

Kindness in Every Bite

In October 2025, the Recreation Managers from the Kindera™ Living Homes gathered for a meeting featuring guest speaker Maria D'Agostino, founder of NuCibo. NuCibo is a texture-modified bread and bakery mix specifically designed for puree diets. By adjusting the liquid-to-mix ratio and incorporating favourite ingredients, teams can create everything from bread and baked goods to both sweet and savoury dishes. Decorative molds help maintain shape, ensuring textured portions look as appealing as they taste.

Inspired by Maria's presentation, the Recreation Managers began exploring how this product could enhance dessert options for Residents who require a puree diet, making special moments more inclusive and enjoyable.

At Arbour Creek Care Centre, the team brought this idea to life during their Holiday Bake Sale on December 12, 2025. Using NuCibo, they prepared cinnamon donuts and spiced cakes designed specifically for Residents on puree diets. The response was overwhelmingly positive. Residents shared that the desserts were delicious and expressed genuine appreciation for having thoughtful, enjoyable options available to them.

This initiative reflects more than creativity in the kitchen, it reflects a commitment to ensuring every Resident feels included. Through innovation, collaboration, and care, the Kindera™ Living Homes continue to create meaningful experiences.

Moving forward, NuCibo will remain part of future bake sales and baking programs throughout the year, helping ensure that everyone can participate in the joy of sharing food together.

Connected Through Kindness

