

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Bingo 1 2:00 Walking Club 6:00 Karaoke 	10:00 Men's Club 2 2:00 Happy Hour with George B. 6:00 Restorative Group Exercise	10:00 Comedy 3 Corner 2:00 Karaoke 6:00 Colour Relaxation	10:00 Bingo 4 2:00 Beauty Club 4:00 Islamic Service 	10:00 Karaoke 5 Aromatherapy 6:00 Movies & Popcorn
9:00 Catholic Mass 6 TV Live 10:30 Service Communion 2:00 Physical Games 6:00 Enjoying Outdoor	10:00 Trivia & Coffee 7 2:00 Crafty Creation – lantern-making Labor Day	9:30 Resident Council and Food Committee Meeting 8 2:00 Bingo 6:00 Karaoke	10:00 Virtual Field Trip 9 2:00 Happy Hour with Dave W. 6:00 Restorative Group Exercise	10:00 Throwback 10 Thursday 2:00 Karaoke Day 6:15 Seated Latin Dance w/ Amir	10:00 Bingo 11 2:00 Beauty Club  Rosh Hashanah Begins	10:00 Heritage Park Alliance (Protestant) 12 2:00 Aromatherapy 6:00 Movies & Popcorn
9:00 Catholic Mass 13 Live 10:30 Service Communion 2:00 Guided Meditation 6:00 Enjoying Outdoor Grandparents Day	9:30 Ladies Morning Tea & Talks 14 2:00 Chair Yoga	10:00 Bingo 15 2:00 Walking Club 6:00 Karaoke 	10:00 Men's Club 16 2:00 Happy Hour with Musically Yours 6:00 Restorative Group Exercise	10:00 Comedy 17 Corner 2:00 Karaoke 6:00 Colour Relaxation	10:00 OLTC Engagement Day & Community Market Opening 18 4:00 Islamic Service	10:00 Throne of Grace (Pentecostal) 19 2:00 Aromatherapy 6:00 Movies & Popcorn Oktoberfest Begins
9:00 Catholic Mass 20 TV Live 10:30 Service Communion 2:00 Physical Games 6:00 Enjoying Outdoor Yom Kippur Begins	10:00 Trivia & Coffee 21 2:00 Crafty Creation – Wood-Painting	10:00 Bingo 22 2:00 Walking Club 6:00 Karaoke  Autumn Begins	10:00 Virtual Field Trip 23 3:00 Happy Hour with Ernie M. 6:00 Restorative Group Exercise	10:00 Throwback 24 Thursday 2:00 Karaoke Day 6:15 Seated Latin Dance w/ Amir	10:00 Bingo 25 2:00 Catholic Service  Sukkot Begins	10:30 Zumba with Allison 26 2:00 Aromatherapy 6:00 Movies & Popcorn
9:30 Parkwood Church Service 27 2:00 Birthday Celebration 6:00 Enjoying Outdoor	9:30 Ladies Morning Tea & Talks 28 2:00 Chair Yoga	10:00 Bingo 29 2:00 Walking Club 6:00 Karaoke 	10:00 Men's Club 30 2:00 Happy Hour with Crystal G. 6:00 Restorative Group Exercise	September 2026 		