May 2025 Dundurn Place Care Centre



			Z CARE CENTRE			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		***Program are subject t		8:00 Birthday Breakfast (BAR) 10:30 Calendar Posting (AL) 11:30 Meal Prep (AL) 12:00 Guitar w Aidan (AF) 1:30 Slime Making (AL) 3:30 Cozy Conversations (AL) 4:15 Meal prep (AL) 6:30 Bingo (MDR)	9:00 Sundae Doll Visits (DR) 9:45 Active Games - Centrecise (LOUN) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 1:15 Friendly Visits (RR) 2:00 Laughter Yoga with Katheryn (AL) 4:00 Friendly Visits (RR) 6:30 Karaoke (AL)	9:00 Friendly Visits (DR) 9:45 Sundae Doll Visits (RR) 10:30 Scrapbooking (2nd) 11:30 Meal Prep (AL) 2:00 Bingo (MDR) 3:30 Spring Crafts (4th) 4:30 Friendly Visits (RR) 6:15 Karaoke (AL)
9:00 Sundae Doll Visits (DR) 9:45 Church Service (2nd) 10:30 Picture Reminiscing (LOUN) 11:30 Meal Prep (AL) 2:00 Cinco De Mayo Entertainment (MDR) 4:00 Friendly Visits (RR) 4:30 Meal Prep (2nd) 6:30 Piano With Dorsa (1st)	9:00 Friendly Visits (DR) 9:45 Active Games - Centrecise (LOUN) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 1:00 Music Therapy with Jon (AL) 2:00 Courtyard Social (COUR) 3:30 Sing A Longs (LOUN) 4:30 Meal prep (RR) 6:15 Friendly Visits (RR) 6:45 Colouring Group (AL)	9:00 Sundae Doll Visits (DR) 9:45 Exercise (AL) 10:00 Bible Study w Hobbe (LOUN) 11:30 Meal Prep (AL) 12:00 Cozy Conversations (AL) 2:00 Bingo (DR) 3:30 PSW/Laundry Meeting (MDR) 4:30 Meal prep (RR) 6:15 Friendly Visits (RR) 6:30 Word Games (LOUN)	Hawaiian Theme 9:00 Sundae Doll Visits (DR) 10:00 Resident Council (MDR) 11:30 Meal Prep (AL) 1:45 Crock-a-Doodle (AL) 2:00 Karaoke (AL) 3:30 Cozy Conversations (AL) 4:30 Friendly Visits (RR) 6:30 Pub Night with Jeff Hawaiian Theme (AL)	9:00 Pet Visits with Teddy 8 (2nd) 10:00 Praise & Worship Choir (AL) 11:30 Meal Prep (AL) 1:30 Rosary (MDR) 2:00 Divine Mercy Group (AL) 2:00 Baking Cookies (BAR) 4:30 Friendly Visits (RR) 6:30 Bingo (MDR)	9:00 Sundae Doll Visits (DR) 9:45 Drum Circle (AL) 1:30 Mothers Day Bake Sale (CAF) 6:00 Friendly Visits (RR) 6:30 Paint Night (AL)	9:00 Sundae Doll Visits (DR) 9:30 Spiritual Eldercare (2nd) 10:30 Baking (BAR) 2:00 Bingo (MDR) 4:30 Current Events (RR) 6:00 Friendly Visits (RR) 6:30 Beauty Club (AL)
9:00 Mother's Day Make up (BAR) 10:30 Sing A Longs (LOUN) 11:30 Meal Prep (AL) 2:00 Mothers Day Entertainment w Jack Daniels (MDR) 3:45 Montessori Games (LOUN) 6:00 Mother's day Craft (AL)	9:00 Sundae Doll Visits (DR) 9:45 Active Games - Centrecise (LOUN) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 1:00 Music Therapy with Jon (AL) 1:00 Outing to Walmart (out) 2:45 Spring Cleaning (AL) 4:30 Cozy Conversations (AL) 6:30 Paint Night (2nd)	9:00 Sundae Doll Visits (DR) 9:30 Exercise (AL) 10:00 Bible Study w Hobbe (LOUN) 11:30 Meal Prep (AL) 2:00 Bingo (DR) 3:30 Beauty Club (AL) 4:30 Meal prep (RR) 6:15 Friendly Visits (RR) 6:45 Karaoke (AL)	Mismatch Day- clothing 9:00 Sundae Doll Visits (DR) 9:45 Ball/Balloon Toss (AL) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 2:00 Karaoke (AL) 3:30 Word Games (AL) 4:30 Friendly Visits (RR) 6:30 Craft Night (2nd)	9:00 Sundae Doll Visits (DR) 9:45 Pet Visits with Teddy (2nd) 10:30 Social/Coffee and Tea (AL) 11:30 Meal Prep (AL) 2:00 Drum Circle (AL) 3:00 Outdoor Walks (COUR) 4:30 Friendly Visits (RR) 6:30 Bingo (MDR)	9:00 Sundae Doll Visits (DR) 9:45 Active Games (AL) 10:30 Sing Along with Susie Q (AL) 11:30 Meal Prep (AL) 1:30 Courtyard Social (COUR) 3:30 Sing A Longs (LOUN) 6:15 Friendly Visits (RR) 6:45 Jeopardy (AL)	9:00 Sundae Doll Visits (DR) 9:45 Cozy Conversations (AL) 10:30 Scrapbooking (2nd) 11:30 Meal Prep (AL) 2:00 Bingo (MDR) 3:30 Busy Hands (LOUN) 4:30 Friendly Visits (RR) 6:15 Scrapbooking (2nd)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 Sundae Doll Visits (DR) 10:00 Church Service - Immanuel Christian Reformed (MDR) 11:30 Meal Prep (AL) 1:45 Zumba with Rainier (MDR) 3:00 TikTok Club (2nd) 6:00 Friendly Visits (RR) 6:30 Piano With Dorsa (1st)	9:00 Sundae Doll Visits (DR) 9:45 Active Games - Centrecise (LOUN) 10:30 Documentary about Victoria Day (AL) 11:30 Meal Prep (AL) 1:00 Music Therapy with Jon (AL) 2:00 Sing A Longs (LOUN) 3:30 Courtyard Visits (AL) 6:15 Friendly Visits (RR) 6:45 Board Game Night (AL)	9:00 Sundae Doll Visits (DR) 9:30 Aroma Therapy (RR) 9:30 Exercise (AL) 10:00 Bible Study w Hobbe (LOUN) 11:30 Meal Prep (AL) 2:00 Bingo (DR) 3:30 Beauty Club (AL) 6:15 Friendly Visits (RR) 6:30 Word Games (LOUN)	Wear Red- For Redcross Day 9:00 Sundae Doll Visits (DR) 9:45 Ball/Balloon Toss (AL) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 2:00 Resident Program Planning (AL) 3:30 Current events (AL) 6:00 Big Screen Movie Night (MDR)	9:00 Sundae Doll Visits (DR) 9:45 Pet Visits with Teddy (2nd) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 1:30 Alzheimer's Awareness Walk (out) 3:00 Sing A Longs (LOUN) 4:30 Friendly Visits (RR) 6:30 Bingo (MDR)	9:00 Sundae Doll Visits (DR) 9:45 Active Games - Centrecise (LOUN) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 1:15 Friendly Visits (RR) 3:30 Cozy Conversations (AL) 6:00 Friendly Visits (RR) 6:30 Karaoke (AL)	8:15 Breadmaking (ARDR) 9:00 Sundae Doll Visits (DR) 9:45 Sing A Longs (LOUN) 10:30 Busy Hands (LOUN) 11:30 Meal Prep (AL) 2:00 Bingo (MDR) 4:30 Friendly Visits (RR) 6:00 Paint Afternoon in courtyard (COUR)	
9:00 Sing A Longs (LOUN) 9:00 Sundae Doll Visits (DR) 9:45 Church Service on TV (2nd) 11:30 Meal Prep (AL) 2:00 Karaoke (2nd) 3:30 Jeopardy (AL) 4:30 Friendly Visits (RR) 6:15 Music & Manicures (AL)	9:00 Sundae Doll Visits (DR) 9:45 Active Games - Centrecise (LOUN) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 1:00 Music Therapy with Jon (AL) 1:00 Outing Butterfly Conservatory (MDR) 2:30 Gardening (AL) 4:30 Friendly Visits (RR) 6:15 Cozy Conversations (AL) 6:45 Butterfly Colouring Pages (AL)	9:00 Sundae Doll Visits (DR) 9:00 Neighbourhood Walks (COUR) 9:30 Aroma Therapy (RR) 10:00 Bible Study w Hobbe (LOUN) 11:30 Meal Prep (AL) 2:00 Bingo (DR) 3:30 Beauty Club (AL) 4:30 Meal Prep (AL) 6:15 Friendly Visits (RR) 6:45 Busy Hands (LOUN)	National Fitness Day Wear Athletic Gear 9:00 Sundae Doll Visits (DR) 9:45 Ball/Balloon Toss (AL) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 2:00 Birthday Party with Paula (MDR) 3:30 Current events (AL) 4:30 Friendly Visits (RR) 6:30 Ladies Night (MDR)	9:00 Sundae Doll Visits (DR) 9:45 Pet Visits with Teddy (2nd) 10:30 Fruit/Veggies/Smoothie Prep (AL) 11:30 Meal Prep (AL) 12:00 Jarek the Violinist (DR) 4:30 Take-Out Night (AL) 6:30 Bingo (MDR)	9:00 Sundae Doll Visits (DR) 10:00 Horticultural Therapy (DR) 11:30 Meal Prep (AL) 2:00 Game Tournament (MDR) 3:30 Colouring Pages (AL) 4:30 Friendly Visits (RR) 6:30 Paint Night (AL)	9:00 Sundae Doll Visits (DR) 10:30 Scrapbooking (2nd) 11:30 Meal Prep (AL) 2:00 Bingo (MDR) 4:30 Friendly Visits (RR) 6:15 Bean Bag toss (AL)	

