










March 2026

Unit 4 - Maple Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Virtual Spiritual Service 1 10:45 Hymn sing 2:00 Storytelling with Adele	10:00 Exercise 2 2:00 JAVA Music 6:15 Movie Night	8:30 Happy Vibes 3 10:00 Active Games 1:00 Massage Therapy - Appointment only 2:00 Card games	10:00 Giving Garden - Winter 4 2:00 Residents' Council 2:15 Happiness programme 	8:30 Happy Vibes 5 9:00 Music Therapy 2:00 Busy Hands 6:00 Sensory Stimulation	8:15 Happy vibes 6 10:00 Sai Dham Wellness 2:00 Table Games 	10:00 Bingo 7 10:45 Sing-Alongs 2:00 Laugh Corner
10:00 Virtual Spiritual Service 8 10:45 Hymn sing 2:00 Women's Club 	10:00 Expressive Group 9 2:00 Mix & Match 6:15 Pub Night 	10:00 Exercise 10 10:30 Name That Tune 1:00 Massage Therapy - Appointment only 2:00 Giving Garden - Winter	8:30 Happy Vibes 11 10:00 Music & Movement 2:00 Board Games 6:15 Colouring Time	10:00 Mind Aerobic 12 2:00 Crafty Fingers 6:00 Spa time 	8:15 Happy vibes 13 10:30 Music Appreciation 2:00 Salvation Army	10:00 Bingo 14 10:45 Sing-Alongs 2:00 Healing Prayer Group
10:00 Virtual Spiritual Service 15 10:45 Hymn sing 2:00 Let's Sort	10:00 Exercise 16 10:30 Calendar planning 2:00 Sit & Dance 6:00 Green Shades of Shamrock	8:30 Happy Vibes 17 10:00 All Green Trivia 2:00 St. Patrick's Day Celebration 	8:30 Happy Vibes 18 10:00 Giving Garden - Winter 2:00 Board Games	10:00 Active games 19 2:00 Happiness Programme 6:00 Arm Chair Travel to Ireland	8:15 Happy vibes 20 10:00 Eatonville Cafe 2:00 Men's Club	8:30 Happy Vibes 21 10:00 Bingo 2:00 Bloor Notes Choir Group 
10:00 Virtual Spiritual Service 22 10:45 Hymn sing 2:00 Paint with Erin 	8:30 Happy Vibes 23 10:00 Balloon Badminton 2:00 Match Game	10:00 Table Ball 24 1:00 Massage Therapy - Appointment only 2:00 Curious Minds, Creative Hands	10:00 Giving Garden - Winter 25 2:00 Busy Hands 6:15 Scented oasis 	10:00 Music & Movement 26 2:00 Spring flowers drawing 6:15 What's in the bag	8:15 Happy vibes 27 10:00 Catholic Mass 2:00 Welcome Spring Tea Club 	10:00 Bingo 28 10:45 Sing-Alongs 2:00 Ultimate Bingo
10:00 Virtual Spiritual Service 29 10:45 Hymn sing 2:00 Coca-Cola Day 	10:30 Word Games 30 2:00 Edible Creations 6:15 Movie Night	Calendar Visits 31 10:00 Music Magic 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 				