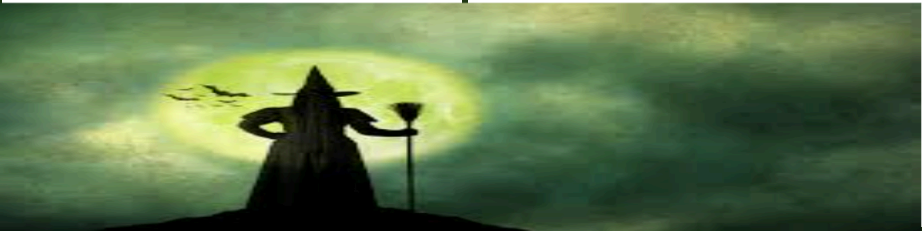




October 2025

Orchard Terrace Retirement Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Main Floor Lounge Resident Room Dining Room Basement Lounge Outside Hallway retirement dining room Second Floor Lounge			9:15 Calendar Visits 10:30 Independent Coffee Social	10:30 Independent Coffee Social	10:30 Independent Coffee Social 2:15 Let's Get Fit!	10:15 Coffee Social 10:30 Balloon Badminton-ML 1:00 Friendly Visits 2:00 Armchair Travel Documentary- Asia- BL 3:00 Relaxation Colouring-BL 
10:15 Coffee Social 10:30 Horseraces-ML 2:00 Apple Pie Social/ Fall Themed Trivia Games- ML 3:00 Word Games-Hangman- ML 	10:15 Coffee Social 10:30 Exercise Group-ML 11:10 Friendly Visits 2:00 BINGO-RET D 3:00 Communion	10:30 Independent Coffee Social 	10:30 Independent Coffee Social	10:30 Independent Coffee Social 	2:00 Independent Coffee Social 2:15 Let's Get Fit! 	10:15 Coffee Social 10:30 Balloon Badminton 2:00 Let's Make Chili- BL 3:30 Humour Hour-BL 
10:15 Coffee Social 10:15 Active Games- Darts- ML 11:15 Friendly Visits 1:00 1:1 Montessori 2:00 Mosaic Art-BL	Happy Thanksgiving 10:15 Coffee Social & Puzzles 10:30 Exercise Group 2:00 BINGO 3:00 Communion 	10:30 Independent Coffee Social	10:30 Independent Coffee Social 	10:30 Independent Coffee Social 	10:30 Independent Coffee Social 2:15 Let's Get Fit!	10:00 Walking Group 10:15 Coffee Social 10:30 Manicures/Hand Massages 2:00 Happy Hour & Birthday Party Event- BL 
10:15 Active Games 10:30 Coffee Social 11:00 Calendar Club 1:00 Friendly Visits 2:00 Bingo 	10:15 Coffee Social 10:30 Exercise Group 11:10 Friendly Visits 1:00 Nail/Pedicure Salon Trip- Community 3:00 Communion	10:30 Independent Coffee 	10:30 Independent Coffee Social 	10:30 Independent Coffee Social 2:00 Resident Council	10:30 Independent Coffee Social 2:15 Let's Get Fit!	10:15 Coffee Social 10:30 Exercise Group 11:00 Friendly Visits 2:00 BINGO 3:00 Movie Marathon-SFL
10:15 Independent Coffee Social 	10:15 Coffee Social 10:30 Exercise Group 11:10 Friendly Visits 12:00 Outings- Innsville Restaurant Lunch- Community 3:00 Communion	10:30 Independent Coffee Social 	10:30 Independent Coffee Social 	10:30 Independent Coffee Social	Happy Halloween 10:30 Independent Coffee Social 2:15 Let's Get Fit! 	