

January 2026

Orchard Terrace Retirement Home

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



HAPPY NEW YEAR!
10:30 Independent Coffee
Social



10:30 Independent Coffee
Social



10:15 Coffee Social
10:30 Relaxation Colouring-
Thailand Landscapes-BL
12:30 Friendly Visits
2:00 Travelogue- Asia
3:00 Trivia Group & Facts- All
About Asia

10:15 Coffee Social
10:30 Morning Board
Games
1:00 Friendly Visits
2:00 Tea & Dessert Social

10:15 Coffee Social
10:30 Exercise Group
11:10 Friendly Visits
2:00 BINGO
3:00 Communion



10:30 Independent Coffee
Social

10:30 Independent Coffee



10:30 Independent Coffee
Social

10:30 Independent Coffee



10:15 Coffee Social
10:30 Card Games
Tournament
2:00 Happy Hour & Karaoke
with Tiffany
4:00 Friendly Visits

10:15 Coffee Social
10:30 Exercise Group
1:00 1:1 Montessori
2:00 Movie Marathon &
Popcorn

10:15 Coffee Social
10:30 Exercise Group
11:10 Friendly Visits
2:00 BINGO
3:00 Communion



10:30 Independent Coffee
Social



10:30 Independent Coffee
Social

10:30 Independent Coffee
Social



10:30 Independent Coffee
Social



10:15 Coffee Social
10:30 Board Games &
Shortbread Social
1:00 Friendly Visits
2:00 A Snowy Landscape
Winter Painting-
Basement Lounge

10:15 Coffee Social
10:30 Exercise Group
11:00 1:1 Montessori
2:00 Birthday Party &
Calendar Club- ML

10:15 Coffee Social
10:30 Exercise Group
11:10 Friendly Visits
2:00 BINGO
3:00 Communion



10:30 Independent
Coffee Social



10:30 Independent Coffee
Social

10:30 Independent Coffee
Social
2:00 Resident Council



10:30 Independent Coffee
Social

10:15 Coffee Social
10:30 Morning Puzzles
12:30 Manicures/Hand
Massages
2:00 Waffle Baking



10:15 Coffee Social
10:30 Exercise Group
11:10 Friendly Visits
2:00 BINGO

10:15 Coffee Social
10:30 Exercise Group
12:00 Outings- Fortinos Lunch
& Shop
3:00 Communion



10:30 Independent Coffee
Social

10:30 Independent Coffee
Social



10:30 Independent
Coffee Social

10:30 Independent
Coffee Social



10:15 Coffee Social
10:30 Calendar Visits
2:00 Card Games & Hot Cider
3:30 Friendly Visits