



July 2026

Dundurn Place Care Centre



DUNDURN
PLACE
CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Canada Day Theme 1 8:30 Calendar Posting 9:30 Restore & Move! (1st) 10:00 Resident Program Planning (LOUN) 10:30 Canadian Fun Facts/History (LOUN) 2:00 Canada Day Singalong and Trivia (MAIN) 6:30 Entertainment with Lorelee McGuirl (MAIN)	2 8:00 Birthday Breakfast (BAR) 9:30 Restore & Move! (1st) 10:00 Pet Therapy with Teddy (LOUN) 10:30 BBQ Lunch (COUR) 12:00 Guitar w Aidan 2:00 Crock-a-Doodle (LOUN) 4:15 Ping-Pong Toss (LOUN) 5:30 Watering the plants (Room) 6:30 Bingo (1st)	3 9:00 Watering Plants (COUR) 9:30 Restore & Move! (1st) 10:00 Exercise Class (LOUN) 10:30 Crafts with Jasmine (LOUN) 2:00 Laughter Yoga with Katheryn (LOUN) 3:00 Travelogue (LOUN)	4 8:15 Watering Plants (COUR) 9:30 Fun & Fitness Centrecise (LOUN) 10:00 shopping and strolls with Mr. F.F (OUT) 2:00 Bingo (1st)
5 8:15 Watering Plants (COUR) 9:45 Hymn Sing (LOUN) 10:30 Catholic Mass (1st) 2:00 Zumba with Rainier (MAIN) 3:00 Courtyard Social (COUR)	6 9:00 Watering Plants (COUR) 9:30 Restore & Move! (1st) 10:00 Exercise/Centrecise (LOUN) 10:30 Welcome Card Group w Hope (DR) 11:30 Walmart Outing (out) 2:00 DeMazenod Farm Visits (MAIN) 6:15 Car Building w Cory (LOUN) 7:30 Friendly Visits (Room)	7 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:15 Outdoor Social and Gardening (COUR) 2:00 Bingo (1st)	8 Fifa Theme 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Resident Council (1st) 1:30 Leisure outing- Mrs. E.H (OUT) 6:30 Bingo (1st)	9 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Pet Therapy with Teddy (LOUN) 1:30 Leisure outing with Mr. D.D (OUT) 4:15 Compassionate Touch (LOUN) 5:30 Watering the plants (Room) 6:30 Pub Night with Tristan (Sarah's 50th) (MAIN)	10 8:15 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Vacuum Rally (LOUN) 10:30 Drum Circle (LOUN) 1:30 Leisure Outings (Jackson Square) with Mrs.S.G. (OUT) 2:15 Jewelry Pop-Up Store (MAIN)	11 8:15 Watering Plants (COUR) 10:00 Chair Yoga (LOUN) 10:00 Courtyard Social (COUR) 10:45 Colouring Group (LOUN) 2:00 Bingo (1st)
12 8:15 Watering Plants (COUR) 10:00 Hymn Sing (LOUN) 1:15 Beauty Club (LOUN) 2:00 Zumba with Rainier (MAIN)	13 8:00 Friendly Visits (Room) 9:15 Pet Therapy w Brisket (1st) 9:30 Restore & Move! (1st) 10:00 Library outing - Mrs. Y.M (1st) 6:30 Pearl Society (1st)	14 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Bible Study with Hobbe (LOUN) 2:00 Bingo (1st)	15 70s Theme 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Leisure outing Mrs. R.S (1st) 10:15 Sound Bowls with Masha (3rd) 2:00 ABBA 70's Theme (MAIN) 6:30 Karaoke in the Courtyard (COUR)	16 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Pet Therapy with Teddy (LOUN) 2:00 Happy Hour (Room) 4:15 Jeopardy (1st) 5:30 Watering the plants (Room) 6:30 Bingo (1st)	17 8:15 Breadmaking (DR) 9:00 Watering Plants (COUR) 9:30 Restore & Move! (1st) 10:00 Daycare Children (DR) 11:15 Meal Prep- Bread Tasting (1st) 2:00 Survivor Games (MAIN)	18 8:15 Watering Plants (COUR) 9:30 Fun & Fitness Centrecise (LOUN) 10:00 shopping and strolls with Mrs C.K (OUT) 2:00 Bingo (1st) 3:30 Friendly Visits (Room)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Church Service 19 -Immanuel Christian Reformed (1st) 11:00 Catholic Mass (1st) 1:30 Karaoke (MAIN) 3:00 World Cup Final (MAIN) 	9:00 Watering 20 Plants (COUR) 9:30 Restore & Move! (1st) 10:00 Exercise/Centrecise (LOUN) 11:30 Outing Hutches (out) 6:30 Date Night w Violinist (COUR)	8:15 Watering Plants 21 (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Balloon Beats and Moves (LOUN) 10:30 Spiritual Elderly Care (1st) 2:00 Bingo (1st)	<i>Denim Day</i> 22 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Leisure outing with Mrs. S.D (OUT) 10:30 Sing A Longs (LOUN) 2:00 Axe Throwing (LOUN) 2:45 Busy Hands (LOUN) 5:00 Take-Out Night (LOUN)	8:15 Watering Plants 23 (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Pet Therapy with Teddy (LOUN) 2:30 Maria's 80s Party with Paula French (MAIN) 6:30 Bingo (1st)	9:15 Friendly Visits 24 (1st) 9:30 Restore & Move! (1st) 10:00 Horticultural Therapy (1st) 11:00 Fruit/Veggies/Smo Prep (LOUN) 1:30 Leisure outing- Mr.D.D (1st)	8:15 Watering 25 Plants (COUR) 10:00 Fun & Fitness Centrecise (LOUN) 10:30 Crafts with Jasmine (LOUN) 2:00 Bingo (1st) 3:00 Friendly Visits (Room)
8:15 Watering 26 Plants (COUR) 10:00 Hymn Sing (LOUN) 11:00 Beauty Club (LOUN) 2:00 Entertainment w Jeff Mitchel (MAIN) 3:30 Friendly Visits (Room)	9:15 Pet Therapy w Brisket (1st) 27 9:30 Restore & Move! (1st) 10:00 Fun & Fitness Centrecise (LOUN) 10:30 Choir Practice (LOUN) 11:30 Outing Bayfront Park (out) 1:30 Leisure outing with Mr.M.T (1st) 6:00 Badminton (LOUN)	8:15 Watering 28 Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Bible Study with Isabel (LOUN) 2:00 Bingo (1st)	<i>Flower Theme</i> 29 8:15 Watering Plants (COUR) 9:00 Friendly Visits (1st) 9:30 Restore & Move! (1st) 10:00 Fun & Fitness (LOUN) 10:30 Pet Therapy (LOUN) 2:00 Birthday Party w Paula (MAIN) 6:45 Fashion Show (MAIN) 	8:15 Watering Plants 30 (COUR) 9:30 Restore & Move! (1st) 10:00 Pet Therapy with Teddy (LOUN) 10:30 BBQ Lunch (COUR) 2:00 Boomers Club (MAIN) 4:15 Outdoor Walks (LOUN) 5:30 Watering the plants (Room) 6:30 Bingo (1st)	8:15 Breadmaking 31 (DR) 9:00 Colouring Group (1st) 9:30 Restore & Move! (1st) 10:00 Exercise Class (LOUN) 10:45 Spelling Bee (LOUN) 2:00 Caribana Party (MAIN)	"Programs and times are subject to change".
						Recreation Therapists Elmer -Full time Ana -Part Time Jasmine -Part Time