














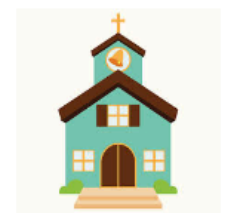








March 2026

Port Credit



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
10:00 Church Service (AR1F) 10:30 Hymn Sing (AR1F) <p style="text-align: right;">1</p>	10:00 Exercise (LDR3) 10:45 Helping Hands: Juice Making (SDR3) 2:00 Bingo Bonanza (LDR3) 2:00 Rendever (RTR) 6:00 karaoke Night (AR1F) <p style="text-align: right;">2</p>	10:15 Exercise (LDR3) 10:45 Helping Hands: Pastry Making (SDR3) 2:00 Tover (SDR3) 2:00 One to One Visit (RTR) 2:00 Reading (RTR) 3:00 Chair Zumba (MDR) 6:20 Dominoes (LDR3)  <p style="text-align: right;">3</p>	10:30 Exercise (LDR3) 2:00 Residents' Council Meeting (AR1F) 2:00 Baking Club (LDR3) 6:00 Movie Night: Crocodile Dundee 1 (Netflix) (AR1F) 6:30 Video calls/phone calls (RTR)  <p style="text-align: right;">4</p>	10:00 Hymn sing (SDR3) 10:00 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Beauty Club (LDR3) 2:15 Snoezelen Visits/ Cart (SDR3) 2:30 Chair Zumba (MDR) 6:30 Bingo (AR1F)  <p style="text-align: right;">5</p>	9:30 One to one visit (A) 10:00 Colouring Therapy (SDR3) 10:00 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Art Class (LDR3)  <p style="text-align: right;">6</p>	10:15 Exercise (LDR3) 2:30 Entertainment: Marcus Schwan (MDR)  <p style="text-align: right;">7</p>		
10:00 Church Service (AR1F) 10:30 Hymn Sing (AR1F) 11:00 Communion (RTR)  <p style="text-align: right;">8</p>	10:00 Exercise (LDR3) 10:45 Helping Hands: Juice Making (SDR3) 2:00 Word Games (LDR3) 2:15 Tover Tafel (SDR3) 6:00 karaoke Night (AR1F) <p style="text-align: right;">9</p>	10:15 Exercise (LDR3) 10:45 Helping Hands: Pastry Making (SDR3) 2:00 Board Game (LDR3) 2:00 Rendever (SDR) 3:00 Chair Zumba (MDR) 6:00 One to One Visit (RTR)  <p style="text-align: right;">10</p>	10:30 Exercise (LDR3) 2:00 Baking Club (LDR3) 6:00 Movie Night: Crocodile Dundee 2 (Netflix) (AR1F) 6:30 Video calls/phone calls (RTR)  <p style="text-align: right;">11</p>	10:00 Exercise (LDR3) 10:15 Bible Study (SDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Happiness programme (RTR) 6:30 Bingo (AR1F)  <p style="text-align: right;">12</p>	9:30 One to one visit (A) 10:00 Colouring Therapy (SDR3) 10:00 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) <p style="text-align: right;">13</p>	11:00 Friendly Visits (A) 2:30 Entertainment: SAMS River North Musical Duo (MDR) <p style="text-align: right;">14</p>		
10:00 Church Service (AR1F) 10:30 Hymn Sing (AR1F) 2:00 Crafts (LDR3) <p style="text-align: right;">15</p>	10:00 Exercise (LDR3) 10:45 Helping Hands: Juice Making (SDR3) 2:00 Entertainment: Arlene Paculan Duo (MDR) 2:15 Tover Tafel (SDR3) 6:00 karaoke Night (AR1F)  <p style="text-align: right;">16</p>	10:15 Exercise (LDR3) 10:15 Reading Group (SDR3) 10:45 Helping Hands: Pastry Making (SDR3) 2:00 Horse Riding (LDR3) 2:00 1:1 iPad (RTR) 6:20 Dominoes (LDR3)  <p style="text-align: right;">17</p>	10:30 Exercise (LDR3) 2:00 Baking Club (LDR3) 6:00 Movie Night: Irish Wish (Netflix) (AR1F) 6:30 Video calls/phone calls (RTR)  <p style="text-align: right;">18</p>	10:00 Arm Chair Travel (SDR3) 10:00 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Beauty Club (LDR3) 2:15 Snoezelen Visits/ Cart (SDR3) 6:30 Bingo (AR1F)  <p style="text-align: right;">19</p>	9:30 One to one visit (A) 10:00 Colouring Therapy (SDR3) 10:00 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Afternoon Party (LDR3)  <p style="text-align: right;">20</p>	10:15 Exercise (LDR3) 2:30 Entertainment: Vivian Clement (MDR)  <p style="text-align: right;">21</p>		
10:00 Church Service (AR1F) 10:30 Hymn Sing (AR1F) 11:00 Communion (RTR)  <p style="text-align: right;">22</p>	10:00 Exercise (LDR3) 10:45 Helping Hands: Juice Making (SDR3) 2:15 Tover Tafel (SDR3) 6:00 karaoke Night (AR1F)  <p style="text-align: right;">23</p>	10:15 Exercise (LDR3) 10:45 Helping Hands: Pastry Making (SDR3) 2:00 Balloon tennis (LDR3) 3:00 Chair Zumba (MDR)  <p style="text-align: right;">24</p>	10:30 Exercise (LDR3) 2:00 Baking Club (LDR3) 6:00 Movie Night: The Lucky of the Irish (Disney +) (AR1F) 6:30 Video calls/phone calls (RTR)  <p style="text-align: right;">25</p>	10:15 Bible Study (SDR3) 10:15 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Drum Circle (AR1F) 2:30 Chair Zumba (MDR) 6:30 Bingo (AR1F) <p style="text-align: right;">26</p>	9:30 One to one visit (A) 10:00 Colouring Therapy (SDR3) 10:00 Exercise (LDR3) 10:45 Helping Hands: Bread Making (SDR3) 2:00 Afternoon Party (LDR3) <p style="text-align: right;">27</p>	11:00 Friendly Visits (A) 2:30 Entertainment: Jack Garson (MDR) <p style="text-align: right;">28</p>		
10:00 Church Service (AR1F) 10:30 Hymn Sing (AR1F) <p style="text-align: right;">29</p>	10:00 Exercise (LDR3) 10:45 Helping Hands: Juice Making (SDR3) 2:00 Unit Bingo (LDR3) 2:15 Tover Tafel (SDR3) 6:00 karaoke Night (AR1F) <p style="text-align: right;">30</p>	10:15 Exercise (LDR3) 10:15 Reading Group (SDR3) 10:45 Helping Hands: Pastry Making (SDR3) 2:00 Balloon tennis (LDR3) 3:00 Chair Zumba (MDR) <p style="text-align: right;">31</p>					<h3>Locations Legend</h3> <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>Large Dining Room (3rd Floor) (LDR3)</p> <p>Small Dining room (3rd Floor) (SDR3)</p> </div> <div style="width: 30%;"> <p>Activity Room (1st Floor) (AR1F)</p> <p>Room to Room (RTR)</p> <p>Main Dining Room (MDR)</p> </div> <div style="width: 30%;"> <p>Any location (A)</p> <p>Small Dining Room (Third Floor) (SDR)</p> </div> </div>	