



October 2026

Unit 3 - Birch Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30 Classics 10:00 Happiness Program 2:00 Oktoberfest Concert 	8:30 Morning guitar 10:00 Stroll & Explore 2:00 Bowling 6:00 Autumn Cards making 	8:30 Fall Leaves 10:00 Garden Walk & Stroll 2:00 Card Bingo 
8:30 Heart and Joy 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 2:00 1 to 1: Sensorv 	4	8:30 Oldies but Goodies 10:00 Balloon Badminton 2:00 Sing-Alongs 2:00 Story of my Life 6:00 Autumn Trivia Challenge	5	8:30 Cafe Music 10:00 Exercise 1:00 Massage Therapy - Appointment only 2:00 Bingo 6:00 Sing-Alongs	6	8:30 Morning Piano 10:00 Giving Garden - Autumn 2:00 Residents' Council 2:00 Scented Oasis 6:00 Balloon Badminton 
8:30 Classics 9:00 Music Therapy 2:00 Movie Time	8	8:30 Morning guitar 10:00 Friendly Walk 2:00 Salvation Army 	9	8:30 Fall Leaves 10:00 What Am I? 2:00 Ultimate Bingo	10	
8:30 Hymn Sing 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 2:00 Happiness Program	11	8:30 Oldies but Goodies 10:00 Exercise 2:00 Ethnic Group Music	12	8:30 Cafe Music 10:00 Music & Movement 1:00 Massage Therapy - Appointment only 2:00 Bingo 6:00 Spa Time 	13	8:30 Music & Nature 10:00 Giving Garden - Autumn 2:00 Indoor Hockey 6:00 Spooky Pumpkin Paint Night
8:30 Classics 10:00 Walking Club 2:00 Let's Talk	15	8:30 Morning guitar 10:00 Stroll with Me 10:00 Fall Colours Bus Tour - Appointment Only 2:00 JAVA Music Club 6:00 Bean Bag Toss	16	8:30 Fall Leaves 10:00 What Am I ? 2:00 Sing & Rejoice 	17	
8:30 Heart and Joy 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 1:45 Flicks & Chill 	18	8:30 Oldies but Goodies 10:00 Table Ball 2:00 Boomwhackers Fun 2:00 Story of my Life 6:15 Pub Night 	19	8:30 Cafe Music 10:00 Exercise 1:00 Massage Therapy - Appointment only 2:00 Bingo	20	8:30 Morning Piano 10:00 Giving Garden - Autumn 2:00 Balloon Badminton
8:30 Classics 10:00 Stroll with Me 2:00 Pumpkin Carving 	22	8:30 Morning guitar 10:00 Catholic Mass 2:00 Leaves Coloring	23	8:30 Fall Leaves 10:00 Card Bingo 2:00 Ultimate Bingo	24	
8:30 Hymn Sing 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 2:00 Arm Chair Travel	25	Toronto Elections 8:30 Oldies but Goodies 10:00 Parachute Fun 2:00 Music on Request 6:15 Board Decor	26	8:30 Cafe Music 10:00 Chair Dance 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 	27	8:30 Music & Nature 10:00 Giving Garden - Autumn 2:00 Scented Oasis
8:30 Classics 10:00 Walking Club 2:00 Storytelling	29	8:30 Morning guitar 10:00 Friendly Walk 2:00 Bowling	30	Calendar Visits 8:30 Fall Leaves 10:00 Card Bingo 10:45 Dog Therapy 2:00 Halloween Magic Show 	31	