



September 2026

Recreation Calendar Lilac Lane



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Residents Council Week September 14-18 Join us for Residents Council on Thursday September 10th All Residents Welcome! 		10:00 Garden Care - Tomato Harvest and Cooking 1 2:00 Bingo 5:45 Sing Song 6:00 Aromatherapy & Reflexology Visits 	2:00 Movie & Manicures 2 3:00 Pawsitive Visits 3:30 Helping Hands 5:45 Board Games Corner	9:30 Cycling Without Age 3 2:00 Dance & Stretch 3:00 Outdoor Strolls 5:45 Card Sharks	10:30 Feel Good Friday 4 1:00 Music Therapy with Jon 4:00 Royal Canadian Circus 	10:00 Sing Song 5 2:15 Daily Chronicles 
10:00 Hymn Sing 6 2:00 On the Move 	<i>Labour Day</i> 7 2:00 Bingo 3:30 Helping Hands 5:45 Target Toss 	10:00 Garden Care - Pollinator Garden 8 2:00 Bowling 3:30 Helping Hands 5:45 Musical Bingo	<i>National Teddy Bear Day</i> 9 2:00 Adopt A Bear 3:00 Pawsitive Visits 5:45 Movie & Manicures 	9:30 Cycling Without Age 10 10:00 Outdoor Strolls 2:00 Residents Council 	10:30 Feel Good Friday 11 1:30 Music with Jay Franco 	10:00 Zumba 12 2:00 Crafters' Corner 3:30 Helping Hands 5:45 Karaoke Night
<i>Grandparents Day</i> 13 10:00 Glad Tidings Church Service 2:00 Java Music Club 3:00 Helping Hands	2:00 Bowling 14 3:30 Residents' Council Crossword 5:45 Musical Bingo	10:00 Garden Care - Botanical Prints & Natural Dye Bath 15 2:00 Bingo 5:45 Residents' Council Colouring 6:00 Aromatherapy & Reflexology Visits	11:00 Catholic Church 16 2:00 Movie & Manicures 3:00 Pawsitive Visits 5:45 Residents' Council Trivia	9:30 Cycling Without Age - Trishaw 17 2:00 Dance & Stretch 3:00 Outdoor Strolls 5:45 Mix & Match Your Rights	<i>Carnival Day</i> 18 10:00 The Magnificent Magician 10:30 Feel Good Friday 10:45 Balloon Animals 1:00 Music Therapy with Jon 2:00 Carnival Games	10:00 Sing Song 19 2:15 Daily Chronicles 
10:00 Glad Tidings Church Service 20 2:00 Noodleballoon 3:00 Daily Chronicles	2:00 Laughter Therapy 21 3:30 Helping Hands 5:45 Musical Bingo 	10:00 Garden Care - Tie-dye Shirts with Natural Dyes 22 2:00 Bingo 3:30 Helping Hands 5:45 Target Toss	10:00 Nancy Visits 23 2:00 Bowling 3:00 Pawsitive Visits 5:45 Movie & Manicures	<i>Resident Art Gallery</i> 24 10am -3pm 9:30 Cycling Without Age 10:00 Outdoor Strolls	10:30 Feel Good Friday 25 10:30 Burlington Beach Outing 2:00 Drum Circle 3:00 Helping Hands	10:00 Zumba 26 2:00 Horse Racing 3:30 Helping Hands 5:45 Karaoke Night 
1:30 Lilac's Kitchen 27 3:30 Helping Hands 5:45 Noodleballoon 	2:00 Auction 28 6:00 Acoustics & Apple Crisp with Mario 	10:00 Garden Care - Garlic Planting 29 2:00 Bingo 3:30 Helping Hands 5:45 Sing Song 	<i>National Day for Truth and Reconciliation</i> 30 2:00 Crafters' Corner 3:00 Pawsitive Visits 5:45 Movie & Manicures	 * Outdoors strolls each day (weather permitting) ** Programs are subject to change based on residents' needs and interests		