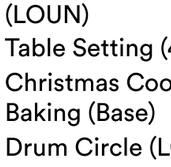
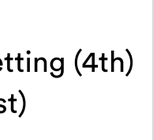
Scenic Falls 4th floor
Recreation & Restorative Aides
Merle
Makenna
Ohnaisha

# November 2026

## Dundurn Place Care Centre

DUNDURN PLACE CARE CENTRE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>8:00 Calendar Posting<br>9:45 Slime Making (LOUN)<br>10:30 Exercise/Centrecise (LOUN)<br>11:30 Table Setting (4th)<br>1:00 Henna Tattoos (LOUN)<br> | **2**<br>9:00 Friendly Visits<br>10:30 Trivia (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>12:00 Taking Down Halloween Decorations (ALL)<br>2:00 Game Tournament (MAIN)<br>6:30 Casino Night (LOUN) | **3**<br>9:00 Friendly Visits<br>10:00 Bible Study with Hobbe (LOUN)<br>10:30 Mind Mingle (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Ontario Health@Home Meeting with Linda (MAIN) | **4**<br>*Dress like a Famous Person*<br>9:00 Friendly Visits<br>10:00 Crafting making Poppy's (MAIN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:45 Bingo (1st)<br>3:30 Christmas Wishlist (4th)<br>6:30 Glow Party w Paula French (MAIN) | **5**<br>8:00 Birthday Breakfast (Base)<br>10:30 Word Games (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>12:00 Guitar w Aidan<br>2:00 Crock-a-Doodle (LOUN)<br>4:00 Outdoor walks (Room)<br>6:30 Bingo (1st) | **6**<br>9:00 Friendly Visits<br>10:30 Pet Therapy (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Diwali Dancer (MAIN)<br>3:45 Word Games (4th)<br>6:30 Craft Night (LOUN) | **7**<br>9:00 Friendly Visits<br>10:00 Nail rejuvenation (LOUN)<br>11:00 Exercise/Centrecise (LOUN)<br>11:30 Table Setting (4th)<br>1:45 Bingo (1st)<br> |
| **8**<br>9:00 Friendly Visits<br>10:00 Hymn Sing (LOUN)<br>11:00 Exercise/Centrecise (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Zumba with Rainier (MAIN)<br> | **9**<br>9:00 Friendly Visits<br>10:30 Trivia (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>6:15 Bean Bag Toss (LOUN)<br> | **10**<br>10:00 Bible Study with Hobbe (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:45 Bingo (1st)<br>3:45 Axe Throwing (LOUN)<br>6:00 Friendly Visits (Room)<br>6:30 Karaoke Night (LOUN) | **11**<br>*Remembrance Day - Wear red and black*<br>9:00 Friendly Visits<br>10:30 Remembrance Day Cermony (MAIN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Making Cock-A-Leekie Soup (Base)<br>6:00 Cozy Conversations (LOUN)<br>6:30 Jeopardy Night (4th) | **12**<br>9:00 Friendly Visits<br>10:30 Brain Teasers (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Axe Throwing (LOUN)<br>2:45 Smoothie Making (4th)<br>4:00 Calendar Prep<br>6:30 Bingo (1st) | **13**<br>9:00 Friendly Visits<br>10:30 Word Games (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Family Feud (4th)<br>2:30 Ghost Hunting with Jessica (MAIN)<br> | **14**<br>9:00 Friendly Visits<br>10:00 Exercise/Centre (LOUN)<br>10:30 Hang-man (LOUN)<br>11:30 Table Setting (4th)<br>1:45 Bingo (1st)<br> |
| **15**<br>9:00 Friendly Visits<br>10:00 Church Service - Immanuel Christian Reformed (1st)<br>11:15 Exercise/Centrecise (LOUN)<br>11:30 Table Setting (4th)<br>1:15 Christmas Cookie Baking (Base)<br>1:30 Drum Circle (LOUN)<br> | **16**<br>9:00 Friendly Visits<br>10:30 Unscrambled Letters (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Program Planning (LOUN)<br>2:45 Card Games (LOUN)<br>4:00 Calendar Prep<br>6:00 Baking Peanut Butter Cookies & Fudge (Base) | **17**<br>8:00 Decorating for Christmas (ALL)<br>11:00 Physio-Exercise Class (LOUN)<br><br>1:45 Bingo (1st)<br>3:30 Decorating for christmas (ALL)<br>6:00 Decorating for christmas (ALL) | **18**<br>*Cozy Day*<br>8:00 Decorating for Christmas (ALL)<br>11:00 Physio-Exercise Class (LOUN)<br>12:00 Decorating for Christmas<br>5:45 Decorating for Christmas | **19**<br>*Decorating for Christmas (ALL)*<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>12:00 Decorating for Christmas<br>6:30 Bingo (1st)<br> | **20**<br>9:30 Restore and Move (MAIN)<br>10:30 Trivia (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Laughter Yoga with Katheryn (MAIN)<br>3:30 Hang-Man (LOUN) | **21**<br>9:00 Friendly Visits<br>10:00 Nail rejuvenation (LOUN)<br>11:00 Exercise/Centrecise (LOUN)<br>11:30 Table Setting (4th)<br>1:45 Bingo (1st) |

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|---|---|---|---|---|---|---|
| **22**<br>9:00 Friendly Visits<br>10:00 Hymn Sing (LOUN)<br>11:00 Exercise/Centrecise (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Entertainment with Jeff Mitchell (MAIN)<br> | **23**<br>9:00 Friendly Visits<br>10:30 Trivia (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Bean Bag Toss (LOUN)<br>6:15 Karaoke (LOUN)<br> | **24**<br>9:00 Friendly Visits<br>10:00 Bible Study with Hobbe (LOUN)<br>10:30 Mental Aerobics (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:45 Bingo (1st)<br>3:15 Axe Throwing (LOUN)<br>6:30 Paint Night (4th) | **25**<br>*Animal Print Day*<br>9:00 Friendly Visits<br>10:00 Sound Bowls with Masha (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Birthday Party w Paula (MAIN)<br>4:00 Calendar Prep<br>6:00 Big Screen Movie Night (LOUN) | **26**<br>9:00 Friendly Visits<br>10:00 Pet Therapy (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>2:00 Boomers Club (MAIN)<br>4:00 Hang-Man (LOUN)<br>6:30 Bingo (1st)<br> | **27**<br>9:00 Friendly Visits (Room)<br>10:00 Horticultural Therapy (1st)<br>10:30 Mind Mingle (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Christmas Bazaar (MAIN)<br> | **28**<br>10:30 Exercise/Centre (LOUN)<br>11:00 Jeopardy (1st)<br>1:45 Bingo (1st)<br> |
| **29**<br>9:15 Friendly Visits (Room)<br>10:30 Exercise/Centrecise (LOUN)<br>11:00 Hang-Man (LOUN)<br>1:30 Bean Bag Toss (LOUN) | **30**<br>9:00 Friendly Visits<br>10:30 Word Games (LOUN)<br>10:30 Trivia (LOUN)<br>11:00 Physio-Exercise Class (LOUN)<br>11:30 Table Setting (4th)<br>1:30 Hang-Man (LOUN)<br>4:30 Take-Out Night (LOUN)<br>6:30 Pearl Society (Base)<br> | **Calendar Legend**<br>**RR - Resident Room**<br>**LOUN - Activity lounge/TV room**<br>**COUR - Courtyard**<br>**MDR - 1st floor dining room**<br>**DR - Dining Room**<br>**ARDR - activty room/dining room**<br>**OUT - Outside**<br>**4th - 4th Floor**<br>**Hall - In the Hallway**<br>**BAR - Basement activty room**<br>**ALL - All floors** | | | | |



