



December 2025

City Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Exercise 1 1:15 1:1 Walking 2:00 Word Games 3:00 Dominoes 6:00 Sing A Long	10:30 Exercise 2 11:00 Resident Council Meeting 2:00 card games 2:00 1:1 Board Game 3:00 Chair Zumba	10:30 Exercise 3 2:00 Holiday Party 	9:20 Massage 4 10:30 Exercise 2:30 Chair Zumba 3:00 Beauty Club 6:30 Bingo	10:15 1:1 iPad 5 10:30 Exercise 1:30 Tover Projector 2:30 Reading & Reminiscing (Short Stories)	9:45 Arm Chair Travel 6 2:30 Entertainment: Viviana
10:00 Church Service 7 10:30 Hymn Sing 2:00 Unit Bingo	10:30 Exercise 8 1:15 1:1 Walking 2:00 Word Games 3:00 Dominoes 6:00 Sing A Long	10:30 Exercise 9 2:00 Christmas Card Making 3:00 Chair Zumba 3:30 1:1 Reminiscing	10:30 10 6:00 Movie Night - A Christmas Carol Disney+	9:20 Massage 11 10:30 Exercise 2:00 1:1 Board Game 2:30 Chair Zumba 3:30 1:1 Board Games 6:30 Bingo	10:15 1:1 iPad 12 10:30 Exercise 1:30 Tover Projector 2:15 karaoke -Christmas Caroling 	2:30 Entertainment: Marcus Schwan 13 
10:00 Church Service 14 10:30 Hymn Sing 11:00 Communion	3:00 Dominoes 15 10:30 Exercise 1:15 1:1 Walking 2:00 Word Games 6:00 Sing A Long	10:30 Exercise 16 2:00 card games 2:00 1:1 Board Game 3:00 Chair Zumba 	10:30 Exercise 17 6:00 Movie Night - Jingle All the Way Disney+	9:20 Massage 18 10:30 Exercise 2:30 Chair Zumba 3:00 Beauty Club 6:30 Bingo	10:15 1:1 iPad 19 10:30 Exercise 1:30 Tover Projector 2:00 Movie - A Very Jonas Christmas Disney+ 2:30 1:1 Walking	9:45 Arm Chair Travel - North Pole 20 2:30 Entertainment with Jack Garson
10:00 Church Service 21 10:30 Hymn Sing 2:00 Unit Bingo	10:30 Exercise 22 1:15 1:1 Walking 2:00 Christmas Baking 6:00 Sing A Long 	10:30 Exercise 23 2:00 Trivia Challenge 3:30 1:1 Reminiscing	10:30 Exercise 24 2:30 Christmas Entertainment	2:00 1:1 Board Game 25 	10:15 1:1 iPad 26 1:30 Tover Projector 2:30 Chair Zumba 2:30 karaoke	2:30 Entertainment with Ashley Gilmore 27
10:00 Church Service 28 10:30 Hymn Sing 11:00 Communion	10:30 Exercise 29 1:15 1:1 Walking 2:00 Word Games 6:00 Sing A Long	10:30 Exercise 30 2:00 card games 2:00 1:1 Board Game 3:00 Chair Zumba	10:30 Exercise 31 2:30 New Year's Eve Party 			