

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 				10:00 Comedy Corner- Netflix 2:00 Karaoke 6:00 Colour Relaxation	2 10:00 Bingo 2:00 Beauty Club 4:00 Islamic Service 	3 10:30 Zumba with Allison 2:00 Trip to Dieppe Park Riverside 6:00 Movies & Popcorn Simchat Torah Begins
4 9:00 Catholic Mass TV Live 10:30 Service Communion 2:00 Physical Games 6:00 Board Games	5 10:00 Trivia & Coffee 2:00 Crafty Creation	6 10:00 Bingo 2:00 Walking Club 6:00 Karaoke 	7 10:00 Virtual Field Trip 2:00 Happy Hour with Beverly B. 6:00 Restorative Group Exercise	8 9:30 Throwback Thursday-Classic Movie 2:00 Karaoke Day 6:15 Seated Latin Dance w/ Amir	9 10:00 Bingo 2:00 Beauty Club 	10 10:00 Heritage Park Alliance (Protestant) 2:00 Aromatherapy 6:00 Movies & Popcorn
11 9:00 Catholic Mass TV Live 10:30 Service Communion 2:00 Guided Meditation 6:00 Board Games	12 10:00 Thanksgiving Grand Bingo 2:00 Crafty Creation Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:30 Resident Council and Food Committee Meeting 2:00 Montessori Games 6:00 Karaoke	14 10:00 Men's Club Card Games 2:00 Happy Hour with Justin L. 6:00 Restorative Group Exercise	15 10:00 Comedy Corner- Netflix 2:00 Karaoke 6:00 Colour Relaxation	16 10:00 Bingo 2:00 Beauty Club 	17 10:00 Throne of Grace (Pentecostal) 2:00 Aromatherapy 6:00 Movies & Popcorn
18 9:00 Catholic Mass TV Live 10:30 Service Communion 2:00 Physical Games 6:00 Board Games	19 10:00 Trivia & Coffee 2:00 Crafty Creation	20 10:00 Bingo 2:00 Discussion Group with Coffee & Cookies 6:00 Karaoke	21 10:00 Virtual Field Trip 3:00 Happy Hour with Ted B. 6:00 Restorative Group Exercise	22 9:30 Throwback Thursday – Classical Concert 2:00 Karaoke Day 6:15 Seated Latin Dance w/ Amir	23 10:00 Bingo 2:00 Catholic Service 4:00 Islamic Service	24 10:30 Zumba with Allison 2:00 Aromatherapy 6:00 Movies & Popcorn
25 9:30 Parkwood Church Service 2:00 Guided Meditation 6:00 Board Games	26 8:00 Municipal Election Harvest Room 2:00 Municipal Election Harvest Room	27 10:00 Bingo 2:00 Discussion Group with Coffee & Cookies 6:00 Karaoke	28 10:00 Men's Club Trivia 2:00 Happy Hour with Richard S. 6:00 Restorative Group Exercise	29 10:00 Comedy Corner- Netflix 2:00 Karaoke 6:00 Colour Relaxation	30 10:00 Bingo 2:00 Beauty Club 	31 10:00 Gentle Exercise 2:00 Halloween Birthday Party 6:00 Movies & Popcorn Halloween