










March 2026

City Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Church Service 10:30 Hymn Sing 2:00 Unit Bingo 	10:30 Exercise 1:15 1:1 Walking 2:00 Word Games 6:00 karaoke Night	10:30 Exercise 2:00 Trivia Challenge 3:00 Chair Zumba 3:30 1:1 Reminisicing	10:30 Exercise 6:00 Movie Night: Crocodile Dundee 1 (Netflix) 	10:30 Exercise 2:00 1:1 Board Games 2:30 Chair Zumba 3:15 1:1 Board Games 6:30 Bingo	10:15 1:1 iPad 10:30 Exercise 1:30 Tover Projector 2:15 karaoke	2:30 Entertainment: Marcus Schwan
8 10:00 Church Service 10:30 Hymn Sing 11:00 Communion	9 10:30 Exercise 1:15 1:1 Walking 2:00 Bingo 6:00 karaoke Night	10 10:30 Exercise 1:45 Baking Club 3:00 Chair Zumba	11 10:30 6:00 Movie Night: Crocodile Dundee 2 (Netflix)	12 10:30 Exercise 3:15 Dominoes 6:30 Bingo 	13 10:15 1:1 iPad 10:30 Exercise 1:30 Tover Projector 2:00 1:1 Board Game 2:30 1:1 Walking	14 9:45 Arm Chair Travel 2:30 Entertainment: SAMS River North Musical Duo
15 10:00 Church Service 10:30 Hymn Sing 2:00 Unit Bingo	16 10:30 Exercise 1:15 1:1 Walking 2:00 Entertainment: Arlene Paculan Duo 6:00 karaoke Night	17 10:30 Exercise 3:30 1:1 Reminisicing 	18 10:30 Exercise 6:00 Movie Night: Irish Wish (Netflix)	19 10:30 Exercise 2:00 1:1 Board Game 3:30 1:1 Board Games 6:30 Bingo	20 10:15 1:1 iPad 10:30 Exercise 1:30 Tover Projector 2:15 karaoke	21 2:30 Entertainment: Vivian Clement 
22 10:00 Church Service 10:30 Hymn Sing 11:00 Communion	23 10:30 Exercise 1:15 1:1 Walking 2:00 Word Games 2:00 1:1 Board Game 6:00 karaoke Night	24 10:30 Exercise 2:00 card games 3:00 Chair Zumba 3:30 Beauty Club 	25 10:30 Exercise 6:00 Movie Night: The Lucky of the Irish (Disney +)	26 10:30 Exercise 2:00 Drum Circle 2:30 Chair Zumba 6:30 Bingo	27 10:15 1:1 iPad 10:30 Exercise 1:30 Tover Projector 2:30 1:1 Walking 	28 9:45 Arm Chair Travel 2:30 Entertainment: Jack Garson
29 10:00 Church Service 10:30 Hymn Sing 2:00 Unit Bingo	30 10:30 Exercise 1:15 1:1 Walking 2:00 Word Games 2:00 1:1 Board Game 6:00 karaoke Night	31 10:30 Exercise 2:00 Trivia Challenge 3:00 Chair Zumba 3:30 1:1 Reminisicing 