



January 2026

Unit 5 - Oak Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:45 Good Morning Tunes 1 10:00 Exercise 10:20 Welcome to 2026 🎉 ✨ 2:00 Celebrating New Year 	8:45 Good Morning Tunes 2 10:00 Sai Dham Wellness 2:00 Table Games	8:45 Good Morning Tunes 3 10:00 Bingo 2:00 Crafty Fingers 
10:00 Virtual Spiritual Service 4 10:30 Hymn Sing 2:00 Storytelling with Adele 	8:45 Good Morning Tunes 5 10:00 Fishin' Fun Day 2:00 My YouTube: National Hamburger day 6:15 Movie Night 	8:45 Good Morning Tunes 6 10:00 Exercise 1:00 Massage Therapy - Appointment only 2:00 Tea club ☕ 	Orthodox Christmas 7 8:45 Good Morning Tunes 10:00 Giving Garden - Winter 2:00 Residents' Council	8:45 Good Morning Tunes 8 10:00 Exercise 10:20 The Best of Elvis Presly 🎵 2:00 Play a Game of Chess Day ♟️ 6:00 Sing-Alongs: Happy Birthday Elvis! 	8:45 Good Morning Tunes 9 10:00 Catholic Mass - Bishop Visit 2:00 Salvation Army 	8:45 Good Morning Tunes 10 10:00 Bingo 2:00 Ultimate Bingo
10:00 Virtual Spiritual Service 11 10:30 Hymn Sing 2:00 Crafty Fingers: Snowflakes 	8:45 Good Morning Tunes 12 10:00 Exercise 10:20 Table Ball 2:00 History of Tea 🍵 6:15 Pub Night	8:45 Good Morning Tunes 13 10:00 Exercise 1:00 Massage Therapy - Appointment only 2:00 Tea and Trivia Tuesday	8:45 Good Morning Tunes 14 10:00 Giving Garden - Winter 3:00 Paint with Erin 	8:45 Good Morning Tunes 15 10:00 EVE Garden 🌱 10:45 Calendar Planning 2:00 Table Games 6:00 Happiness Projector	8:45 Good Morning Tunes 16 10:00 Eatonville Cafe 2:00 Tea club 6:00 Beauty Club	8:45 Good Morning Tunes 17 10:00 Bingo 2:00 Baking Club-Turkish Delight Baked Goods 
10:00 Virtual Spiritual Service 18 10:30 Hymn Sing 1:45 Flicks & Chill 	8:45 Good Morning Tunes 19 10:00 Dog Therapy 10:00 Bowling 2:00 Heart to Art	8:45 Good Morning Tunes 20 10:00 Exercise 10:20 Animal of the Month- Penguins 🐧 1:00 Massage Therapy - Appointment only 2:15 Crosswords	8:45 Good Morning Tunes 21 10:00 Giving Garden - Winter 2:00 JAVA Music Club	8:45 Good Morning Tunes 22 9:00 Music Therapy 2:00 Flower of Scotland 6:00 Sensory Stimulation: Scented Oasis	8:45 Good Morning Tunes 23 10:00 Exercise 10:20 What's in the Bag? 2:00 National Handwriting Day 6:00 Bocce ball 	8:45 Good Morning Tunes 24 10:00 Bingo 2:00 Ultimate Bingo
10:00 Virtual Spiritual Service 25 10:30 Hymn Sing 2:00 Celebrating Robbie Burns 	8:45 Good Morning Tunes 26 10:00 Friendly Exercises 10:20 Trivia Time 2:00 Sit & Dance 3:00 Word Games 6:20 Spa Time	8:45 Good Morning Tunes 27 10:00 Exercise 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 	8:45 Good Morning Tunes 28 10:00 Giving Garden - Winter 2:00 Who Am I?	8:45 Good Morning Tunes 29 10:00 Exercise 10:20 Laugh Corner 2:00 Music Making 6:00 Movie Night	8:45 Good Morning Tunes 30 10:00 Let's be Creative: Fun at Work Day 2:00 Tea club: The world Croissant Day 	Calendar Visits 31 8:45 Good Morning Tunes 10:00 Bingo 2:00 Healing Prayer Group 