

Floor 4

January 2026

Berkshire Care Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
				10:00 New Year Bingo 10:05 1:1 Calendar Delivery Visits 2:00 Happy Hour Social 3:15 Manicures and Hand Massages	1	10:00 Bingo Friday 2:30 Islamic Service 3:30 Trivia	2	10:30 Zumba 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	3
9:00 Catholic Service Online 10:30 Service Communion 2:00 Physical Games 3:30 Puzzles and Pondering	9:30 Ladies Morning Tea and Talks 11:15 Colour Relaxation	10:00 Bingo Tuesday 11:15 Daily Chronicles 2:00 Music Therapy	10:00 Mens Club 2:00 Happy Hour Social	10:00 Throwback Thursday 3:15 Manicures and Hand Massages	10:00 Bingo Friday 2:00 Beauty Club 3:30 Trivia	11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	10	
9:00 Catholic Service 10:30 Service Communion 2:00 Physical Games 3:30 Puzzles and Pondering	10:00 Trivia and Coffee 11:15 Colour Relaxation 2:00 Crafty Creation (Arts&Crafts)	11:15 Daily Chronicles 2:00 Bingo Tuesday	10:00 Virtual Field Trip 2:00 Happy Hour Social	10:00 Inauguration of the New Council Leaders 2:00 Comedy Corner 3:15 Manicures and Hand Massages	10:00 Bingo Friday 2:00 Beauty Club 3:30 Trivia	10:00 Throne of Grace Church Service 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	10:00 Throne of Grace Church Service 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	17	
9:00 Catholic Service Online 10:30 Service Communion 2:00 Physical Games 3:30 Puzzles and Pondering	9:30 Ladies Morning Tea and Talks 11:15 Colour Relaxation	10:00 Bingo Tuesday 11:15 Daily Chronicles 2:00 Karaoke	10:00 Mens Club 2:00 Happy Hour Social	10:00 Throwback Thursday 2:00 Karaoke 3:15 Manicures and Hand Massages	10:00 Bingo Friday 3:30 Trivia	10:30 Zumba 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	10:30 Zumba 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	24	
9:30 Parkwood Church Service 2:00 Physical Games 3:30 Puzzles and Pondering	10:00 Trivia and Coffee 11:15 Colour Relaxation 2:00 Crafty Creation (Arts&Crafts)	10:00 Bingo Tuesday 11:15 Daily Chronicles 2:00 Karaoke	10:00 Virtual Field Trip 2:00 Happy Hour Social	10:00 Comedy Corner 2:00 Karaoke 3:15 Manicures and Hand Massages	10:00 Bingo Friday 2:00 Beauty Club 3:30 Trivia	10:00 Gentle Exercise and Sing Along 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	10:00 Gentle Exercise and Sing Along 11:15 Music and Relaxation 2:00 Aromatherapy with Calming Scents	31	