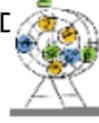




December 2025

Port Credit



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|---|
| <p><u>Locations Legend</u></p> <p>Large Dining Room (3rd Floor) (LDR3) Small Dining room (3rd Floor) (SDR3) Activity Room (1st Floor) (AR1F) Main Dining Room (MDR) Any location (A) Outdoor Patio (P) Room to Room (RTR)</p> | <p>10:00 Exercise (LDR3) 1</p> <p>10:45 Helping Hands: Juice Making (SDR3)</p> <p>2:00 Word Games (LDR3)</p> <p>2:15 Tover Tafel (SDR3)</p> <p>6:00 Sing A Long (AR1F)</p>  | <p>10:15 Exercise (LDR3) 2</p> <p>11:00 Resident Council Meeting (AR1F)</p> <p>2:00 Rendeвер (SDR3)</p> <p>2:00 Hand Massage (A)</p> <p>3:00 Chair Zumba (MDR)</p>  | <p>10:30 Exercise (LDR3) 3</p> <p>2:00 Holiday Party (MDR)</p>  | <p>10:00 Exercise (LDR3) 4</p> <p>10:45 Helping Hands: Bread Making (SDR3)</p> <p>2:00 Dominoes (LDR3)</p> <p>2:00 Rendeвер (SDR3)</p> <p>2:30 Chair Zumba (MDR)</p> <p>6:30 Bingo (AR1F)</p>  | <p>10:00 Colouring Therapy (SDR3) 5</p> <p>10:00 Exercise (LDR3)</p> <p>10:00 Pet Therapy with Walter (A)</p> <p>10:45 Helping Hands: Bread Making (SDR3)</p> <p>2:00 Art Class (LDR3)</p>  | <p>10:00 exercise (LDR3) 6</p> <p>2:30 Entertainment: Viviana (MDR)</p>  |
| <p>10:00 Church Service (AR1F) 7</p> <p>10:30 Hymn Sing (AR1F)</p> <p>2:00 Board Game (LDR3)</p>  | <p>10:00 Exercise (LDR3) 8</p> <p>10:45 Helping Hands: Juice Making (SDR3)</p> <p>2:00 Balloon tennis (LDR3)</p> <p>6:00 Sing A Long (AR1F)</p>  | <p>10:00 Reading Group (SDR3) 9</p> <p>10:15 Exercise (LDR3)</p> <p>10:45 Helping Hands: Pastry Making (SDR3)</p> <p>2:00 Bowling (LDR3)</p> <p>3:00 Chair Zumba</p>  | <p>10:30 Exercise (LDR3) 10</p> <p>2:00 Baking Club (LDR3)</p> <p>6:00 Movie Night - A Christmas Carol Disney+ (AR1F)</p>  | <p>10:00 Exercise (MDR) 11</p> <p>10:45 Helping Hands: Bread Making (SDR3)</p> <p>2:00 Beauty Club (LDR3)</p> <p>2:15 Snoezelen Visits/ Cart (SDR3)</p> <p>2:30 Chair Zumba (MDR)</p> <p>6:30 Bingo (AR1F)</p>  | <p>10:00 Colouring Therapy (SDR3) 12</p> <p>10:00 Pet Therapy with Walter (A)</p> <p>10:30 Exercise (LDR3)</p> <p>10:45 Helping Hands: Bread Making (SDR3)</p> <p>2:00 Afternoon Party (P)</p> | <p>10:00 Exercise (LDR3) 13</p> <p>2:30 Entertainment: Marcus Schwan (MDR)</p> |
| <p>10:00 Church Service (AR1F) 14</p> <p>10:30 Hymn Sing (AR1F)</p> <p>2:00 Board Game (LDR3)</p>  | <p>10:00 Exercise (LDR3) 15</p> <p>10:45 Helping Hands: Juice Making (SDR3)</p> <p>2:00 Word Games (LDR3)</p> <p>2:15 Tover Tafel (SDR3)</p> <p>6:00 Sing A Long (AR1F)</p> | <p>10:15 Exercise (LDR3) 16</p> <p>10:45 Helping Hands: Pastry Making (SDR3)</p> <p>2:00 Dominoes (LDR3)</p> <p>3:00 Chair Zumba (MDR)</p> <p>4:00 Snoezelen Visits/ Cart (SDR3)</p>  | <p>10:30 Exercise (LDR3) 17</p> <p>2:00 Baking Club (LDR3)</p> <p>2:30 Christmas Trivia (RTR)</p> <p>6:00 Movie Night - Jingle All the Way Schwarzenegger (AR1F)</p>  | <p>10:00 Exercise (LDR3) 18</p> <p>10:45 Helping Hands: Bread Making (SDR3)</p> <p>2:00 Gingerbread Making (AR1F)</p> <p>2:30 Chair Zumba (MDR)</p> <p>6:30 Bingo (AR1F)</p>  | <p>10:00 Colouring Therapy (SDR3) 19</p> <p>10:30 Exercise (LDR3)</p> <p>10:45 Bread Making (SDR3)</p> <p>2:00 Movie - A Very Jonas Christmas Disney+ (AR1F)</p> <p>2:00 Crafts (LDR3)</p>  | <p>11:00 Friendly Visits (A) 20</p> <p>2:30 Entertainment with Jack Garson (MDR)</p>  |
| <p>10:00 Church Service (AR1F) 21</p> <p>10:30 Hymn Sing (AR1F)</p>  | <p>10:00 Exercise (LDR3) 22</p> <p>10:45 Helping Hands: Juice Making (SDR3)</p> <p>2:00 unit social (LDR3)</p> <p>6:00 Sing A Long (AR1F)</p>  | <p>10:00 Santa Claus Visit (LDR3) 23</p> <p>10:15 Exercise (LDR3)</p> <p>10:45 Helping Hands: Pastry Making (SDR3)</p>  | <p>10:30 Exercise (LDR3) 24</p> <p>2:30 Christmas Entertainment (MDR)</p>  | <p>10:00 Christmas Baking (MDR) 25</p> <p>2:00 Christmas Social Cart (RTR)</p>  | <p>10:00 Colouring Therapy (SDR3) 26</p> <p>10:30 Exercise (LDR3)</p> <p>10:45 Helping Hands: Bread Making (SDR3)</p> <p>2:00 Afternoon Party (P)</p> <p>2:30 Chair Zumba (MDR)</p> | <p>10:00 Balance Exercises (LDR3) 27</p> <p>2:30 Entertainment with Ashley Gilmore (MDR)</p>  |
| <p>10:00 Church Service (AR1F) 28</p> <p>10:30 Hymn Sing (AR1F)</p> | <p>10:00 Exercise (LDR3) 29</p> <p>10:45 Helping Hands: Juice Making (SDR3)</p> <p>2:00 Unit Bingo (LDR3)</p> <p>2:15 Tover Tafel (SDR3)</p> <p>6:00 Sing A Long (AR1F)</p> | <p>10:15 Exercise (LDR3) 30</p> <p>10:45 Helping Hands: Pastry Making (SDR3)</p> <p>2:00 Word Games (SDR3)</p> <p>3:00 Chair Zumba (MDR)</p> | <p>10:30 Exercise (LDR3) 31</p> <p>2:30 New Year's Eve Party (MDR)</p>  | | | |