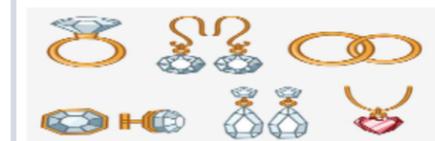




March 2026

APPLEWOOD



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | |
|---|---|---|---|---|--|---|--|--------------------------|--------------------------------------|----------------------------------|--------------|--------------------------------------|------------------------|------------------|--------------------|
| 10:00 Church Service (AR1F) 1 10:30 Hymn Sing (AR1F) 2:30 Sunday Baking (LDR2)  | 10:00 Polish & Pitch (TL) 2 1:30 Individual Current Event Visit (A) 2:00 Picture Stories (TL) 2:00 Art Class (LDR2) 2:30 Dog Visit (A) 6:00 karaoke Night (AR1F) | 10:00 Life Stories (TL) 3 10:45 Comedy Time (TL) 2:00 Montessori Group (HW) 3:00 Chair Zumba (MDR) 3:00 1:1 Reading (RTR) | 11:15 Snuggles & Safari (SDR2) 4 2:00 Residents' Council Meeting (AR1F) 2:00 Board Game (TL) 2:45 Game Show (TL) 6:00 Unit Bingo (HW) 6:00 Movie Night: Crocodile Dundee 1 (Netflix) (AR1F) | 9:45 Montessori Group (SDR2) 5 9:45 The Price Is Right (SDR2) 11:15 Arm Chair Travel (SDR2) 2:00 Spirit of Gratitude (TL) 2:30 Chair Zumba (MDR) 3:15 1:1 Exercise (RTR) 6:00 Boogie Evening (HW) 6:30 Bingo (AR1F) | 10:00 Crochet and Art Club (LDR2) 6 2:00 1:1 Jewellery Making (A)  | 9:45 Movie Matinee (SDR2) 7 2:30 Entertainment: Marcus Schwan (MDR)  | | | | | | | | | |
| 10:00 Church Service (AR1F) 8 10:30 Hymn Sing (AR1F) 11:00 Communion (RTR) 2:45 Indoor/Outdoor Strolls (A)  | 10:00 Polish & Pitch (TL) 9 1:30 Individual Current Event Visit (A) 2:00 Bowling (LDR2) 2:00 Picture Stories (TL) 2:30 Dog Visit (A) 6:00 karaoke Night (AR1F) | 10:00 Hands on Exotics (LDR2) 10 2:00 1:1 Exercise (A) 3:00 Chair Zumba (MDR)  | 11:15 Snuggles & Safari (SDR2) 11 2:00 Board Game (TL) 2:45 Game Show (TL) 6:00 Unit Bingo (HW) 6:00 Movie Night: Crocodile Dundee 2 (Netflix) (AR1F) | 11:15 Arm Chair Travel (SDR2) 12 2:00 Spirit of Gratitude (TL) 3:15 1:1 Exercise (RTR) 6:00 Boogie Evening (HW) 6:30 Bingo (AR1F) | 9:50 Peace Time Program (SDR2) 13 10:00 Crochet and Art Club (LDR2)  | 10:00 Saturday Chill Club (TL) 14 2:30 Entertainment: SAMS River North Musical Duo (MDR) | | | | | | | | | |
| 10:00 Church Service (AR1F) 15 10:30 Hymn Sing (AR1F) 2:30 Sunday Baking (LDR2)  | 10:00 Polish & Pitch (TL) 16 1:30 Individual Current Event Visit (A) 2:00 Picture Stories (TL) 2:00 Entertainment: Arlene Paculan Duo (MDR) 2:30 Dog Visit (A) 6:00 karaoke Night (AR1F) | 10:00 Life Stories (TL) 17 10:45 Comedy Time (TL) 2:00 Montessori Group (HW) 3:00 1:1 Reading (RTR)  | 11:15 Snuggles & Safari (SDR2) 18 2:00 Board Game (TL) 2:45 Game Show (TL) 6:00 Unit Bingo (HW) 6:00 Movie Night: Irish Wish (Netflix) (AR1F)  | 9:45 Memory Lane TV (SDR2) 19 9:45 Montessori Group (SDR2) 11:15 Arm Chair Travel (SDR2) 2:00 Spirit of Gratitude (TL) 3:15 1:1 Exercise (RTR) 6:00 Boogie Evening (HW) 6:30 Bingo (AR1F) | 10:00 Crochet and Art Club (LDR2) 20 2:00 Individual Music Reflection (A)  | 9:45 Movie Matinee (SDR2) 21 2:30 Entertainment: Vivian Clement (MDR)  | | | | | | | | | |
| 10:00 Church Service (AR1F) 22 10:30 Hymn Sing (AR1F) 11:00 Communion (RTR) 2:45 Indoor/Outdoor Strolls (A) | 10:00 Polish & Pitch (TL) 23 1:30 Individual Current Event Visit (A) 2:00 Picture Stories (TL) 2:30 Dog Visit (A) 6:00 karaoke Night (AR1F)  | 9:45 Montessori Stations (SDR2) 24 10:00 Fun with noodles (SDR2) 2:00 1:1 Exercise (A) 3:00 Chair Zumba (MDR)  | 11:15 Snuggles & Safari (SDR2) 25 2:00 Board Game (TL) 2:00 Sound Bowl (LDR2) 2:45 Game Show (TL) 6:00 Unit Bingo (HW) 6:00 Movie Night: The Lucky of the Irish (Disney +) (AR1F) | 11:15 Arm Chair Travel (SDR2) 26 2:00 Spirit of Gratitude (TL) 2:00 Drum Circle (AR1F) 2:30 Chair Zumba (MDR) 3:15 1:1 Exercise (RTR) 6:00 Boogie Evening (HW) 6:30 Bingo (AR1F) | 9:50 Peace Time Program (SDR2) 27 10:00 Crochet and Art Club (LDR2) 2:00 1:1 Melody Memory Moments (A) | 10:00 Saturday Chill Club (TL) 28 2:30 Entertainment: Jack Garson (MDR)  | | | | | | | | | |
| 10:00 Church Service (AR1F) 29 10:30 Hymn Sing (AR1F) 2:30 Sunday Baking (LDR2)  | 10:00 Polish & Pitch (TL) 30 1:30 Individual Current Event Visit (A) 2:00 Picture Stories (TL) 2:30 Dog Visit (A) 6:00 karaoke Night (AR1F) | 10:00 Life Stories (TL) 31 10:45 Comedy Time (TL) 2:00 Montessori Group (HW) 3:00 Chair Zumba (MDR) 3:00 1:1 Reading (RTR) |  | | | <h3>Locations Legend</h3> <table border="0"> <tr> <td>Transitional Lounge (TL)</td> <td>Large Dining Room (2nd Floor) (LDR2)</td> </tr> <tr> <td>Activity Room (1st Floor) (AR1F)</td> <td>Hallway (HW)</td> </tr> <tr> <td>Small Dining Room (2nd floor) (SDR2)</td> <td>Main Dining Room (MDR)</td> </tr> <tr> <td>Any location (A)</td> <td>Room to Room (RTR)</td> </tr> </table> | | Transitional Lounge (TL) | Large Dining Room (2nd Floor) (LDR2) | Activity Room (1st Floor) (AR1F) | Hallway (HW) | Small Dining Room (2nd floor) (SDR2) | Main Dining Room (MDR) | Any location (A) | Room to Room (RTR) |
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| Activity Room (1st Floor) (AR1F) | Hallway (HW) | | | | | | | | | | | | | | |
| Small Dining Room (2nd floor) (SDR2) | Main Dining Room (MDR) | | | | | | | | | | | | | | |
| Any location (A) | Room to Room (RTR) | | | | | | | | | | | | | | |