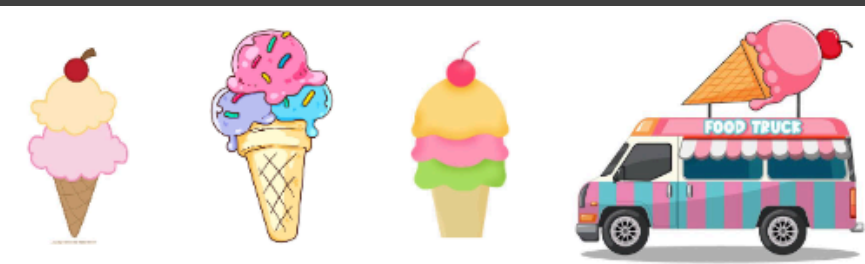
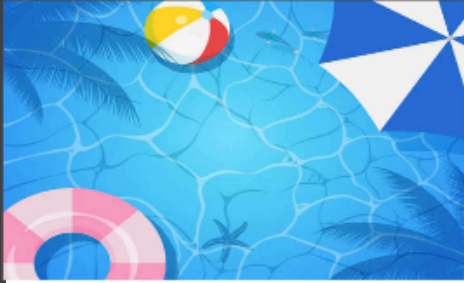


August 2026

Rose Court/Lotus Way Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	      					 10:00 Zumba 11:00 Helping Hands 2:00 Spelling Bee
10:00 Hymn Sing 11:00 Helping Hands 2:00 Ice Cream Social	9:30 Making Watermelon Basil Water 10:00 Manicure Monday 11:00 Baking Bread 2:00 Pass the Watermelon	10:00 Garden Care: Herbal Teas 11:00 Helping Hands 2:00 Centrecise 6:00 Aromatherapy & Reflexology Visits	10:00 Crafter's Corner: Sun-sational Coasters 11:00 Helping Hands 2:30 Garden Strolls 3:00 Pawsitive Visits	9:30 Cycling Without Age 11:00 Helping Hands 2:00 Centrecise 6:15 Horse Racing	9:30 Capture A Moment & Outdoor Strolls 11:00 Helping Hands 1:00 Music Therapy with Jon 2:00 Bingo	10:00 Java Music Club 11:00 Helping Hands 2:00 Centrecise
10:00 Glad Tidings Church Service 11:00 Helping Hands 2:00 Help Your Neighbour Card Game	9:30 Magic Table 10:00 Manicure Monday 11:00 Helping Hands 2:00 Smores and Campfire Songs	10:00 Garden Care: Making A Harvest Dish 11:00 Helping Hands 2:00 Centrecise	10:00 Reader's Circle - Summer Memories 10:30 Fruits of our Labour with Nancy 11:00 Helping Hands 1:30 Communion Visits 3:00 Pawsitive Visits	9:30 Cycling Without Age with Trishaw 10:00 Corn Husking 11:00 Helping Hands 2:00 Resident Council 6:15 Musical Bingo	9:45 Burlington Mall Outing 11:00 Helping Hands 2:00 Bingo	10:00 Zumba 11:00 Helping Hands 2:00 Buzz Word Trivia
10:00 Glad Tidings Church Service 11:00 Helping Hands 2:00 Bowling	9:30 Magic Table 10:00 Manicure Monday 11:00 Baking Bread 11:00 Helping Hands 2:00 What's The Verdict	11:00 Helping Hands 2:00 Centrecise 2:00 Crafters Corner: The Art of Quilt Design 6:00 Aromatherapy & Reflexology Visits	9:45 Walmart Shopping Outing 11:00 Helping Hands 2:00 Ice Cream Floats and Music 3:00 Pawsitive Visits	9:30 Cycling Without Age 11:00 Helping Hands 2:00 Auction 6:15 Game Night Showdown	9:30 Garden Visits 11:00 Helping Hands 1:00 Music Therapy with Jon 2:00 Bingo	10:00 Java Music Club 11:00 Helping Hands 2:00 Centrecise
10:00 Hymn Sing 11:00 Helping Hands 2:00 Chef's Corner: Zesty Orange Kisses	9:30 Magic Table 10:00 Manicure Monday 11:00 Helping Hands 2:00 Noodleballoon	10:00 Garden Care: Botanical Printing 11:00 Helping Hands 2:00 Centrecise	<i>Dog Days of Summer</i> 10:00 Chef's Corner: Making Pup-sicles 11:00 Helping Hands 2:00 Pet Lover's Trivia 3:00 Pawsitive Visits	9:30 Cycling Without Age 11:00 Helping Hands 12:00 Diner's Club: Swiss Chalet 2:00 Centrecise 6:15 Name That Tune Pub Night	9:45 Burlington Beach Outing 11:00 Helping Hands 2:00 Bingo	10:00 Zumba 11:00 Helping Hands 2:00 True or False Trivia
10:00 Hymn Sing 11:00 Helping Hands 2:00 Bowling	9:30 Magic Table 10:00 Manicure Monday 11:00 Peaches Prep 2:00 Peaches and Cream Social			 Outdoor strolls every day (weather permitting) Programs are subject to change 		