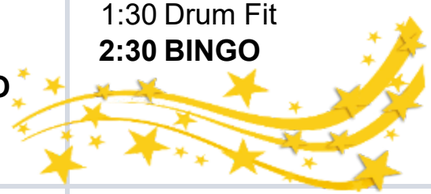
SPRUCEDALE CARE CENTRE

November 2026
CEDAR GROVE



SPRUCEDALE CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Clocks Fall Back **1** 10:00 Sunday Devotion 10:45 Let's Shell-abrate 1:30 Little Treasures 	10:00 Let's Shell-abrate **2** 11:30 Hallwalkers 1:30 Physio Fitness ***2:30 Birthday Party*** 	**10:30 Catholic Mass** **3** 1:30 Be Strong & Fit **2:30 Residents' Council** 6:00 Ball of Fun 	**10:30 Healthy Break** **4** **2:30 BINGO** **2:30 Friendship Circle** 	**10:00 Mystery Tour** **5** 10:30 Physio Fitness **10:30 Baking Bee "Dog Treats"** **2:30 Providence URC Worship Service** ***3:30 Sprucedale Golden Grands*** 4:00 IPAD visits	**10:00 Baking Bee "Dog Treats"** **6** **2:30 Friendship Circle** 2:30 Handy Helpers 	*Harvest Vendors Market* **7** *9:00 am-1:00 pm* *Everyone Welcome!* 
10:00 Sunday Devotion **8** 10:45 Manicures 1:30 Little Treasures **3:00 Horse Races** 	**10:30 Hymn Sing with Wayne & Wendy** **9** 11:30 Hallwalkers 1:30 Physio Fitness ***2:30 Musical Entertainment with Jeremy Smith***	**10:30 Lecture Series "Ms. Barbara"** **10** 1:30 Drum Fit **2:30 Dining Enhancement Committee** 6:00 Giant Crossword	*Remembrance Day* **11** **10:30 Remembrance Day Service** **2:30 BINGO** **2:30 Friendship Circle**	**8:00 Egg Day** **12** **9:00 Pins & Needles** **9:30 Shopping Bus** 10:30 Physio Fitness **2:30 Compass Community Worship Service** ***3:30 Sprucedale Golden Grands***	10:00 Massage Therapy **13** ***10:30 StrawBUBS*** **2:00 Pet Visits** **2:30 Friendship Circle**	10:00 Manicures **14** 1:30 Little Treasures 
10:00 Sunday Devotion **15** 10:45 IPAD visits ***1:30 Youth Singers*** 3:00 Jeopardy	10:00 Name that Tune **16** **12:00 Lunch & Movie** 1:30 Physio Fitness 	*Happy Birthday Fred* **17** **10:30 Catholic Mass & Communion** 1:30 Be Strong & Fit 2:30 Meet, Greet & Steep **4:00 Take a trip VR** 6:00 Test your Senses	10:30 Fresh & Fruity **18** **2:30 BINGO** **2:30 Friendship Circle** 	**8:00 Men's Breakfast** **19** **9:00 Pins & Needles** 10:30 Physio Fitness **2:30 First Baptist Worship Service** ***3:30 Sprucedale Golden Grands*** 4:00 Stroll & Roll	**10:30 Lunch Bunch "Chuck's Roadhouse"** **20** ***2:00 Musical Bingo*** **2:30 Friendship Circle**	**10:30 Picnic Lunch** **21** **1:00 Santa Claus Parade** 
10:00 Sunday Devotion **22** 10:45 Manicures 1:30 Little Treasures **3:00 Yesterdays**	**10:00 Craft Corner** **23** 11:30 Hallwalkers 1:30 Physio Fitness 2:30 Guggenheimer **6:00 Twilight BINGO**	*DECK* **24** **10:00 Baking Bee** 1:30 Drum Fit **2:30 BINGO** 	*THE* **25** **10:00 A day away....Bowling** **2:30 Friendship Circle** 	*HALLS* **26** **10:00 Coffee Hour** 10:30 Physio Fitness **2:30 Providence URC Worship Service** ***3:30 Sprucedale Golden Grands*** **4:00 Deck the Halls** 	10:00 Massage Therapy **27** 10:00 Art Club ***2:00 Pub with John Berkmortel*** **2:30 Friendship Circle** 	10:30 Manicures **28** **1:30 Activities to go!** 
10:00 Sunday Devotion **29** **10:45 Baking Bee** 1:30 Little Treasures 	10:30 Calendar visits **30** 11:30 Hallwalkers 1:30 Physio Fitness **2:30 Hallway Bowling** ***5:00 Kids "Cabaret" Dinner & Show***					