



# June 2026

## Port Credit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10:00 Exercise (LDR3) <b>1</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 Outdoor Sensory (P) 2:15 Tover Tafel (SDR3) <b>6:00 Songs Under the Sky (P)</b> 	10:15 Exercise (LDR3) <b>2</b> <b>10:45 Helping Hands: Pastry Making (SDR3)</b> 2:00 Rendevers (SDR3) 3:00 Chair Zumba (MDR) 6:20 Indoor/Outdoor Strolls (O)	10:30 Exercise (LDR3) <b>3</b> <b>2:00 Residents' Council Meeting (AR1F)</b> <b>6:00 Movie Night: George of the Jungle (Disney +) (AR1F)</b> 6:30 Video calls/phone calls (RTR) 	10:00 Exercise (MDR) <b>4</b> 10:00 Bible Study (SDR3) <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 Hand Massage (SDR) 2:30 Chair Zumba (MDR) <b>6:30 Bingo (AR1F)</b> 	9:30 One to one visit (A) <b>5</b> 10:00 Pet Therapy (Walter) (A) 10:00 Exercise (LDR3) <b>10:00 Gardening (P)</b> 2:00 Afternoon Party (LDR3) 	11:00 Friendly Visits (A) <b>6</b> 2:15 Entertainment: (MDR) 	
<b>10:00 Church Service (AR1F) 7</b> 10:30 Hymn Sing (AR1F) 2:00 Board Game (LDR3) 	10:00 Exercise (LDR3) <b>8</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 Outdoor Games (P) 2:15 Tover Tafel (SDR3) <b>6:00 Songs Under the Sky (P)</b> 	10:00 Reading Group (SDR3) <b>9</b> 10:15 Exercise (LDR3) <b>10:45 Helping Hands: Pastry Making (SDR3)</b> 2:00 Afternoon Party (LDR3) 3:00 Chair Zumba (MDR) 	10:30 Exercise (LDR3) <b>10</b> <b>2:00 Baking Club (LDR3)</b> <b>6:00 Movie Night: George of the Jungle 2 (Disney +) (AR1F)</b> 6:30 Video calls/phone calls (RTR) 	10:00 Arm Chair Travel (SDR3) <b>11</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 Beauty Club (LDR3) 2:15 Snoezelen Visits/ Cart (SDR3) 2:30 Chair Zumba (MDR) <b>6:30 Bingo (AR1F)</b> 	9:30 One to one visit (A) <b>12</b> 10:00 Exercise (LDR3) <b>10:00 Gardening (P)</b> 2:00 Art Class (LDR3) 	10:15 Exercise (LDR3) <b>13</b> 2:15 Entertainment: (MDR) 	
<b>10:00 Church Service (AR1F) 14</b> 10:30 Hymn Sing (AR1F) 11:00 Communion (RTR) 	10:00 Exercise (LDR3) <b>15</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 Balloon tennis (P) 2:15 Tover Tafel (SDR3) <b>6:00 Songs Under the Sky (P)</b>	10:15 Exercise (LDR3) <b>16</b> <b>10:45 Helping Hands: Pastry Making (SDR3)</b> 3:00 Chair Zumba (MDR) 	10:30 Exercise (LDR3) <b>17</b> <b>2:00 Baking Club (LDR3)</b> <b>6:00 Movie Night: The Jungle Book (Disney +) (AR1F)</b> 6:30 Video calls/phone calls (RTR) 	10:00 Bible Study (SDR3) <b>18</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 happiness program (RTR) 2:30 Chair Zumba (MDR) <b>6:30 Bingo (AR1F)</b> 	10:00 Exercise (LDR3) <b>19</b> <b>10:00 Gardening (P)</b> 2:00 Afternoon Party (LDR3) 	11:00 Friendly Visits (A) <b>20</b> 2:15 Entertainment: (MDR) 	
<b>10:00 Church Service (AR1F) 21</b> 10:30 Hymn Sing (AR1F) 12:15 Father Day Celebration (MDR) <b>2:00 Father's Day Entertainment (MD)</b> 	10:00 Exercise (LDR3) <b>22</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:00 Outdoor Games (P) 2:15 Tover Tafel (SDR3) <b>6:00 Songs Under the Sky (P)</b> 	10:00 Reading Group (SDR3) <b>23</b> 10:15 Exercise (LDR3) <b>10:45 Helping Hands: Pastry Making (SDR3)</b> 3:00 Chair Zumba (MDR) 	10:30 Exercise (LDR3) <b>24</b> <b>2:00 Baking Club (LDR3)</b> <b>6:00 Movie Night: Blank Check (Disney +) (AR1F)</b> 6:30 Video calls/phone calls (RTR) 	10:45 Helping Hands: Bread Making (SDR3) <b>25</b> 2:00 Beauty Club (LDR3) 2:15 Snoezelen Visits/ Cart (SDR3) 2:30 Chair Zumba (MDR) <b>6:30 Bingo (AR1F)</b>	10:00 Exercise (LDR3) <b>26</b> <b>10:00 Gardening (P)</b> 2:00 Afternoon Party (LDR3) 	10:15 Exercise (LDR3) <b>27</b> 2:15 Entertainment: (MDR) 	
<b>10:00 Church Service (AR1F) 28</b> 10:30 Hymn Sing (AR1F) 11:00 Communion (RTR) 	10:00 Exercise (LDR3) <b>29</b> <b>10:45 Helping Hands: Bread Making (SDR3)</b> 2:15 Tover Tafel (SDR3) <b>6:00 Songs Under the Sky (P)</b> 	10:45 Helping Hands: Pastry Making (SDR3) <b>30</b> 3:00 Chair Zumba (MDR)				<b>Locations Legend</b> Large Dining Room (3rd Floor) (LDR3) Small Dining room (3rd Floor) (SDR3) Activity Room (1st Floor) (AR1F) Main Dining Room (MDR) Outdoor Patio (P) Room to Room (RTR) Any location (A) Outdoor Front Entrance (O) Small Dining Room (Third Floor) (SDR)	