November 2026
HICKORY HEIGHTS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Clocks Fall Back **1** 9:00 Manicures 10:00 Sunday Devotion 1:30 Little Treasures 3:00 Let's Shell-abrate	10:00 Let's Shell-abrate **2** 10:45 Physio Fitness 11:30 Hallwalkers ***2:30 Birthday Party***	9:45 Strong & Fit **3** **10:30 Catholic Mass** **2:30 Residents' Council** **4:00 Take a trip VR**	**9:30 Yesterdays** **4** 10:30 Physio Fitness **1:30 Friends** **2:30 BINGO**	**10:00 Mystery Tour** **5** **2:30 Providence URC Worship Service** ***3:30 Sprucedale Golden Grands*** 6:00 Test your Senses	**10:00 Baking Bee "Dog Treats"** **6** **1:30 Friendship Circle** 2:30 Giant Crossword	*Harvest Vendors Market* **7** *9:00 am-1:00 pm* *Everyone Welcome!*
9:00 Manicures **8** 10:00 Sunday Devotion 1:30 Little Treasures 3:00 Card Club	9:45 Physio Fitness **9** **10:30 Hymn Sing with Wayne & Wendy** 11:30 Hallwalkers ***2:30 Musical Entertainment with Jeremy Smith***	10:00 Drum Fit **10** **10:30 Lecture Series "Ms. Barbara"** **2:30 Dining Enhancement Committee** 4:00 Colour Your World	*Remembrance Day* **11** **10:30 Remembrance Day Service** **1:30 Friendship Circle** **2:30 BINGO**	**9:00 Pins & Needles** **12** **9:30 Shopping Bus** **2:30 Compass Community Worship Service** ***3:30 Sprucedale Golden Grands*** 6:00 Popcorn & Pajamas	10:00 Massage Therapy **13** ***10:30 StrawBUBS*** **1:30 Friendship Circle** **2:00 Uzzle** **2:00 Pet Visits**	1:30 Little Treasures **14** **3:30 Fun & Games**
9:00 Manicures **15** 10:00 Sunday Devotion ***1:30 Youth Singers***	10:00 Physio Fitness **16** **12:00 Lunch & Movie**	9:45 Strong & Fit **17** **10:30 Catholic Mass & Communion** 2:30 Meet, Greet & Steep	**9:30 Craft Corner** **18** 10:30 Physio Fitness **1:30 Friendship Circle** **2:30 BINGO**	**8:00 Men's Breakfast** **19** **9:00 Pins & Needles** **2:30 First Baptist Worship Service** ***3:30 Sprucedale Golden Grands*** 6:00 Fresh & Fruity	**10:30 Lunch Bunch "Chuck's Roadhouse"** **20** **1:30 Friendship Circle** *2:00 Musical Memories*	9:00 Sparkling Specs **21** **10:30 Picnic Lunch** **1:00 Santa Claus Parade**
9:00 Manicures **22** 10:00 Sunday Devotion 1:30 Little Treasures 3:00 Card Club	9:45 Physio Fitness **23** 11:30 Hallwalkers **1:15 Cailey's Melodies** **6:00 Twilight BINGO**	*DECK* **24** 10:00 Drum Fit **2:30 BINGO** **4:00 Deck the Halls**	*THE* **25** **10:00 A day away....Bowling** 10:30 Physio Fitness **1:30 Friendship Circle**	*HALLS* **26** **8:00 Egg Day** **10:00 Coffee Hour** **2:30 Providence URC Worship Service** ***3:30 Sprucedale Golden Grands*** **6:00 Trim the Tree**	*Happy Birthday Michele* **27** 10:00 Massage Therapy 10:00 Art Club **1:30 Friendship Circle** ***2:00 Pub with John Berkmortel***	*Happy Birthday Mary H* **28** *9:30 Bedside Music* **2:30 Baking Bee**
9:00 Manicures **29** 10:00 Sunday Devotion 1:30 Little Treasures	9:45 Physio Fitness **30** 11:00 Calendar visits 11:30 Hallwalkers **1:00 Take a trip VR** ***5:00 Kids "Cabaret" Dinner & Show***					