




























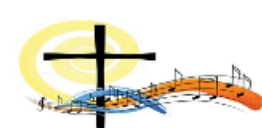





June 2026

BIRCH/ CHESTNUT/ CEDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Fitness Class 1 11:15 Arts and Craft 2:30 Bingo Afternoon - 3rd Floor 3:30 Friendly Visits 6:30 Tabletop Games 	9:00 Music Therapy w/ Jack 2 9:30 Bread Making 10:30 Church of God 11:30 Helping Hands 12:00 BBQ 2:30 Hands on Exotics 3:30 Friendly Visits 6:30 Spring coloring 	10:30 Melodies and Beyond: Back to the 80's 3 11:30 Helping Hands 2:00 Resident Council 2:30 Karaoke 3:30 Friendly Visits 6:30 Kickoff to the World Cup Event 	10:30 Flower Arrangement 4 11:30 Helping Hands 2:30 Travelling Treat Cart: National Doughnut Day 3:30 Friendly Visits 6:15 Movie Matinee 	10:30 Seated Exercise 5 11:30 Helping Hands 2:30 Glam Photo-Shoot 3:30 Friendly visits 6:30 Tuck Shop 	10:00 Balloon Toss 6 11:30 Helping Hands 2:30 Church of God 3:30 Friendly Visits 6:30 Aim & Toss 
10:00 Stepping Out 7 11:30 Helping Hands 2:30 Creative Colors club 3:30 Friendly Visits 6:30 Blooming Together 	10:00 Seated Exercise 8 11:30 Helping Hands 1:00 Massage Therapy - 2nd Floor 2:30 Bingo Afternoon - 1st Floor 3:30 Friendly Visits 6:30 Name that Tune 	9:00 Music Therapy w/ Jack 9 9:30 Bread Making 10:30 Jewelry Making 11:30 Helping Hands 12:00 BBQ 2:30 Karaoke 3:30 Friendly visits 6:30 Bowling 	10:00 Outing: Allen Garden 10 11:30 Helping Hands 2:30 Drum Circle 3:30 Friendly visits 6:30 Bingo 	10:00 Bowling 11 11:15 Food Preparation 11:30 Helping Hands 2:30 Young at Heart Painting 3:30 Friendly visits 6:15 Movie Matinee 	10:00 Chair Zumba W/ Ariam 12 11:15 Food Preparation 11:15 Culinary Club 1:45 Jewellery making 4:00 Friendly visits 6:30 Tuck Shop 	10:00 What's In The Box 13 11:15 Meaningful Moments 11:15 Culinary Club 2:30 Downsview Church 4:00 Friendly visits 
10:00 Music and Groove 14 11:15 Conversation Corner 11:15 Culinary Club 2:30 Evangel Temple 4:00 Friendly Visit  	10:00 Tie Dye 15 11:15 Culinary Club 2:30 Bingo Afternoon - 2nd Floor 4:00 Friendly Visit 6:30 Trivia Challenge 	9:00 Music Therapy w/ Jack 16 10:30 Church of God 11:15 Culinary Club 12:00 BBQ 1:30 Elder Abuse Awareness Seminar 1:45 Hands Spa 2:45 Heartfelt Chats 4:00 Friendly Visit 6:30 Trivia & Laughter 	10:00 Tropical Mocktail Making 17 11:15 Culinary Club 1:45 Chats and Crafts 2:45 Entertainment - 2nd floor 4:00 Friendly Visit 6:30 Bingo 	10:00 Balloon Badminton 18 11:15 Culinary Club 2:30 Birthday Party 4:00 Friendly Visit 6:15 Movie Matinee 	10:00 Painting 19 11:15 Culinary Club 2:30 Juneteenth Celebration 4:00 Friendly Visit 6:30 Tuck Shop 	10:00 Back Patio Social 20 11:15 Culinary Club 2:30 Karaoke Afternoon 4:00 Friendly Visit 6:30 Garden Friends 
10:00 Balloon Badminton 21 11:15 Culinary Club 2:30 Father's Day Celebration 4:00 Friendly Visit 6:30 Neighborly Chats 	10:00 Bracelet Making - Celebrating Pride 22 11:15 Culinary Club 1:30 Ice Cream Truck 4:00 Friendly Visit 	9:00 Music Therapy w/ Jack 23 11:15 Culinary Club 12:00 BBQ 1:45 Hand Spa 2:45 Calm & Chat 4:00 Friendly Visit 6:30 Tabletop games 	11:15 Culinary Club 24 1:30 Outing: Yorkdale Mall 4:00 Friendly Visit 6:30 Bingo 10:00 Ring Toss 	11:15 Culinary Club 25 2:30 Summer Get-Together 4:00 Friendly Visit 6:15 Movie Matinee 	10:00 Chair Zumba W/ Ariam 26 11:15 Culinary Club 2:30 Shortcake Cup Making 4:00 Friendly Visit 6:30 Tuck Shop 	10:00 Outdoor Walks 27 11:15 Culinary Club 2:30 Karaoke Afternoon 4:00 Friendly Visit 
10:00 Hand Massage 28 11:15 Culinary Club 2:30 Evangel Temple 4:00 Friendly Visit 	10:00 Outdoor Walk 29 11:15 Culinary Club 2:30 Bingo Afternoon - 3rd Floor 4:00 Friendly Visit 6:30 Pub Night 	11:15 Culinary Club 30 12:00 BBQ 2:30 Multicultural Parade 4:00 Friendly Visit 6:30 Dart Throwing 