



August 2026

Anson Place Care Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August is National Immunization Awareness Month, National Wellness Month, National Dog Month, Family Fun Month, National Peach Month, and more! Zodiac Signs: Leo & Virgo Birthstone: Peridot, Spinel, and Sardonyx Birth flowers: Gladiolus and the Poppy 						8:30 Calendar Visits 10:00 Active Games 2:00 Bingo National Sunflower Day
No scheduled programs today. Please enjoy independent activities at your leisure. Thank you. 2	8:30 Daily Orientation 9:30 Mindful Monday 10:30 Centrecise: Zumba 1:30 Around The World 2:30 Garden Club Civic Day	Library Books Collection 8:30 Daily Orientation 9:30 Outdoor Strolls 10:00 Resident Council 10:30 Bell Choir 1:30 Active Games 2:30 Helping Hands Nat. Chocolate Chip Cookie Day	New Library Books Arrive 8:30 Daily Orientation 10:30 Church with Nancy 1:30 Creative Corner 2:30 Biography Spotlight 6:00 Game Night	Dr. Day 8:30 Daily Orientation 9:30 Sense of Wonder 10:30 Trivia 1:30 Root Beer Floats Social 2:30 Drum Circle Nat. Root Beer Float Day	8:30 Daily Orientation 10:00 Garden Club 1:30 Movie Matinee	No scheduled programs today. Please enjoy independent activities at your leisure. Thank you. International Cat Day
8:30 Daily Orientation 10:00 Brain Teasers 2:00 Kingsway Church Choir 9	8:30 Daily Orientation 10:30 Centrecise Full Body 1:30 Massage Therapy 2:30 Garden Club 10	8:30 Daily Orientation 10:00 Outing: Dollarama Walk 1:30 Bell Choir 2:30 Biography Spotlight Dog Days of Summer Ends	8:30 Daily Orientation 10:30 Church with Nancy 1:30 How It's Made 2:30 Drum Circle 6:00 Campfire Night 	Dr. Day 13 8:30 Daily Orientation 9:30 Fun Fit 10:30 Around the World 2:00 Entertainment w/ John Moorhouse	8:30 Daily Orientation 9:30 Garden Club 10:30 Feel Good Friday 1:30 Men's Club: Beer & Tattoos 2:30 Board Games 14	No scheduled programs today. Please enjoy independent activities at your leisure. Thank you. 15
No scheduled programs today. Please enjoy independent activities at your leisure. Thank you. 16	8:30 Daily Orientation 9:30 Mindful Monday 10:30 Centrecise: Zumba 1:30 Around The World 2:30 Garden Club 17	8:30 Daily Orientation 9:30 Outdoor Strolls 10:30 Bell Choir 2:00 Beach Party 18	8:30 Daily Orientation 9:30 Garden Club 10:30 Church with Nancy 1:30 Creative Corner 2:30 Biography Spotlight National Aviation Day World Photography Day	Dr. Day 20 8:30 Daily Orientation 9:30 Manicure & Chat 10:00 Music Therapy w/Yessi 10:30 Trivia 1:30 Baking 2:30 Outdoor Strolls	8:30 Daily Orientation 10:00 Garden Club 1:30 Movie Matinee Senior Citizen's Day	8:30 Daily Orientation 10:00 Active Games 2:00 Bingo 22
8:30 Daily Orientation 10:00 Spiritual Gathering 2:00 Sensory Sunday 23	8:30 Daily Orientation 10:30 Centrecise Full Body 1:30 Massage Therapy 2:30 Garden Club 24	8:30 Daily Orientation 10:30 Outing: Port Dover 25	8:30 Daily Orientation 10:30 Church with Nancy 1:30 Red Hat's Society 2:30 Biography Spotlight 6:00 Campfire Night National Dog Day Women's Equality Day	Dr. Day 27 8:30 Daily Orientation 9:30 Corn Shucking 10:30 Morning Conversations 1:30 Trivia 2:30 Outdoor Strolls	8:30 Daily Orientation 9:30 Garden Club 10:30 Sing-A-Long 1:30 Board Games 2:30 Reading Circle 28	No scheduled programs today. Please enjoy independent activities at your leisure. Thank you. 29
No scheduled programs today. Please enjoy independent activities at your leisure. Thank you. 30 National Beach Day	8:30 Daily Orientation 9:30 Mindful Monday 10:30 Centrecise: Zumba 1:30 Around The World 2:30 Men's Club 31					