

Floor 8
Sunflower Lane

October 2026
Berkshire Care Centre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:45 Manicures and Hand Massages 1 10:00 Comedy Corner 2:00 Karaoke	8:45 Montessori iPad 2 10:00 Bingo Friday 2:00 Beauty Club 4:00 Islamic Service - Harvest Room	8:45 Board Games 3 10:30 Zumba with Allison 2:00 Trip to Dieppe Park Riverside
9:00 Catholic Service Online 4 10:30 Service Communion 11:15 Virtual Visit 1:00 Sparkling Spec 2:00 Physical Games	8:45 Music & Memory 5 9:30 Trivia and Coffee 2:00 Crafty Creation (Arts&Crafts)	8:45 Colour Relaxation 6 10:00 Bingo 2:00 Walking Club 6:00 Karaoke	8:45 Trivia 7 10:00 Virtual Field Trip 1:00 Tuck Shop 2:00 Happy Hour Social	8:45 Manicures and Hand Massages 8 9:30 Throwback Thursday 2:00 Karaoke	8:45 Montessori iPad 9 10:00 Bingo Friday 2:00 Beauty Club	8:45 Board Games 10 10:00 Heritage Park Church Service 2:00 Aromatherapy with Calming Scents
9:00 Catholic Service Online 11 10:30 Service Communion 11:15 Virtual Visit 1:00 Sparkling Spec 2:00 Physical Games	8:45 Music & Memory 12 9:00 Grand Bingo 2:00 Crafty Creation (Arts&Crafts)	8:45 Colour Relaxation 13 2:00 Montessori Games 6:00 Karaoke	8:45 Trivia 14 10:00 Mens Club 1:00 Tuck Shop 2:00 Happy Hour Social	8:45 Manicures and Hand Massages 15 10:00 Comedy Corner 2:00 Karaoke	8:45 Montessori iPad 16 10:00 Bingo Friday 2:00 Beauty Club	8:45 Board Games 17 10:00 Throne of Grace Church Service 2:00 Aromatherapy with Calming Scents
9:00 Catholic Service Online 18 10:30 Service Communion 11:15 Virtual Visit 1:00 Sparkling Spec 2:00 Physical Games	8:45 Music & Memory 19 9:30 Trivia and Coffee 2:00 Crafty Creation (Arts&Crafts)	8:45 Colour Relaxation 20 10:00 Bingo 2:00 Discussion Group with Coffee & Cookies 6:00 Karaoke 8:00 Discussion Group with Coffee & Cookies	8:45 Trivia 21 10:00 Virtual Field Trip 1:00 Tuck Shop 2:00 Happy Hour Social	8:45 Manicures and Hand Massages 22 9:30 Throwback Thursday 2:00 Karaoke	8:45 Montessori iPad 23 10:00 Bingo Friday 2:00 Catholic Service 4:00 Islamic Service - Harvest Room	8:45 Board Games 24 10:30 Zumba with Allison 2:00 Aromatherapy with Calming Scents
9:30 Parkwood Church Service 25 11:15 Virtual Visit 1:00 Sparkling Spec 2:00 Physical Games	8:45 Music & Memory 26	8:45 Colour Relaxation 27 10:00 Bingo 2:00 Discussion Group with Coffee & Cookies 6:00 Karaoke	8:45 Trivia 28 10:00 Mens Club 1:00 Tuck Shop 2:00 Happy Hour Social	8:45 Manicures and Hand Massages 29 10:00 Comedy Corner 2:00 Karaoke	8:45 Montessori iPad 30 10:00 Bingo Friday 2:00 Beauty Club	8:45 Board Games 31 10:00 Gentle Exercise and Sing Along 2:00 Halloween Birthday Party