


| Floor 2 | | January 2026 | | | | |  <div>Berkshire CARE CENTRE</div> | |
|---|--|--|--|--|---|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | | 10:00 New Year Bingo 1 12:30 Courtyard Visits 6:00 Colour Relaxation 7:00 Montessori Fluff and Fold | 12:30 Courtyard Visits 2 6:30 Tovertafel | 12:30 Courtyard Visits 3 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music | | |
| 12:30 Courtyard Visits 4 2:00 Physical Games 2:00 Guided Meditation 6:30 Hymn Sing | 12:30 Courtyard Visits 5 6:00 Chair Yoga 6:30 Fun and Fitness | 10:00 Bingo Tuesday 6 12:30 Courtyard Visits 2:00 Music Therapy 7:00 Spa Tuesday | 12:30 Courtyard Visits 7 2:00 Happy Hour Social 3:30 Tuck Shop 6:30 Comedy Corner | 10:00 Throwback Thursday 8 12:30 Courtyard Visits 2:00 Karaoke 6:15 Zumba with Allison 7:00 Montessori Fluff and Fold | 12:30 Courtyard Visits 9 2:00 Beauty Club 6:30 Tovertafel | 12:30 Courtyard Visits 10 1:15 Music Therapy 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music | | |
| 12:30 Courtyard Visits 11 2:00 Physical Games 6:30 Hymn Sing | 12:30 Courtyard Visits 12 2:00 Crafty Creation (Arts&Crafts) 6:00 Movie Night 6:30 Fun and Fitness | 12:30 Courtyard Visits 13 2:00 Bingo Tuesday 7:00 Spa Tuesday | 12:30 Courtyard Visits 14 2:00 Happy Hour Social 3:30 Tuck Shop 6:30 Comedy Corner | 12:30 Courtyard Visits 15 6:00 Colour Relaxation 7:00 Montessori Fluff and Fold | 12:30 Courtyard Visits 16 2:00 Beauty Club 6:30 Tovertafel | 12:30 Courtyard Visits 17 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music | | |
| 12:30 Courtyard Visits 18 2:00 Physical Games 2:00 Guided Meditation 6:30 Hymn Sing | 12:30 Courtyard Visits 19 6:00 Chair Yoga 6:30 Fun and Fitness | 10:00 Bingo Tuesday 20 12:30 Courtyard Visits 2:00 Karaoke 7:00 Spa Tuesday | 12:30 Courtyard Visits 21 2:00 Happy Hour Social 3:30 Tuck Shop 6:30 Comedy Corner | 10:00 Throwback Thursday 22 12:30 Courtyard Visits 6:00 Zumba with Allison 7:00 Montessori Fluff and Fold | 12:30 Courtyard Visits 23 6:30 Tovertafel | 12:30 Courtyard Visits 24 1:15 Music Therapy 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music | | |
| 12:30 Courtyard Visits 25 2:00 Physical Games 6:30 Hymn Sing | 12:30 Courtyard Visits 26 2:00 Crafty Creation (Arts&Crafts) 6:00 Movie Night 6:30 Fun and Fitness | 10:00 Bingo Tuesday 27 12:30 Courtyard Visits 2:00 Karaoke 7:00 Spa Tuesday | 12:30 Courtyard Visits 28 2:00 Happy Hour Social 3:30 Tuck Shop 6:30 Comedy Corner | 12:30 Courtyard Visits 29 6:00 Colour Relaxation 7:00 Montessori Fluff and Fold | 12:30 Courtyard Visits 30 2:00 Beauty Club 6:30 Tovertafel | 12:30 Courtyard Visits 31 2:00 Aromatherapy with Calming Scents 6:30 Movement to Music | | |