

# 3rd Floor Webster's Fall

# February 2026 Dundurn Place Care Centre



## Sunday

*Black History Month* **1**  
 9:00 Calendar Distribution (3rd)  
 9:45 Hymn Sing (1st)  
 10:45 Catholic Mass (LOUN)  
 11:30 Meal Prep (LOUN)  
 1:30 Zumba with Rainier (MAIN)  
 3:00 Calendar Posting (ALL)



## Monday

9:30 Restore & Move! (1st) **2**  
 2:00 DeMazenod Farm (2nd)  
 2:15 DeMazenod Farm (3rd)  
 3:00 Decorating Valentines Day (ALL)  
 6:00 Decorating Valentines Day (ALL)

## Tuesday

9:30 Restore & Move! (1st) **3**  
 10:00 Bible Study with Hobbe (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Bingo (MAIN)



## Wednesday

*World Cancer Day-Wear Purple* **4**  
 9:30 Restore & Move! (1st)  
 9:45 Fun & Fitness Centrecise (LOUN)  
 10:30 Pet Therapy w Brisket (3rd)  
 11:30 Meal Prep (LOUN)  
 1:45 Crock-a-Doodle (LOUN)  
 4:00 Cheery Chats (LOUN)  
 6:15 Big Screen Movie Night (LOUN)

## Thursday

8:00 Birthday Breakfast (BAR) **5**  
 9:30 Restore & Move! (1st)  
 10:15 Fun & Fitness Centrecise (LOUN)  
 11:30 Meal Prep (LOUN)  
 12:00 Guitar w Aidan (ALL)  
 1:00 Pet Therapy with Teddy (3rd)  
 2:00 Sewing Club (3rd)  
 3:00 Jewelry Making (3rd)  
 6:30 Bingo (1st)

## Friday

9:30 Restore & Move! (1st) **6**  
 9:45 Beach Volleyball (LOUN)  
 10:30 Webster's Book Club (LOUN)  
 11:30 Meal Prep (LOUN)  
 1:00 Calm & Connect (3rd)  
 2:00 Guided Hands (BAR)  
 3:30 Valentines Day Craft: Card Making (3rd)

## Saturday

10:00 Exercise/Centrecise (LOUN) **7**  
 10:30 V-Day Trivia (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Bingo (1st)  
 6:15 Axe Throwing (LOUN)



9:45 Exercise/Centrecise (3rd) **8**  
 10:30 Spiritual Service (LOUN)  
 11:30 Meal Prep (LOUN)  
 1:30 Beauty Club (3rd)  
 2:30 Cleaning Crew (3rd)  
 3:30 Trivia (LOUN)



9:30 Restore & Move! (1st) **9**  
 10:00 Fun & Fitness Centrecise (LOUN)  
 10:30 Shuffleboard (LOUN)  
 11:30 Meal Prep (LOUN)  
 12:30 Outing Walmart (out)  
 2:30 Karaoke (LOUN)  
 6:30 Wall Display (LOUN)



9:30 Restore & Move! (1st) **10**  
 10:00 Bible Study with Hobbe (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Bingo  
 4:00 V-Day Display (3rd)



*Black History Month wear Red, Green, Yellow* **11**  
 9:30 Restore & Move! (1st)  
 9:45 Fun & Fitness Centrecise (LOUN)  
 10:30 Pet Therapy w Brisket (3rd)  
 11:30 Meal Prep (LOUN)  
 2:00 Entertainment w Elvis (MAIN)  
 5:00 Take Out Night (LOUN)



9:30 Restore & Move! (1st) **12**  
 9:45 Fun & Fitness Centrecise (LOUN)  
 10:30 Pet Therapy (3rd)  
 11:30 Meal Prep (LOUN)  
 1:00 Resident Program Planning (LOUN)  
 2:30 Baking Muffins for V-Day (BAR)  
 6:30 Bingo (1st)

9:30 Restore & Move! (1st) **13**  
 9:45 Fun & Fitness Centrecise (LOUN)  
 10:30 Colouring (3rd)  
 11:30 Meal Prep (LOUN)  
 1:30 Axe Throwing (3rd)



8:00 Valentine's Day-Wear red & pink **14**  
 10:00 Bingo (1st)  
 10:30 Badminton (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Valentines Day Entertainment (MAIN)  
 6:00 Board Games (LOUN)



10:00 Church Service - Immanuel Christian Reformed (1st) **15**  
 11:30 Meal Prep (LOUN)  
 2:00 Crafts w Bardha (3rd)  
 3:00 New Chapters (3rd)  
 4:15 Cozy Conversations (LOUN)  
 6:15 Karaoke (3rd)



*Family Day* **16**  
 9:30 Restore & Move! (1st)  
 10:00 Fun & Fitness Centrecise (LOUN)  
 10:30 Shuffleboard (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Family Day Word Games (LOUN)  
 3:30 Cheery Chat Family Day Special (3rd)  
 6:30 Blackjack (LOUN)

9:30 Restore & Move! (1st) **17**  
 10:00 Bible Study with Hobbe (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Bingo



*Mardi Gras Theme Day* **18**  
 9:30 Restore & Move! (1st)  
 9:45 Fun & Fitness Centrecise (LOUN)  
 10:30 Sound Bowls with Masha (LOUN)  
 11:30 Meal Prep (LOUN)  
 1:30 Waffle Afternoon w Hot Chocolate (LOUN)  
 3:30 Calm & Connect (217)  
 6:30 Mardi Gras Entertainment (MAIN)



9:30 Restore & Move! (1st) **19**  
 9:45 Fun & Fitness Centrecise (LOUN)  
 11:30 Meal Prep (LOUN)  
 1:00 Pet Therapy with Teddy (3rd)  
 2:00 Auction (MAIN)  
 4:00 RT- Favorite Program Posters (LOUN)  
 6:30 Bingo (1st)

9:30 Restore & Move! (1st) **20**  
 9:45 Exercise/Centrecise (LOUN)  
 10:30 Word Games (3rd)  
 11:30 Meal Prep (LOUN)  
 2:00 Celebration of Life (MAIN)  
 4:00 Social Visits (3rd)



8:00 Valentines Day Decor Removal (ALL) **21**  
 10:00 Exercise/Centrecise (LOUN)  
 10:30 Smoothie Making (LOUN)  
 11:30 Meal Prep (LOUN)  
 2:00 Bingo (1st)



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## Sunday

10:00 Exercise/Centri22 (LOUN)  
10:30 Spiritual Service (LOUN)  
11:30 Meal Prep (LOUN)  
1:30 Beauty Club (3rd)  
2:30 Colouring Club (LOUN)

## Monday

9:30 Restore & Move! 23 (1st)  
10:00 Fun & Fitness Centrecise (LOUN)  
10:30 Shuffleboard (LOUN)  
11:30 Meal Prep (LOUN)  
12:30 Outing Walmart (out)  
2:00 Karaoke + Hot Chocolate (LOUN)  
3:00 Drum Circle (3rd)  
6:30 Pearl Society (1st)



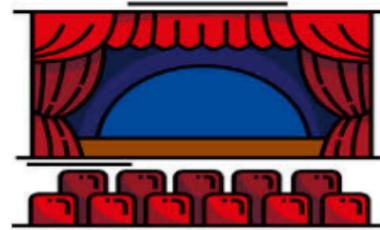
## Tuesday

9:30 Restore & Move! 24 (1st)  
10:00 Bible Study with Hobbe (LOUN)  
11:30 Meal Prep (LOUN)  
2:00 Bingo  
4:00 Pink Shirt Day



## Wednesday

*Pink Shirt Day* 25  
9:30 Restore & Move! (1st)  
9:45 Fun & Fitness Centrecise (LOUN)  
10:30 Pet Therapy w Brisket (3rd)  
11:30 Meal Prep (LOUN)  
2:00 Birthday Party with Paula (MAIN)  
4:00 Calm & Connect (3rd)  
6:30 Price is Right (MAIN)



## Thursday

9:30 Restore & Move! 26 (1st)  
9:45 Fun & Fitness Centrecise (LOUN)  
11:30 Meal Prep (LOUN)  
1:30 Pet Therapy with Teddy (3rd)  
1:30 Boomers Club (MAIN)  
4:00 Hang-Man (LOUN)  
6:30 Bingo (1st)



## Friday

9:30 Restore & Move! 27 (1st)  
9:30 Fun & Fitness Centrecise (LOUN)  
10:00 Horticultural Therapy (MAIN)  
11:30 Meal Prep (LOUN)  
2:00 Black History Month Awareness (4th )



## Saturday

9:45 Chair Dancing 28 (LOUN)  
10:30 Beauty Club/ Music (LOUN)  
11:30 Meal Prep (LOUN)  
2:00 Bingo (1st)  
3:30 Axe Throwing (LOUN)  
4:30 Meal Prep (LOUN)  
6:00 Paint Night (LOUN)



### Program Facilitators

Satnam  
Bardha

### Programs take place in the following areas:

**LOUNG** - Lounge  
**Main** - Main Dining Room (1st)  
**BAR** - Basement Activity Room  
**GARD** - Garden Room (309)

Programs & times are subject to change based on interests.

