

Floor 3		November 2025					 Berkshire CARE CENTRE	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						2:00 Aromatherapy with Calming Scents 3:30 Music Appreciation	1	
2:00 Physical Games 3:30 Sing-a-Long	2 10:00 Walk and Talk (Patio, Riverside) 2:00 Crafty Creation (Arts&Crafts) 3:30 Montessori Life Skills 6:00 Movie Night	3 10:00 Bingo Tuesday 2:00 Karaoke 3:30 Fun and Fitness	4 2:00 Happy Hour Social 3:30 Tuck Shop	5 3:30 Manicures and Hand Massages 4:00 Dice Games 6:00 Colour Relaxation	6 2:00 Islamic Service 3:30 Montessori Life Skills	7 2:00 Aromatherapy with Calming Scents 3:30 Music Appreciation	8	
2:00 Physical Games 2:00 Guided Meditation 3:30 Sing-a-Long	9 3:30 Montessori Life Skills 6:00 Chair Yoga	10 2:00 Karaoke 3:30 Fun and Fitness	11 2:00 Happy Hour Social 3:30 Tuck Shop	12 10:00 Throwback Thursday 3:30 Manicures and Hand Massages 6:15 Zumba with Allison	13 2:00 Beauty Club 3:30 Montessori Life Skills	14 2:00 Aromatherapy with Calming Scents 3:30 Music Appreciation	15	
2:00 Physical Games 3:30 Sing-a-Long	16 10:00 Walk and Talk (Patio, Riverside) 2:00 Crafty Creation (Arts&Crafts) 3:30 Montessori Life Skills 6:00 Movie Night	17 10:00 Bingo Tuesday 2:00 Karaoke 3:30 Fun and Fitness	18 2:00 Happy Hour Social 3:30 Tuck Shop	19 3:30 Manicures and Hand Massages 6:00 Colour Relaxation	20 2:00 Beauty Club 3:30 Montessori Life Skills	21 2:00 Aromatherapy with Calming Scents 3:30 Music Appreciation	22	
2:00 Physical Games 2:00 Guided Meditation 3:30 Sing-a-Long	23 3:30 Montessori Life Skills 6:00 Chair Yoga	24 10:00 Bingo Tuesday 2:00 Karaoke 3:30 Fun and Fitness	25 2:00 Happy Hour Social 3:30 Tuck Shop	26 3:30 Manicures and Hand Massages 6:00 Zumba with Allison	27 3:30 Montessori Life Skills	28 2:00 Aromatherapy with Calming Scents 3:30 Music Appreciation	29	
2:00 Physical Games 3:30 Sing-a-Long	30							