



September 2026

Unit 5- Oak Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:45 Sunny Vibes🌞🎵 1 10:00 Bowling 1:00 Massage Therapy - Appointment only 2:00 Crosswords	8:45 Sunny Vibes🌞🎵 2 10:00 Giving Garden - Autumn 2:00 Residents' Council 	8:45 Sunny Vibes🌞🎵 3 10:00 Momo Mania 2:00 Bingo	8:45 Sunny Vibes🌞🎵 4 10:00 Balloon Badminton 2:00 JAVA Music Club	8:45 Sunny Vibes🌞🎵 5 10:00 Bingo 2:00 Crafty Fingers 
10:00 Virtual Spiritual Service 6 10:30 Hymn Sing 2:00 Storytelling with Adele 	8:45 Sunny Vibes🌞🎵 7 10:00 Fishin' Fun Day 2:00 Crosswords	8:45 Sunny Vibes🌞🎵 8 10:00 Active Games 1:00 Massage Therapy - Appointment only 2:00 Tea club	8:45 Sunny Vibes🌞🎵 9 10:00 Giving Garden - Autumn 2:00 Table Ball 	8:45 Sunny Vibes🌞🎵 10 10:00 Heart to Art 2:00 Bingo	8:45 Sunny Vibes🌞🎵 11 10:00 Exercise 10:20 Active Games 2:00 Salvation Army 	8:45 Sunny Vibes🌞🎵 12 10:00 Bingo 2:00 Ultimate Bingo
10:00 Virtual Spiritual Service 13 10:30 Hymn Sing 2:00 Women's Club	8:45 Sunny Vibes🌞🎵 14 10:00 The Canvas Club 2:00 Baking Club 6:15 Pub Night 	8:45 Sunny Vibes🌞🎵 15 10:00 Balloon Badminton 1:00 Massage Therapy - Appointment only 2:00 Tea club	8:45 Sunny Vibes🌞🎵 16 10:00 Giving Garden - Autumn 2:00 Ice Cream Social 	8:45 Sunny Vibes🌞🎵 17 10:00 Bingo 2:00 ColorCanvas Creations	8:45 Sunny Vibes🌞🎵 18 10:00 Communi-Tea Social - Celebrating Residents' Council Week 2:00 Beads & Sweets 	8:45 Sunny Vibes🌞🎵 19 10:00 Bingo 2:00 Sing & Rejoice 
10:00 Virtual Spiritual Service 20 10:30 Hymn Sing 1:45 Flicks & Chill 	8:45 Sunny Vibes🌞🎵 21 10:00 Bowling 2:00 School Days, School Days...🎵 6:15 "Hallelujah" Day (Leonard Cohen)	8:45 Autumn Leafs Tunes🍁 22 10:20 "Fall Fever"🍁 1:00 Massage Therapy - Appointment only 2:00 Farewell Summer, Welcome Autumn🍁	8:45 Autumn Leafs Tunes🍁 23 10:00 Giving Garden - Autumn 2:00 🍁 Autumn Threads	8:45 Autumn Leafs Tunes🍁 24 9:00 Music Therapy 2:00 Do-Re-Mi Day🎬 6:00 Spa Time 	8:45 Autumn Leafs Tunes🍁 25 10:00 Catholic Mass 2:00 The Craft House	8:45 Autumn Leafs Tunes🍁 26 10:00 Bingo 2:00 Indigenous Drumming – Truth & Reconciliation 
10:00 Virtual Spiritual Service 27 10:30 Hymn Sing 2:00 Paint with Erin	8:45 Autumn Leafs Tunes🍁 28 10:00 Crosswords 2:00 Sing-Alongs	8:45 Autumn Leafs Tunes🍁 29 10:00 Inuit Traditional Stories❤️ 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 	Calendar Visits 30 8:45 Autumn Leafs Tunes🍁 10:00 Giving Garden - Autumn 2:00 Craft & Charm🍁🌟			