

happy
October

October 2026

City Centre

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:30 Exercise
2:00 1:1 Board Game
2:30 Chair Zumba
3:15 Beauty Club
3:30 1:1 Board Games
6:30 Bingo



10:00 Gardening
10:15 1:1 iPad
10:30 Exercise
2:15 karaoke



10:15 Exercise
2:15 Entertainment: David Wildsmith



10:00 Church Service
10:30 Hymn Sing
11:00 Communion

4

10:30 Exercise
1:15 1:1 Walking
2:00 Knitting & Crocheting
6:00 Movie Night

5



10:30 Exercise
2:00 Word Games
3:15 Aromatherapy

6

10:30 Exercise
6:00 Movie Night - HalloweenTown Disney+

7

10:30 Exercise
2:30 Chair Zumba
3:15 Crazy Eights Card Game
6:30 Bingo

8



10:00 Gardening
10:15 1:1 iPad
10:30 Exercise
1:30 Tover Projector
2:00 1:1 Board Game
2:15 karaoke

9



9:45 Arm Chair Travel
2:15 Entertainment: Keith Dindayal

10

10:00 Church Service
10:30 Hymn Sing
2:00 Unit Bingo

11

10:30 Exercise
1:15 1:1 Walking
2:00 Baking Club
6:00 Memories on Screen

12



10:30 Exercise
2:00 Trivia Challenge
3:30 Bible Study

13

10:30 Exercise
6:00 Movie Night - Don't look under the Bed Disney+

14



10:30 Exercise
2:00 1:1 Board Game
2:30 Chair Zumba
3:15 Beauty Club
3:30 1:1 Board Games
6:30 Bingo

15

10:00 Gardening
10:15 1:1 iPad
10:30 Exercise
1:30 Tover Projector
2:15 karaoke

16

10:15 Exercise
2:15 Entertainment: Marcus Schwan

17



10:00 Church Service
10:30 Hymn Sing
11:00 Communion

18



10:30 Exercise
1:15 1:1 Walking
2:00 Knitting & Crocheting
6:00 Memories on Screen

19

10:30 Exercise
2:00 Word Games
3:15 Aromatherapy

20



10:30 Exercise
6:00 Movie Night - Mom's got a date with a Vampire Disney+

21

10:30 Exercise
2:30 Chair Zumba
3:15 Crazy Eights Card Game
6:30 Bingo

22



10:00 Gardening
10:15 1:1 iPad
10:30 Exercise
1:30 Tover Projector
2:00 1:1 Board Game
2:15 karaoke

23

9:45 Arm Chair Travel
2:15 Entertainment: Jack Garson

24

10:00 Church Service
10:30 Hymn Sing
2:00 Unit Bingo

25

10:30 Exercise
1:15 1:1 Walking
2:00 Baking Club
6:00 Memories on Screen

26

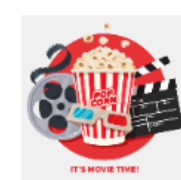


10:30 Exercise
2:00 Trivia Challenge
3:30 1:1 Reminisicing
3:30 Bible Study

27

10:30 Exercise
6:00 Movie Night - Hocus Pocus Disney+

28



10:30 Exercise
2:00 1:1 Board Game
2:30 Chair Zumba
3:15 Beauty Club
3:30 1:1 Board Games
6:30 Bingo

29

10:00 Gardening
10:15 1:1 iPad
10:30 Exercise
1:30 Tover projector
2:15 karaoke

30

10:15 Exercise
2:15 Entertainment: Ashley Pinto

31

