



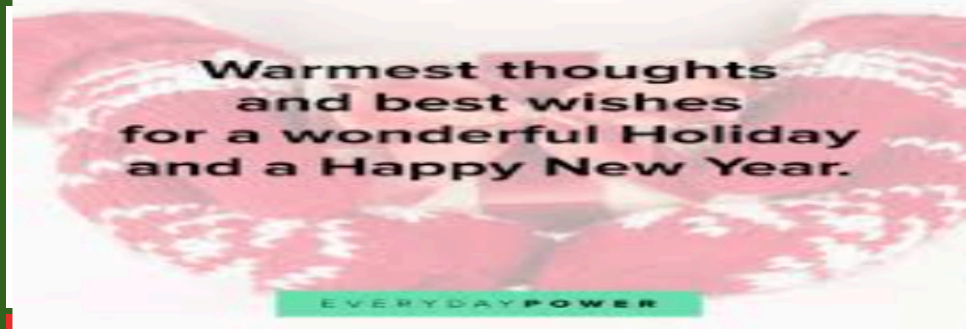
December 2025

Dundurn Place Care Centre



DUNDURN
PLACE
CARE CENTRE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 Calendar Posting (AF) 1 9:30 Exercise under 65 (MDR) 11:45 Friendly Visits (RR) 2:00 Christmas Party (1&2) (MDR) 4:00 Christmas Colouring (AL) 6:15 Blackjack (AL) 7:30 Friendly Visits (RR)	8:30 Friendly Visits 2 (RR) 9:30 Exercise under 65 (MDR) 10:00 Bible Study with Hobbe (LOUN) 2:00 Bingo (DR)	8:30 Friendly Visits 3 (RR) 9:00 Scent therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 Resident Program Planning (AL) 11:45 Friendly Visits (RR)	8:00 Birthday Breakfast (BAR) 4 9:30 Exercise under 65 (MDR) 10:30 Dundurn Choir Practice (ARDR) 12:00 Dundurn Angels (AF) 2:30 Pet Therapy with Teddy (AL) 4:00 Ping-Pong Toss (AL) 5:15 Friendly Visits (RR) 6:30 Bingo (MDR)	9:00 Friendly Visits 5 (RR) 9:30 Exercise under 65 (MDR) 10:00 Creating Santas Village (MDR) 11:45 Friendly Visits (RR) 1:30 Beauty Club (AL) 2:30 X-mas Word Games (AL)	9:00 Scent therapy 6 (1st) 9:30 Fun & Fitness Centrecise (AL) 10:00 Christmas Sing A Longs (LOUN) 2:00 Bingo (MDR) 3:00 Friendly Visits (RR)	8:30 Friendly Visits 7 (1st) 9:45 Hymn Sing (LOUN) 10:30 Roman Catholic Mass- (AL) 1:30 Baking Rice Krispies & Cookies (BAR)
9:00 Scent therapy (1st) 8 9:15 Pet Therapy w Brisket (1st) 9:30 Exercise under 65 (MDR) 10:00 Exercise/Centrecise (LOUN) 10:45 Colouring Group (AL) 11:45 Friendly Visits (RR) 1:00 Outing to Walmart (out) 2:15 Creating Santas Village (MDR) 6:30 Family Feud (AL)	8:30 Friendly Visits 9 (RR) 9:30 Exercise under 65 (MDR) 10:00 Bible Study with Hobbe (LOUN) 2:00 Bingo (DR)	8:30 Friendly Visits (RR) 10 9:00 Scent therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 Christmas Carols (AL) 11:45 Friendly Visits (RR) 1:30 Christmas name game (AL) 2:30 Karaoke (AL) 6:30 Gingerbread Cookies (MDR)	<i>Blue & White (Snow Theme)</i> 11 9:00 Pet Therapy with Teddy (AL) 9:30 Exercise under 65 (MDR) 10:00 Praise & Worship Choir (AL) 12:00 Dundurn Angels (AF) 1:30 Leisure outing with Mr. C.H (JS) 4:15 Hand Massage (RR) 5:30 Friendly Visits (RR) 6:30 Bingo (MDR)	<i>Candy Cane Theme</i> 12 8:15 Friendly Visits (RR) 9:00 Scent Therapy (1st) 9:30 Fun & Fitness Centrecise (AL) 9:30 Exercise under 65 (MDR) 10:00 Christmas card making (MDR) 11:45 Friendly Visits (RR) 1:30 Leisure Outings (Jackson Square) with Mr. D.D (out) 3:00 Hot Chocolate Cart (1st)	<i>Xmas Headband/Hat Day</i> 13 9:45 Crafts with Jasmine (AL) 11:00 Beauty Club (1st) 2:00 Bingo (MDR) 3:00 Friendly Visits (RR)	<i>Make an Ornament day</i> 14 9:00 Hymn Sing (AL) 10:00 Making Ornaments (MDR) 1:30 Zumba with Rainier (MDR) 3:00 Christmas Trivia (AL)
<i>Red & Green Day</i> 15 9:00 Scent therapy (1st) 9:15 Pet Therapy w Brisket (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 Christmas memories and sharing (AL) 11:45 Friendly Visits (RR) 1:15 Friendly Visits (RR) 1:30 Mini Theatre (RR)	<i>Reindeer Day</i> 16 8:30 Friendly Visits (RR) 9:30 Exercise under 65 (MDR) 10:00 Bible Study with Hobbe (LOUN) 1:00 Outing to Eastgate Mall (out) 2:00 Bingo (DR)	<i>Ugly Sweater Day</i> 17 8:30 Friendly Visits (RR) 9:00 Scent therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Dundurn Choir Rehearsal (AL) 11:45 Friendly Visits (RR) 2:00 Dundurn Choir Christmas Show (MDR) 5:00 Take-Out Night (AL)	<i>Festive Day</i> 18 8:30 Friendly Visits (RR) 9:30 Pet Therapy with Teddy (AL) 9:30 Exercise under 65 (MDR) 10:30 Christmas Music with Elmer (AL) 12:00 Dundurn Angels (AF) 2:15 Spiritual Elderly Care (AL) 2:30 Bingo (MDR) 4:15 Ping-Pong Toss (AL) 5:30 Friendly Visits (RR) 6:00 Gifts for Seniors (4th)	<i>Santa's Village- Festive Day</i> 19 9:00 Friendly Visits (RR) 9:00 Scent Therapy (1st) 10:00 Horticultural Therapy (DR) 11:00 Exercise under 65 (MDR) 11:45 Friendly Visits (RR) 2:00 Santa's Village (MDR)	<i>Christmas Shirt Day</i> 20 9:30 Scent therapy (1st) 9:45 Fun & Fitness Centrecise (AL) 10:15 Christmas Sing A Longs (LOUN) 11:30 Friendly Visits (RR) 2:00 Bingo (MDR) 3:00 Friendly Visits (RR)	<i>Santa's Hat day</i> 21 9:00 Christmas Carols (1st) 10:00 Church Service - Immanuel Christian Reformed (MDR) 1:30 Anything goes (AL) 2:30 Karaoke (MDR)



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Christmas Karaoke</i> 22 9:00 Scent therapy (1st) 9:15 Pet Therapy w Brisket (1st) 9:30 Exercise under 65 (MDR) 10:00 Exercise/Centrecise (LOUN) 11:45 Friendly Visits (RR) 1:15 Beauty Club (2) 2:30 Xmas Karaoke- Leadership (MDR) 5:45 Outing- Christmas Lights (out)	<i>Grinch Day</i> 23 8:30 Friendly Visits (RR) 9:30 Exercise under 65 (MDR) 10:00 Bible Study with Hobbe (LOUN) 2:00 Bingo (DR)	<i>X-mas PJ Day Christmas Eve</i> 24 8:30 Friendly Visits (RR) 9:00 Scent therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 Guessing Christmas Songs (AL) 11:45 Friendly Visits (RR) 2:00 Christmas Smores& Music (1st)	<i>Christmas Day</i> 25 9:00 Christmas gift giving (1st) 11:00 Christmas Piano Music with Elmer (AL) 2:00 Christmas Bingo (MDR)	<i>Boxing Day</i> 26 8:15 Friendly Visits (RR) 9:00 Scent Therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 Sing A Longs (LOUN) 11:45 Friendly Visits (RR) 2:00 Dundurn Choir Party (MDR)	9:00 Friendly Visits (RR) 27 10:00 NY Resolution (AL) 10:30 New Years Colouring (AL) 2:00 Bingo (MDR) 3:00 Friendly Visits (RR)	9:00 Friendly Visits (RR) 28 10:00 Hymn Sing (AL) 10:45 Beauty Club (LOUN) 1:30 Baking Smile Cookies (BAR)
8:00 Friendly visit (RR) 29 9:00 Scent therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 Drum Circle (LOUN) 11:45 Friendly Visits (RR) 1:30 Word Games (AL) 2:30 Sing A Longs (LOUN) 3:45 Beauty Club/Hand Massage (2) 6:15 Family Feud (AL) 7:30 Friendly Visits (RR)	8:30 Friendly Visits (RR) 30 9:30 Exercise under 65 (MDR) 10:00 Bible Study with Hobbe (LOUN) 2:00 Bingo (DR)	<i>New Years Eve</i> 31 8:30 Friendly Visits (RR) 9:00 Scent therapy (1st) 9:30 Exercise under 65 (MDR) 10:00 Fun & Fitness Centrecise (AL) 10:30 New years craft (MDR) 11:45 Friendly Visits (RR) 2:00 Birthday Party with Paula (MDR)				
"Programs & Times are subject to change."	Recreation Therapists Elmer-Full time Ana and Jasmine-PT					