









May 2026

Dundurn Place Care Centre





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>10:00 Daycare Children Visits (LOUN) 1</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>2:00 Laughter Yoga with Katheryn (LOUN)</p> 	<p>9:00 Friendly Visits 2</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Exercise/Centrecise (LOUN)</p> <p>11:00 Jeopardy (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Bingo (1st)</p> 
<p>9:00 Friendly Visits 3</p> <p>9:30 Restorative Walking (4th)</p> <p>10:00 Hymn Sing (LOUN)</p> <p>11:00 Exercise/Centrecise (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Entertainment with Tom&Friends (MAIN)</p> 	<p>9:00 Friendly Visits 4</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Trivia (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 DeMazenod Farm (OUTS)</p> 	<p>9:00 Friendly Visits 5</p> <p>10:00 Bible Study with Hobbe (LOUN)</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Trivia (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Bingo (1st)</p> <p>3:45 Watering Plants (4th)</p> <p>6:15 Movie Night (LOUN)</p>	<p><i>Cinco de Mayo: red, white, green, magenta</i> 6</p> <p>10:30 Trivia (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>1:30 Pet Therapy (LOUN)</p> <p>3:30 Hangman (4th)</p> <p>6:30 Cinco De Mayo Karokoe (LOUN)</p> 	<p>8:00 Birthday Breakfast (BAR) 7</p> <p>10:00 Beauty Club (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>12:00 Guitar w Aidan</p> <p>2:00 Crock-a-Doodle (LOUN)</p> <p>3:30 UNO (LOUN)</p> <p>6:30 Bingo (1st)</p>	<p>9:00 Friendly Visits 8</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Trivia (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>1:30 Baking for Bake Sale (BAR)</p> <p>6:00 Friendly Visits (Room)</p> <p>6:30 Crafts (LOUN)</p>	<p>9:30 Friendly Visits 9</p> <p>10:00 Baking for Bake Sale (BAR)</p> <p>2:00 Bingo (1st)</p> 
<p><i>Mothers Day</i> 10</p> <p>9:30 Friendly Visits</p> <p>10:00 Hymn Sing (LOUN)</p> <p>11:00 Exercise/Centrecise (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Mothers Day Entertainment w Jeff (MAIN)</p> 	<p>9:00 Friendly Visits (Room) 11</p> <p>10:00 Restorative Walking (4th)</p> <p>10:30 Brain Teasers (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>1:30 Bake Sale (CAF)</p> <p>6:30 Bean Bag Toss (LOUN)</p>	<p>9:00 Friendly Visits 12</p> <p>10:00 Bible Study with Hobbe (LOUN)</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Pet Therapy (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Bingo (1st)</p> <p>6:00 Friendly Visits (Room)</p> <p>6:30 Paint Night (LOUN)</p>	<p><i>Pink Day</i> 13</p> <p>9:00 Friendly Visits</p> <p>9:30 Restorative Walking (Hall)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>2:00 Guitar with Alyssa (MAIN)</p> <p>4:00 Trivia (LOUN)</p> <p>6:30 Pearl Society (MAIN)</p>	<p>9:00 Friendly Visits 14</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Dundurn Choir (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>1:30 Pet Therapy (LOUN)</p> <p>2:30 Outdoor Social (OUTS)</p> <p>6:30 Bingo (1st)</p> 	<p>9:00 Friendly Visits 15</p> <p>10:00 Restorative Walking (Hall)</p> <p>10:30 Trivia (LOUN)</p> <p>11:00 Physio-Exercise Class (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Celebration Of Life (MAIN)</p>	<p>9:00 Friendly Visits 16</p> <p>9:30 Restorative Walking (4th)</p> <p>10:00 Exercise/Centrecise (LOUN)</p> <p>10:30 Family Feud (LOUN)</p> <p>11:30 Table Setting (4th)</p> <p>2:00 Bingo (1st)</p> <p>3:30 Bean Bag Toss (LOUN)</p>


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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Friendly Visits 17 9:30 Restorative Walking (4th) 10:00 Church Service - Immanuel Christian Reformed (1st) 11:00 Exercise/Centrecise (LOUN) 1:30 Smoothie Making (4th) 3:00 Card Games (4th)</p>	<p><i>Victoria Day: bright colours</i> 18 9:00 Friendly Visits 10:00 Restorative Walking (Hall) 10:30 Word Games (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Western Day Party w Dan Dyer (MAIN)</p>	<p>9:00 Friendly Visits 19 10:00 Bible Study with Hobbe (LOUN) 10:00 Restorative Walking (Hall) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Bingo (1st) 2:00 Calendar Prep 3:45 Axe Throwing (4th) 6:00 Busy Hands (Room) 6:30 Chair Yoga (LOUN)</p>	<p>9:00 Friendly Visits 20 9:30 Restorative Walking (Hall) 10:15 Sound Bowls with Masha (3rd) 11:00 Physio-Exercise Class (LOUN) 2:00 Boomers Club (MAIN) 5:00 Take-Out Night (LOUN) 7:00 Bean Bag Toss (LOUN)</p>	<p>9:00 Friendly Visits 21 10:00 Restorative Walking (Hall) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Gardening Outside (OUTS) 6:30 Bingo (1st)</p>	<p>11:00 Physio-Exercise 22 Class (LOUN) 1:30 Pet Therapy (LOUN) 2:30 Outside Strolls (LOUN) 3:30 Resident Program Planning (4th) 6:00 Busy Hands (Room) 6:30 Drop it like its Hot (LOUN)</p>	<p>9:00 Friendly Visits 23 10:00 Restorative Walking (Hall) 10:30 Exercise/Centrecise (LOUN) 11:00 Nail rejuvenation (LOUN) 11:30 Table Setting (4th) 2:00 Bingo (1st)</p>
<p>9:00 Friendly Visits 24 10:00 Restorative Walking (Hall) 10:30 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 2:00 Zumba with Rainier (MAIN)</p> 	<p>11:00 Physio-Exercise 25 Class (LOUN) 3:30 Jeopardy (LOUN) 4:30 Friendly Visits (Room) 6:15 Beauty Club (4th)</p> 	<p>9:00 Friendly Visits 26 10:00 Restorative Walking (Hall) 10:00 Bible Study with Hobbe (LOUN) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Bingo (1st) 4:15 Hang-Man (4th) 6:00 Busy Hands (Room) 6:45 Axe Throwing (4th)</p>	<p><i>Culture Day</i> 27 9:00 Friendly Visits 11:00 Physio-Exercise Class (LOUN) 12:00 Violinist (DR) 2:00 Birthday Party w Paula (MAIN) 3:45 Bean Bag Toss (LOUN) 6:00 Big Screen Movie Night (MAIN)</p>	<p>11:00 Physio-Exercise 28 Class (LOUN) 6:30 Bingo (1st)</p>	<p>9:00 Friendly Visits 29 10:00 Restorative Walking (Hall) 10:00 Horticultural Therapy (1st) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Pet Therapy (LOUN)</p>	<p>9:00 Friendly Visits 30 9:30 Restorative Walking (4th) 10:30 Exercise/Centrecise (LOUN) 11:00 Jeopardy (LOUN) 11:45 Table Setting (4th) 2:00 Bingo (1st)</p> 

9:00 Friendly Visits **31**
9:30 Restorative Walking (4th)
10:30 Exercise/Centrecise (LOUN)
11:30 Table Setting (4th)
1:30 Travelogue (LOUN)
2:45 Busy Hands (LOUN)




Programs and times are subject to change



- Calendar Legend**
- RR** - Resident Room
 - LOUN** - Activity lounge/TV room
 - COUR** - Courtyard
 - MDR** - 1st floor dining room
 - DR** - Dining Room
 - ARDR** - activity room/dining room
 - OUT** - Outside
 - 4th** - 4th Floor
 - Hall** - In the Hallway
 - BAR** - Basement activity room
 - ALL** - All floors

