Program Facilitators:

Aferdita
Hannah
Ana
Makenna

November 2026

Dundurn Place Care Centre

DUNDURN PLACE CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 Calendar Posting 10:00 Church Service (2nd) 11:00 Hymn Sing (LOUN) 11:30 Meal Prep (LOUN) 3:30 Cozy Conversations (LOUN) 4:30 Meal Prep (LOUN) 6:15 Karaoke Night (LOUN) 	**2** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:45 Chair Exercise (LOUN) 10:30 Christmas Wishlist (2nd) 11:30 Meal Prep (LOUN) 12:00 Taking Down Halloween Decorations (ALL) 2:00 DeMazenod Farm (ALL) 6:30 Casino Night (LOUN)	**3** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 10:00 Bible Study with Hobbe (LOUN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 2:00 Ontario Health@Home Meeting with Linda (MAIN) 4:00 Christmas Wishlist (Room) 6:00 Friendly Visits (2nd) 6:15 Exercise/Centrecise (LOUN) 6:30 Card Games-UNO (LOUN)	**4** *Dress like a Famous Person* 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 10:00 Crafting making Poppy's (MAIN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 1:45 Bingo (1st) 3:15 Name That Face (2nd) 4:30 Meal Prep (LOUN) 6:30 Glow Party w Paula French (MAIN)	**5** 8:00 Birthday Breakfast (Base) 9:30 Restore & Move! (1st) 10:30 Pet Therapy (2nd) 11:30 Meal Prep (LOUN) 12:00 Guitar w Aidan 1:00 Music Therapy w Jon (2nd) 2:00 Crock-a-Doodle (LOUN) 3:45 Coloring Pages (LOUN) 4:30 Meal Prep (LOUN) 6:30 Bingo (1st)	**6** 8:15 Friendly Visits (2nd) 9:00 Plant Patrol (2nd) 9:30 Restore & Move! (1st) 9:45 Exercise Class (2nd) 10:30 Word Games (LOUN) 11:30 Meal Prep (LOUN) 2:00 Diwali Dancer (MAIN) 3:30 Discussion Group (LOUN) 4:30 Meal Prep (LOUN) 6:00 Friendly Visits (Room) 6:30 Remembrance Poppy Making (2nd)	**7** 8:30 Friendly Visits (2nd) 9:45 Spiritual Eldercare (2nd) 10:30 Bible Trivia (LOUN) 11:30 Meal Prep (LOUN) 1:45 Bingo (1st) 3:15 Compassionate Touch (2nd) 4:00 Cleaning Crew (2nd) 4:30 Meal Prep (LOUN) 6:15 Karaoke w Thomas (LOUN)
8 8:15 Friendly Visits (Room) 9:30 Hymn Sing (1st) 10:30 Cozy Fall Craft (2nd) 11:30 Meal Prep (LOUN) 2:00 Zumba with Rainier (MAIN) 3:30 Cozy Conversations (2nd) 6:00 Four Square (1st)	**9** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:45 Chair Exercise (LOUN) 10:30 Smoothie Social (2nd) 11:30 Meal Prep (LOUN) 12:45 Outing Walmart (out) 2:00 Your Favourite Song/Singer (2nd) 3:15 Smile & Talk (2nd) 4:30 Meal Prep (LOUN) 6:15 Card Games - Uno (LOUN)	**10** 8:30 Friendly Visits (Room) 9:30 Restore & Move! (1st) 10:00 Bible Study with Hobbe (LOUN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 1:45 Bingo (1st) 3:45 Beauty Club (LOUN) 4:30 Meal Prep (LOUN) 6:00 Friendly Visits (2nd) 6:30 Exercise/Centrecise (LOUN) 7:00 Hang-Man (LOUN)	**11** *Remembrance Day - Wear red and black* 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 10:30 Remembrance Day Cermony (MAIN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 1:30 Making Cock-A-Leek Soup (Base) 4:30 Meal Prep (LOUN) 6:15 Exercise (LOUN) 6:30 3D Craft Night (LOUN)	**12** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:30 Exercise (LOUN) 10:15 Coffee/Tea Social (LOUN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 1:00 Music Therapy w Jon (2nd) 2:00 Resident Council (1st) 3:30 Word Games (LOUN) 4:30 Meal Prep (LOUN) 6:30 Bingo (1st)	**13** 8:30 Friendly Visits (2nd) 9:00 Plant Patrol (2nd) 9:30 Restore & Move! (1st) 9:45 Exercise (LOUN) 11:15 Coffee/Tea Social (LOUN) 11:30 Meal Prep (LOUN) 1:00 Friendly Visits (Room) 1:15 Journalling (MAIN) 2:30 Ghost Hunting with Jessica (MAIN) 4:30 Meal Prep (LOUN) 6:00 Friendly Visits (Room) 6:00 Tik Tok Club (LOUN)	**14** 8:30 Friendly Visits (2nd) 10:00 Fun & Fitness Centrecise (LOUN) 10:30 Hang-Man (LOUN) 11:30 Meal Prep (LOUN) 1:45 Bingo (1st) 4:00 Meal Prep (LOUN) 
15 8:30 Friendly Visits (2nd) 11:30 Meal Prep (LOUN) 1:15 Christmas Cookie Baking (Base) 3:00 Beauty Club (LOUN) 4:30 Meal Prep (LOUN) 6:00 Cozy Conversations (LOUN) 6:30 Axe Throwing (LOUN)	**16** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:45 Chair Exercise (LOUN) 10:30 Smoothie Social (2nd) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 2:30 Little Library Project (1st) 4:30 Meal Prep (LOUN) 6:00 Baking Peanut Butter Cookies & Fudge (Base)	**17** 8:00 Decorating for Christmas (ALL) 9:30 Restore & Move! (1st) 1:45 Bingo (1st) 3:30 Decorating for christmas (ALL) 6:00 Decorating for christmas (ALL)	**18** *Cozy Day* 8:00 Decorating for Christmas (ALL) 9:30 Restore & Move! (1st) 12:00 Decorating for Christmas 5:45 Decorating for Christmas 	**19** *Decorating for Christmas (ALL)* 9:30 Restore & Move! (1st) 12:00 Decorating for Christmas 1:00 Music Therapy w Jon (2nd) 6:30 Bingo (1st)	**20** 9:30 Restore and Move (MAIN) 9:45 Exercise Class (LOUN) 10:30 Pet Visits with Brisket (2nd) 11:30 Meal Prep (LOUN) 2:00 Laughter Yoga with Katheryn (MAIN) 3:15 Friendly Visits (Room)	**21** 8:30 Friendly Visits (2nd) 9:45 Spiritual Eldercare (2nd) 10:30 Faith & Facts (LOUN) 11:30 Meal Prep (LOUN) 1:45 Bingo (1st) 3:45 Hang-Man (2nd) 4:30 Meal Prep (LOUN) 6:15 Beauty Club (2nd) 7:00 Friendly Visits (Room)

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Dundurn Place Care Centre

DUNDURN PLACE CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 8:30 Friendly Visits (2nd) 9:45 Hymn Sing (2nd) 10:30 News & Views (2nd) 11:30 Meal Prep (LOUN) 2:00 Entertainment with Jeff Mitchell (MAIN) 3:45 Card Games (2nd) 4:30 Meal Prep (LOUN) 6:00 No Bake Fudge Making (2nd) 6:30 Cozy Conversations & Fudge (LOUN)	**23** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:45 Chair Exercise (LOUN) 10:30 Busy Hands (LOUN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 12:45 Outing to Eastgate (out) 2:00 Singing/Dancing with April (LOUN) 3:15 Walk & talk (2nd) 4:30 Meal Prep (LOUN) 6:30 Jeopardy Night (LOUN)	**24** 9:30 Restore & Move! (1st) 10:00 Bible Study with Hobbe (LOUN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 1:45 Bingo (1st) 3:45 Beauty Club (LOUN) 4:30 Meal Prep (LOUN) 5:30 Friendly Visits (2nd) 6:15 Exercise Class (2nd) 6:45 Hang-Man (LOUN)	**25** *Animal Print Day* 9:30 Restore & Move! (1st) 10:00 Exercise (LOUN) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 2:00 Birthday Party w Paula (MAIN) 4:30 Meal Prep (LOUN) 6:00 Big Screen Movie Night (LOUN) 	**26** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:30 Exercise (LOUN) 10:30 Pet Visits with Brisket (2nd) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 1:00 Music Therapy w Jon (2nd) 2:00 Boomers Club (MAIN) 4:30 Meal Prep (LOUN) 6:30 Bingo (1st)	**27** 8:30 Friendly Visits (2nd) 9:00 Plant Patrol (2nd) 9:30 Restore & Move! (1st) 10:00 Horticultural Therapy (1st) 11:30 Meal Prep (LOUN) 1:30 Christmas Bazaar (MAIN) 4:30 Meal Prep (LOUN) 6:00 Friendly Visits (Room) 6:15 Exercise (LOUN) 7:00 Tik Tok (2nd)	**28** 8:30 Friendly Visits (2nd) 10:00 Exercise Class (LOUN) 10:30 Jeopardy (LOUN) 11:30 Meal Prep (LOUN) 1:45 Bingo (1st) 4:00 Meal Prep (LOUN) 
29 8:30 Friendly Visits (2nd) 10:00 Church Service - Immanuel Christian Reformed (1st) 10:00 Church Service (2nd) 10:45 Hymn Sing (LOUN) 11:30 Meal Prep (LOUN) 1:30 Crafts (LOUN) 3:00 Whiteboard Word Games (LOUN) 4:00 Meal Prep (LOUN)	**30** 8:30 Friendly Visits (2nd) 9:30 Restore & Move! (1st) 9:45 Chair Exercise (LOUN) 10:30 Smoothie Social (2nd) 11:30 Meal Prep (LOUN) 12:00 Friendly Visits (Room) 2:00 Singing/Dancing with Mike/April (LOUN) 3:15 Walk & Talk (2nd) 3:45 Card Games (LOUN) 4:30 Take-Out Night (LOUN) 4:30 Meal Prep (LOUN) 6:30 Pearl Society (Base)					





Calendar Legend:

1st - First Floor
2nd - Second Floor
LOUN - Activty lounge/TV Room
MAIN - First Floor Dining Room
ALL - All Floors
BASE - Basement Activity Room

Lest we forget...

November 11

