

Floor 2		November 2025						
Berkshire Care Centre								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						12:30 Courtyard Visits 1:15 Music Therapy 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music	1	
12:30 Courtyard Visits 2:00 Physical Games 6:30 Hymn Sing	10:00 Walk and Talk (Patio, Riverside) 12:30 Courtyard Visits 2:00 Crafty Creation (Arts&Crafts) 6:00 Movie Night 6:30 Fun and Fitness	10:00 Bingo Tuesday 12:30 Courtyard Visits 2:00 Karaoke 7:00 Spa Tuesday	12:30 Courtyard Visits 2:00 Happy Hour Social 3:30 Tuck Shop 6:30 Comedy Corner	12:30 Courtyard Visits 6:00 Colour Relaxation 7:00 Montessori Fluff and Fold	12:30 Courtyard Visits 2:00 Islamic Service 6:30 Tovertafel	12:30 Courtyard Visits 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music	8	
12:30 Courtyard Visits 2:00 Physical Games 2:00 Guided Meditation 6:30 Hymn Sing	12:30 Courtyard Visits 6:00 Chair Yoga 6:30 Fun and Fitness	12:30 Courtyard Visits 2:00 Karaoke 7:00 Spa Tuesday	12:30 Courtyard Visits 2:00 Happy Hour Social 3:30 Tuck Shop 6:30 Comedy Corner	10:00 Throwback Thursday 12:30 Courtyard Visits 6:15 Zumba with Allison 7:00 Montessori Fluff and Fold	12:30 Courtyard Visits 2:00 Beauty Club 6:30 Tovertafel	12:30 Courtyard Visits 1:15 Music Therapy 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music	15	
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