

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Dr. Day 1 8:30 Daily Orientation 9:00 Calendar Distribution 10:30 Chair Yoga 2:00 Who is Jack Frost	2 8:30 Daily Orientation 10:00 This Day in History 2:00 Winter Mocktail Cart 6:00 Nature Documentary	3 8:30 Daily Orientation 10:00 Peach Muffins 2:00 Bingo 
4 8:30 Daily Orientation 10:00 Spiritual Gathering 2:00 Penny Ante	5 8:30 Daily Orientation 10:00 Centrecise: Zumba 2:00 Yum Box 6:00 Nature Wonders: Through the Clouds	6 Library Books Collection 8:30 Daily Orientation 10:00 Resident Council 2:00 Group Crossword	7 New Library Books Arrive 8:30 Daily Orientation 10:30 Anglican Church 2:00 Game: Give Me Five 6:00 Gospel Sing a Long	8 Dr. Day 8:30 Daily Orientation 10:00 Elvis Presley Sing a Long 2:00 Traveling Spa Cart 6:00 Remembering the King of Rock and Roll	9 8:30 Daily Orientation 10:00 Zumba 2:00 Ball Games 6:00 The Price is Right: Classic Toys	10 8:30 Daily Orientation 10:00 Music and Motion 2:00 Bingo
11 8:30 Daily Orientation 10:00 Spiritual Gathering 2:00 Games Afternoon	12 8:30 Daily Orientation 10:00 Centrecise Full Body 1:30 Massage Therapy 2:00 Care Packages for the Homeless 6:00 Hot Tea and Winter Stories	13 8:30 Daily Orientation 11:30 Pita Pit Luncheon 2:00 Biography: Dolly Parton 6:00 Brain Teasers	14 8:30 Daily Orientation 10:30 Anglican Church 2:00 Entertainment: Dave Thierry 6:00 Movie Night: Snow Dogs 	15 Dr. Day 8:30 Daily Orientation 8:30 Birthday Breakfast 2:00 Travelling Tuck Cart 6:00 Biography of Jane Goodall	16 8:30 Daily Orientation 10:00 National Geographic 2:00 Make Spiced Apple Sauce Muffins 6:00 Craft and Sip	17 8:30 Daily Orientation 10:00 Balloon Badminton 2:00 Bingo
18 8:30 Daily Orientation 10:00 Spiritual Gathering 2:00 60's Music Sing a Long	19 8:30 Daily Orientation 10:00 Centrecise: Zumba 2:00 Armchair Travel: The Netherlands 6:00 Amusing Figures of Speech	20 8:30 Daily Orientation 11:30 Chinese Food Luncheon 2:00 January Quiz 6:00 Tuesday Trivia	21 8:30 Daily Orientation 10:30 Anglican Church 2:00 Balloon Toss 6:00 Entering Outer Space 	22 Dr. Day 8:30 Daily Orientation 10:00 Scrapbook Paper Quilting Bee 2:00 Traveling Spa Cart 6:00 Humour Hour	23 8:30 Daily Orientation 10:00 Sign and Stretch 2:00 Exotic Fruit Tasting 6:00 Word Games	24 8:30 Daily Orientation 10:00 The History of Robert Burns 2:00 Bingo
25 8:30 Daily Orientation 10:00 Spiritual Gathering 2:00 Kingsway Church Choir	26 8:30 Daily Orientation 10:00 Centrecise Full Body 1:30 Massage Therapy 2:00 Gardening Group 6:00 Winter Olympic Sports 	27 8:30 Daily Orientation 10:00 Bell Choir 2:00 "Winter" Family Feud 6:00 Animals in Winter	28 8:30 Daily Orientation 10:30 Anglican Church 2:00 Snowman Craft 6:00 Reminisce The Blizzard of 77	29 Dr. Day 8:30 Daily Orientation 10:00 The Number 11 Quiz 2:00 Travelling Tuck Cart 6:00 All About Australia	30 8:30 Daily Orientation 10:00 Chair Dancing 2:00 Make Banana Bread 6:00 Matchbox Car Races 	31 8:30 Daily Orientation 10:00 Ladder Ball 2:00 Bingo