



August 2026

Orchid Trail Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 	  			
10:00 Harmonious Hymns 2 2:00 Horse Racing 6:45 Noodleballoon	9:30 Mindful Mandalas 3 10:00 Monday Manicures 2:00 Target Toss 6:45 Musical Bingo	10:00 Garden Care: Herbal Teas 4 2:00 Bingo 6:00 Aromatherapy & Reflexology Visits 6:45 Sing Song	10:00 Bowling 5 2:00 Name Game 3:00 Pawsitive Visits	9:30 Cycling Without Age 6 11:00 Helping Hands 12:30 Orchid BBQ on the Patio with Aidan Purnell 2:00 Matching and Sorting 6:45 Card Sharks	10:00 Trivia: Fact or Fiction 7 1:00 Music Therapy with Jon 2:00 Painting: Beach Visit 	10:00 Zumba 1 2:00 Summer Hangman 6:45 Karaoke Night
10:00 Glad Tidings Church Service 9 2:00 Bingo 	9:30 Magic Table 10 10:00 Monday Manicures 2:00 Smores and Campfire Songs 6:45 Target Toss 	10:00 Garden Care: Making A Harvest Dish 11 10:30 Helping Hands 2:00 Crafters Corner 6:45 Musical Bingo 	10:00 Bowling 12 10:00 Spencer Smith Park Outing 1:30 Communion Visits 2:00 Name That Tune 3:00 Pawsitive Visits	9:30 Cycling Without Age with Trishaw 13 10:00 Corn Husking 11:00 Helping Hands 2:00 Resident Council 2:00 Deal Or No Deal	10:00 Fun Friday Fitness 14 2:00 Minute To Win It 	10:00 Zumba 15 2:00 Category Call-Out 6:45 Karaoke Night 
10:00 Glad Tidings Church Service 16 2:00 Quiz: Which Came First?	9:00 Lemon Icebox Cake 17 9:30 Mindful Mandalas 10:00 Monday Manicures 6:45 Musical Bingo	10:30 Helping Hands 18 11:00 Bowling & Lunch Outing 2:00 Bingo 6:00 Aromatherapy & Reflexology Visits	10:00 Bowling 19 2:00 Sound Bowl 3:00 Pawsitive Visits 	9:30 Cycling Without Age 20 11:00 Helping Hands 2:00 Musical Rain Sticks	10:00 Target Toss 21 1:00 Music Therapy with Jon 2:00 What's in the Bag?	10:30 Centrecise 22 2:00 Java Music Club 
10:00 Harmonious Hymns 23 2:00 Who Am I? 6:45 Musical Bingo 	9:30 Magic Table 24 10:00 Monday Manicures 2:00 Bingo 6:45 Noodleballoon	10:00 Garden Care: Botanical Printing 25 10:30 Helping Hands 2:00 Never Have I Ever 	<i>Dog Days of Summer</i> 26 10:00 Pet Lover's Trivia 2:00 Auction 3:00 Pawsitive Visits 	9:30 Cycling Without Age 27 11:00 Helping Hands 2:00 Crafters Corner	10:00 Fun Friday Fitness 28 2:00 Reader's Circle: Summer Memories	10:00 Zumba 29 4:00 Jewellery Making 6:45 Karaoke Night 
10:00 Harmonious Hymns 30 2:00 Milk the Cow 6:45 Noodleballoon 	9:30 Mindful Mandalas 31 2:00 Monday Manicures 6:00 Mario Sings with Fresh Ontario Peaches & Cream		Orchid Trail BBQ on the Patio with Aidan Purnell on Aug 6th, 2026 at 12:30pm Family and friends please purchase a meal ticket from reception. Outdoor Strolls are offered each day (weather permitting) All Programs are subject to change based on resident needs and interests.			