



September 2026

Unit 3 - Birch Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 Cafe Music 1 10:00 Let's Explore Nature 1:00 Massage Therapy - Appointment only 2:00 Bingo	8:30 Music & Nature 2 10:00 Giving Garden - Autumn 2:00 Residents' Council 2:00 Scented Oasis 	8:30 Classics 3 10:00 Momo Mania! 2:00 Happiness Program 	8:30 Morning guitar 4 10:00 Stroll with Me 2:00 Ice Cream Social	8:30 Beach Music 5 10:00 Garden Walk & Stroll 2:45 Violin Stroll 
8:30 Heart and Joy 6 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 2:00 Storytelling with Adele 	8:30 Oldies but Goodies 7 10:00 Autumn Leaf Painting 2:00 Ethnic Group Music	8:30 Cafe Music 8 10:00 Stroll & Explore 1:00 Massage Therapy - Appointment only 2:00 Bingo 	8:30 Morning Piano 9 10:00 Giving Garden - Autumn 2:00 Indoor Hockey	8:30 Classics 10 9:00 Music Therapy 2:00 Sensory Basket	8:30 Morning guitar 11 10:00 Stroll & Explore 2:00 Salvation Army 	8:30 Beach Music 12 10:00 Board Games 2:00 Ultimate Bingo
8:30 Hymn Sing 13 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 2:00 Arm Chair Travel	8:30 Oldies but Goodies 14 10:00 Finger painting (Fall tree making) 2:00 Boomwhackers Fun 6:15 Pub Night 	8:30 Cafe Music 15 10:00 Let's Explore Nature 1:00 Massage Therapy - Appointment only 2:00 Bingo	8:30 Music & Nature 16 10:00 Giving Garden - Autumn 2:00 Scented Oasis 	8:30 Classics 17 10:00 Walking Club 2:00 Edible Creations	8:30 Morning guitar 18 10:00 Communi-Tea Social - Celebrating Residents' Council Week 2:00 JAVA Music Club 	8:30 Beach Music 19 10:00 Garden Walk & Stroll 2:00 Sing & Rejoice 
8:30 Heart and Joy 20 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 1:45 Flicks & Chill 	8:30 Oldies but Goodies 21 10:00 Table Ball 2:00 Music on Request	8:30 Cafe Music 22 10:00 First day of Fall Celebration! 1:00 Massage Therapy - Appointment only 2:00 Bingo 	8:30 Morning Piano 23 10:00 Giving Garden - Autumn 2:00 Balloon Badminton	8:30 Classics 24 10:00 Stroll with Me 2:00 Short Stories 	8:30 Morning guitar 25 10:00 Catholic Mass 2:00 Coloring & Board Decoration	8:30 Beach Music 26 10:00 Card Bingo 2:00 Indigenous Drumming - Truth & Reconciliation 
8:30 Hymn Sing 27 10:00 Virtual Spiritual Service 10:30 1:1 Ipad Spiritual 2:00 Paint with Erin	8:30 Oldies but Goodies 28 10:00 Bean Bag Toss 2:00 JAVA Music Club 6:15 Movie Night	8:30 Cafe Music 29 10:00 Let's Explore Nature 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 	Calendar Visits 30 8:30 Music & Nature 10:00 Giving Garden - Autumn 2:00 1 to 1-Sensory Stimulation			