

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:30 Courtyard Visits 2:00 Physical Games 2:00 Guided Meditation 6:30 Hymn Sing 1	12:30 Courtyard Visits 2:00 Chair Yoga 6:30 Fun and Fitness 2	12:30 Courtyard Visits 1:00 music therapy 2:00 Music Therapy- Harvest Room 6:30 Spa Tuesday 3	12:30 Courtyard Visits 1:00 Happy Hour Social 6:30 Comedy Corner 4	10:00 Throwback Thursday 12:30 Courtyard Visits 6:00 Colour Relaxation 6:30 Montessori Fluff and Fold 5	12:30 Courtyard Visits 1:00 Music therapy 2:30 Islamic Service - Harvest Room 6:30 Tovertafel 6	12:30 Courtyard Visits 2:00 Aromatherapy with Calming Scents 6:00 Beauty Club 6:30 Movement to Music 7
12:30 Courtyard Visits 2:00 Physical Games 6:30 Hymn Sing 7:00 Special Events - Other 8	12:30 Courtyard Visits 2:00 Crafty Creation (Arts&Crafts) 6:00 Movie Night 6:30 Fun and Fitness 9	12:30 Courtyard Visits 6:30 Spa Tuesday 10	12:30 Courtyard Visits 2:00 Happy Hour Social 6:30 Comedy Corner 11	12:30 Courtyard Visits 6:15 Zumba with Allison 6:30 Montessori Fluff and Fold 12	12:30 Courtyard Visits 2:00 Beauty Club 6:30 Tovertafel 13	12:30 Courtyard Visits 2:00 Aromatherapy with Calming Scents 6:00 Movies & Popcorn 6:30 Movement to Music 14
12:30 Courtyard Visits 2:00 Physical Games 2:00 Guided Meditation 6:30 Hymn Sing 15	12:30 Courtyard Visits 2:00 Chair Yoga 6:30 Fun and Fitness 16	12:30 Courtyard Visits 2:00 Happy Hour Social St Patricks Day 6:30 Spa Tuesday 17	12:30 Courtyard Visits 2:00 Happy Hour Social 6:30 Comedy Corner 18	10:00 Throwback Thursday 12:30 Courtyard Visits 6:00 Colour Relaxation 6:30 Montessori Fluff and Fold 19	12:30 Courtyard Visits 2:30 Islamic Service - Harvest Room 6:30 Tovertafel 20	12:30 Courtyard Visits 1:00 art therapy with Krista 2:00 Aromatherapy with Calming Scents 6:00 Beauty Club 6:30 Movement to Music 21
12:30 Courtyard Visits 2:00 Physical Games 6:30 Hymn Sing 22	12:30 Courtyard Visits 2:00 Crafty Creation (Arts&Crafts) 6:00 Movie Night 6:30 Fun and Fitness 23	12:30 Courtyard Visits 2:00 Karaoke 6:30 Spa Tuesday 24	12:30 Courtyard Visits 2:00 Happy Hour Social 6:30 Comedy Corner 25	12:30 Courtyard Visits 6:00 Zumba with Allison 6:30 Montessori Fluff and Fold 26	12:30 Courtyard Visits 6:30 Tovertafel 27	12:30 Courtyard Visits 1:00 art therapy with Krista 2:00 Aromatherapy with Calming Scents 6:00 Movies & Popcorn 6:30 Movement to Music 28
12:30 Courtyard Visits 2:00 Physical Games 6:30 Hymn Sing 29	12:30 Courtyard Visits 2:00 Chair Yoga 6:30 Fun and Fitness 30	12:30 Courtyard Visits 2:00 Karaoke 6:30 Spa Tuesday 31				