

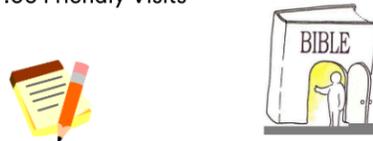
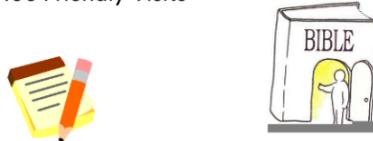
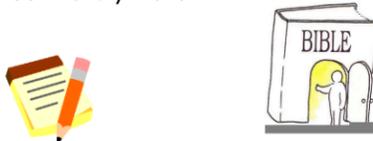


INTERNATIONAL
WOMEN'S
DAY

March 2026

Orchard Terrace Care Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Calendar Visits 10:30 wheelchair vanity - International wheelchair Day 1:30 Truth or Barney! 2:30 Bingo 3:30 Canvas time!</p> <p>1</p>  	<p>1:30 Smell Therapy 2:00 Communion visits! 2:30 Table Top Curling 3:30 Forever Fitness 6:00 WHEN I WAS YOUR AGE..CARDS 7:00 Friendly Visits</p> <p>2</p> 	<p>9:00 Hallway Hikers! 9:30 Sing-A-Longs 10:30 Price is Right! 1:30 The Great Canadian Treasure Hunt. 2:30 Pet Therapy 3:30 The Orchard Blend 6:15 Modern Family Night 7:15 Healing Hearts Rosary</p> <p>3</p> 	<p>9:30 The Healing Harvest 10:30 Boccia Ball 11:30 Friendly Visits 1:30 Bowling Brawl 2:30 Blanket brigade 3:30 Refreshing Fruit Infusions!</p> <p>4</p>  	<p>9:30 Balloon Badminton 10:30 Cards Cabana 1:30 Dart-y Bullseye! 2:30 Golden Verses 3:30 Forever Fitness 6:00 Boccia Ball 7:00 Rainbow Sorting</p> <p>5</p> 	<p>1:30 Table Top Curling 2:30 Music Therapy (GDR) 3:30 The Mindful Match 6:00 Movie Night! 7:15 Pretty nails!</p> <p>6</p> 	<p>1:30 "Box Top" Memories! 2:30 The Dacey Dice 3:30 Balloon Badminton 6:00 Modern Family Night 7:00 Hand massages!</p> <p>7</p> 
<p>1:30 Online Church Service 2:30 A Toast to the Ladies! 3:30 Forever Fitness 6:30 lemonade social 7:30 Bible Study</p> <p>8</p>  	<p>1:30 Smell Therapy 2:00 Communion visits! 2:30 Table Top Curling 3:30 Forever Fitness 6:00 WHEN I WAS YOUR AGE..CARDS 7:00 Friendly Visits</p> <p>9</p> 	<p>9:00 Hallway Hikers! 9:30 Sing-A-Longs 10:30 Price is Right! 1:30 Showtime with Sean! (Garden DR) 3:30 Pet Therapy 6:15 F.R.I.E.N.D.S Night 7:15 Bible Story Night</p> <p>10</p>  	<p>9:30 The Healing Harvest 10:30 Boccia Ball 11:30 Friendly Visits 1:30 Blanket brigade 2:30 The Kitchen Helpers 3:30 Refreshing Fruit Infusions!</p> <p>11</p>  	<p>9:30 Cocoa & Conversation: Warm & company 10:15 Cards Cabana 1:30 Jigsaw joyride! 2:30 Guess the voice! 3:30 Forever Fitness 6:00 Boccia Ball 7:00 Rainbow Sorting</p> <p>12</p>  	<p>1:30 The Dacey Dice 2:30 Music Therapy (GDR) 3:30 noodle hockey! 6:00 Movie Night! 7:15 Pretty nails!</p> <p>13</p> 	<p>9:30 News & views 10:30 Morning Hymn Sing 1:30 Dart-y Bullseye! 2:30 Word game time! 3:30 Balloon Badminton</p> <p>14</p> 
<p>9:30 Online Church Services 10:30 Sing A Longs 11:30 Friendly Visits (RR) 1:30 Jenga Joy 2:30 Bingo 3:30 lemonade social</p> <p>15</p>  	<p>1:30 Smell Therapy 2:00 Communion visits! 2:30 Table Top Curling 3:30 Forever Fitness 6:00 WHEN I WAS YOUR AGE..CARDS 7:00 Friendly Visits</p> <p>16</p> 	<p>9:00 Hallway Hikers! 9:30 Sing-A-Longs 10:30 Price is Right! 1:30 The Great Canadian Treasure Hunt. 2:30 Pet Therapy 3:30 shamrock shakes! 6:15 Modern Family Night 7:15 Healing Hearts Rosary</p> <p>17</p> 	<p>9:30 The Healing Harvest 10:30 Boccia Ball 11:30 THE SLICE & WINGS SOCIAL: ORDER IN 1:30 Blanket brigade 2:30 The Kitchen Helpers 3:30 Refreshing Fruit Infusions!</p> <p>18</p>   	<p>9:30 Balloon Badminton 10:15 Cards Cabana 1:30 Spaghetti social 6:00 Boccia Ball 7:00 Rainbow Sorting</p> <p>19</p>  	<p>1:30 Table Top Curling 2:30 Music Therapy (GDR) 3:30 The Mindful Match! 6:00 Movie Night! 7:15 Pretty nails!</p> <p>20</p> 	<p>1:30 Factified Afternoon 2:00 Happy Hour! St Paddy's Edition 2:45 Sing A Longs- Irish Songs 6:00 Modern Family Night 7:00 Hand massages!</p> <p>21</p> 
<p>1:30 Online Church Service 2:30 Bingo 3:30 Forever Fitness 6:30 lemonade social 7:30 Bible Study</p> <p>22</p>  	<p>1:30 The Grand-Buddy Program 2:00 Communion visits! 3:00 Table Top Curling 3:30 Forever Fitness 6:00 WHEN I WAS YOUR AGE..CARDS 7:00 Friendly Visits</p> <p>23</p>  	<p>9:00 Hallway Hikers! 9:30 Sing-A-Longs 10:30 Price is Right! 1:30 The Great Canadian Treasure Hunt. 2:30 Pet Therapy 3:30 The Orchard Blend 6:15 F.R.I.E.N.D.S Night 7:15 Bible Story Night</p> <p>24</p> 	<p>9:30 The Healing Harvest 10:30 Boccia Ball 11:30 Friendly Visits 1:30 Blanket brigade 2:30 The Kitchen Helpers 3:30 Refreshing Fruit Infusions!</p> <p>25</p>  	<p>9:30 Cocoa & Conversation: Warm drinks & Company 10:30 Raise you voice: Resident council time! 1:30 Cairn School Buddy's 3:30 Forever Fitness 6:00 Paint the Terrace Purple: Epilepsy day 7:00 Rainbow Sorting</p> <p>26</p>  	<p>9:30 Fact-ified Morning 10:30 Roman-catholic mass 1:30 Pretty nails/Hand massages! 2:30 Music Therapy (GDR) 3:30 Atlas time!</p> <p>27</p> 	<p>9:30 News & views 10:30 Morning Hymn Sing 1:30 Dart-y Bullseye! 2:30 balloon volleyball time! 3:30 Hand massages</p> <p>28</p> 
<p>9:30 Online Church Services 10:30 Sing A Longs 11:30 Friendly Visits (RR) 1:30 Jenga Joy 2:30 Bingo 3:30 lemonade social</p> <p>29</p>  	<p>1:30 The Grand-Buddy Program 2:00 Communion visits! 3:00 Table Top Curling 3:30 Forever Fitness 6:00 The Orchard Terrace Oscars 7:00 Friendly Visits</p> <p>30</p>  	<p>9:00 Hallway Hikers! 9:30 Sing-A-Longs 10:30 Price is Right! 1:30 The Great Canadian Treasure Hunt. 2:30 Pet Therapy 3:30 The Orchard Blend 6:15 Modern Family Night 7:15 Healing Hearts Rosary</p> <p>31</p> 	<p><i>If you Believe IN YOURSELF Anything IS POSSIBLE</i></p> 		<p>"Marching into Spring at Orchard Terrace!"</p> 	<p>**OUTDOOR PROGRAMS ARE WEATHER DEPENDANT AND SUBJECT TO CHANGE .</p> 