

January 2026

Dundurn Place Care Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p><i>New Years Day- Dress Fancy</i></p> <p>8:00 Calendar Posting (AF) 9:00 Calendar Posting (AF) 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st)</p>	<p>8:30 Friendly Visits (RR) 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st)</p> 	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Exercise/Centrecise (LOUN) 11:00 Nail rejuvenation (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st)</p>
<p>8:30 Friendly Visits (RR) 10:00 Hymn Sing (AL) 10:30 Exercise/Centrecise (LOUN) 11:30 Place Setting (4th) 1:30 Travelogue (AL)</p> 	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Card Games (LOUN) 3:00 Paint Afternoon (4th) 6:30 Casino Night (1st)</p> 	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Card Games (LOUN) 3:00 Paint Afternoon (4th) 6:30 Casino Night (1st)</p>	<p><i>Orthodox Christmas - Wear Red & Green</i></p> <p>8:30 Friendly Visits (RR) 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st) 3:30 Pet Therapy w Teddy (4th) 6:00 Friendly Visits (RR) 6:30 Craft Night (AL)</p>	<p>8:00 Birthday Breakfast (BAR) 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Pet Therapy w Brisket (AL) 3:00 Family Feud (AL) 6:30 Bingo (1st)</p>	<p>8:30 Christmas decor take down. (AF) 1:30 Take Down Xmas Decor (AF)</p> 	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Welcome Social (1st) 11:30 Place Setting (4th) 2:00 Bingo (1st) 3:45 Beauty Club (4th)</p> 
<p>8:00 Christmas Decor Take Down (AF) 11:00 Christmas Decor Take Down (AF) 1:30 Christmas Decor Take Down (AF) 2:30 Christmas Take Down (AF)</p>	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Bean Bag Toss (LOUN)</p>	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Bible Study with Hobbe (1st) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st) 3:45 Smoothie Making (AL) 6:00 Friendly Visits (RR) 6:30 Paint Night (AL)</p>	<p><i>Jersey Day</i></p> <p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 11:30 Place Setting (4th) 1:45 Crock-a-Doodle (BAR) 4:00 Social Walks (4th) 6:30 Pub Night w Jeff (1st)</p> 	<p>8:30 Friendly Visits (RR) 10:00 Puppy Yoga (1st) 10:00 Restorative Walking (Hall) 11:30 Place Setting (4th) 1:30 Pet Therapy w Teddy (AL) 3:00 Ping Pong Game (AL) 4:00 Plant Care (4th) 6:30 Bingo (1st)</p>	<p>8:30 Friendly Visits (RR) 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Active games (AL) 3:00 Pet Therapy with Brisket (AL) 6:15 Movie Night (LOUN)</p>	<p>8:30 Friendly Visits (RR) 10:00 Restorative Walking (Hall) 10:30 Exercise/Centrecise (LOUN) 11:00 Nail rejuvenation (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Friendly Visits (RR) 18 10:00 Church Service - Immanuel Christian Reformed (1st) 11:00 Exercise/Centrecise (LOUN) 11:30 Place Setting (4th) 2:00 Wine&Cheese Party (1st) 	8:30 Friendly Visits (RR) 19 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Card Games (LOUN) 6:30 Axe Throwing (AL)	8:30 Friendly Visits (RR) 20 10:00 Restorative Walking (Hall) 10:00 Bible Study with Hobbe (1st) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st) 4:00 Badminton (AL) 6:00 Friendly Visits (RR) 6:30 Whats in the Box? (AL)	<i>Denim Day</i> 21 8:30 Friendly Visits (RR) 10:00 Restorative Walking (Hall) 10:30 Sound Bowls with Masha (LOUN) 11:30 Place Setting (4th) 1:30 Pet Therapy w Teddy (AL) 4:30 Take-Out Night (AL) 6:30 Karaoke (AL)	8:30 Friendly Visits (RR) 22 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Program Planning (AL) 3:30 Social walks (AL) 6:30 Bingo (1st)	8:30 Friendly Visits (RR) 23 10:00 Horticultural Therapy (1st) 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Axe Throwing (AL)	8:30 Friendly Visits (RR) 24 10:00 Sit to Stand (Hall) 10:30 Exercise/Centrecise (LOUN) 11:00 Plant Care (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st) 3:30 Calendar Prep (4th) 
9:30 Sit to Stand (Hall) 25 10:00 Baking (BAR) 11:30 Place Setting (4th) 1:30 Zumba with Rainier (1st) 3:00 Hymn Sing (AL)	8:00 Calendar Prep 26 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Dart Ball (AL) 3:00 Word Games (AL) 6:30 Ladies Night (1st) 	8:30 Friendly Visits (RR) 27 10:00 Restorative Walking (Hall) 10:00 Bible Study with Hobbe (1st) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st) 3:30 Calendar Prep 6:00 Friendly Visits (RR) 6:30 Jeopardy (AL)	<i>Plaid Day</i> 28 8:30 Friendly Visits (RR) 10:00 Restorative Walking (Hall) 11:30 Place Setting (4th) 1:30 Men's Club (1st) 2:00 Birthday Party w Paula (1st) 4:00 Plant Care (AL) 6:30 Game Tournament (1st) 	8:30 Friendly Visits (RR) 29 10:00 Restorative Walking (Hall) 11:30 Place Setting (4th) 1:30 Hangman (AL) 2:00 Pet Therapy w Teddy (AL) 4:00 Current Events (AL) 6:30 Bingo (1st)	8:30 Friendly Visits (RR) 30 10:00 Sit to Stand (Hall) 10:30 Trivia (LOUN) 11:30 Place Setting (4th) 1:30 Hangman (AL) 3:00 Pet Therapy with Brisket (AL) 6:00 Friendly Visits (RR) 6:15 Movie Night (LOUN)	8:30 Friendly Visits (RR) 31 10:00 Restorative Walking (Hall) 10:30 Exercise/Centrecise (LOUN) 11:00 Nail rejuvenation (LOUN) 11:30 Place Setting (4th) 2:00 Bingo (1st)

**Calendar Legend**

RR - Resident Room

AL - At Lounge

LOUN - Lounge

COUR - Courtyard

MDR - Main Dining Room

DR - Dining Room

ARDR - Activity Room / Dining Room

out - Outside the building

4th - 4th floor

Hall - In the Hallway

BAR - Basement Activity Room

AF - All Floors

Programs are subject to change