloween (a)



Wednesday

Black Cat Day **22**
10:00 Fun & Fitness Centrecise (LOUN)
11:30 Meal Prep (AL)
2:00 Pumpkin Carving (AL)
4:00 Cheery Chats (AL)
6:30 Pub Night w Elvie (MDR)



Thursday

9:45 Fun & Fitness Centrecise (LOUN) **23**
10:30 Halloween Craft (AL)
1:30 Pet Therapy with Teddy (a)
1:30 Men's Club (AL)
4:00 Fixing Laundry Bags (AL)
6:30 Bingo (MDR)

Friday

9:45 Fun & Fitness Centrecise (LOUN) **24**
10:30 Pet Therapy w Teddy (AL)
11:30 Meal Prep (AL)
2:00 Game Tournament (MDR)
6:30 Viva Portugal (GARD)

Saturday

9:00 Breadmaking (ARDR) **25**
10:00 Chair Dancing (AL)
10:30 Scary Stories (AL)



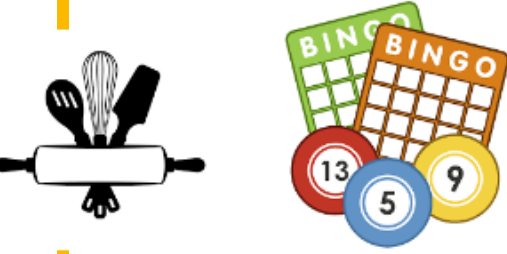
9:45 Hymn Sing (1st) **26**
10:45 Catholic Mass (AL)
11:30 Meal Prep (AL)
1:30 Ping Pong Game (MDR)
3:00 Halloween Trivia (AL)



10:00 Exercise/Centrecise (LOUN) **27**
10:30 Shuffleboard (AL)
11:30 Meal Prep (AL)
1:00 Outing Walmart (out)
6:15 Blackjack (AL)



10:00 Bible Study with Hobbe (LOUN) **28**
11:30 Meal Prep (AL)
2:00 Bingo (DR)



Halloween Colours **29**
9:45 Fun & Fitness Centrecise (LOUN)
10:30 Smoothie Making
11:30 Meal Prep (AL)
2:00 Birthday Party with Paula (MDR)
4:00 Calendar Prep (AL)
6:30 Scrapbooking (GARD)



9:45 Fun & Fitness Centrecise (LOUN) **30**
10:30 Pet Therapy with Teddy (a)
11:30 Meal Prep (AL)
1:30 Baking Cookies (LOUN)
4:00 Hang-Man (AL)
6:30 Bingo (MDR)

Happy Halloween! **31**
9:00 Halloween Make-up (AL)
10:00 Horticultural Therapy (DR)
11:30 Meal Prep (AL)
2:00 Halloween Party w Tristan (MDR)
3:00 Halloween Contest (MDR)

