



February 2026

Dundurn Place Care Centre



Monday

Tuesday

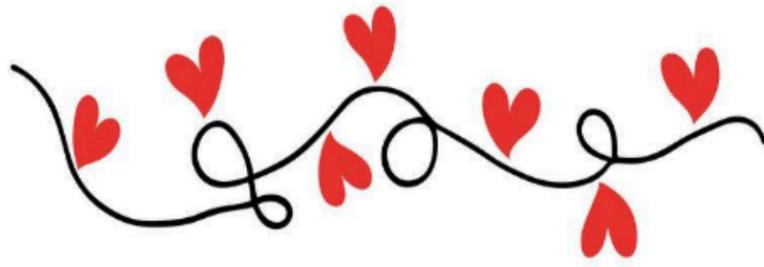
Wednesday

Thursday

Friday

Saturday

Sunday



**“We can only learn to love by loving.”
—Iris Murdoch**



Black History Month **1**

- 8:00 Calendar posting (1st)
- 9:45 Hymn Sing (1st)
- 10:45 Catholic Mass (LOUN)
- 1:30 Zumba with Rainier (MAIN)

8:30 Friendly Visits (Room) **8**

- 10:00 Hymn Sing (LOUN)
- 11:00 Hangman (LOUN)
- 1:30 Recreation Therapy Posters (1st)
- 2:00 Baking (BAR)
- 2:30 Card Games (1st)

9:00 Friendly Visits (1st) **15**

- 10:00 Church Service - Immanuel Christian Reformed (1st)
- 1:30 Anything goes (LOUN)
- 2:30 Karaoke (MAIN)

8:45 Breadmaking (LOUN) **22**

- 10:00 Hymn Sing (LOUN)
- 11:00 Jeopardy (LOUN)
- 1:30 Beauty Club (LOUN)
- 2:30 Colouring Group (MAIN)

9:30 Restore & Move! (1st) **2**

- 2:00 DeMazenod Farm (2nd)
- 2:45 DeMazenod Farm (1st)
- 3:00 Decorating Valentines Day (ALL)
- 6:00 Decorating Valentines Day (ALL)

8:30 Friendly Visits (Room) **3**

- 9:30 Restore & Move! (1st)
- 10:00 Bible Study with Hobbe (LOUN)
- 2:00 Bingo (MAIN)
- 4:15 Nails (LOUN)
- 5:30 Friendly Visits (1st)
- 6:30 Hangman (1st)

8:30 Friendly Visits (Room) **10**

- 9:30 Restore & Move! (1st)
- 10:00 Bible Study with Hobbe (LOUN)
- 2:00 Bingo

8:30 Friendly Visits (Room) **17**

- 9:30 Restore & Move! (1st)
- 10:00 Bible Study with Hobbe (LOUN)
- 2:00 Bingo
- 4:15 Social Walks (1st)
- 5:30 Friendly Visits (Room)
- 6:30 Axe Throwing (LOUN)

World Cancer Day-Wear Purple **4**

- 8:30 Friendly Visits (Room)
- 9:00 Scent therapy (1st)
- 9:30 Restore & Move! (1st)
- 10:00 Fun & Fitness Centrecise (LOUN)
- 10:30 Resident Program Planning (LOUN)
- 1:45 Crock-a-Doodle (LOUN)
- 2:30 Karaoke (LOUN)
- 4:15 Bean Bag Toss (LOUN)
- 5:30 Friendly Visits (Room)
- 6:15 Big Screen Movie Night (LOUN)

Black History Month wear (Red, Green, Yellow) **11**

- 8:30 Friendly Visits (Room)
- 9:00 Scent therapy (1st)
- 9:30 Restore & Move! (1st)
- 10:00 Fun & Fitness Centrecise (LOUN)
- 10:30 Black History Discussion (LOUN)
- 2:00 Entertainment w Elvis (MAIN)
- 5:00 Take-Out Night (LOUN)

Mardi Gras Theme Day **18**

- 8:30 Friendly Visits (Room)
- 9:00 Scent therapy (1st)
- 9:30 Restore & Move! (1st)
- 9:45 Fun & Fitness Centrecise (LOUN)
- 10:30 Sound Bowls with Masha (LOUN)
- 1:30 Leisure outing with Ms. C.K (LOUN)
- 6:30 Mardi Gras Entertainment (MAIN)

8:00 Birthday Breakfast (BAR) **5**

- 9:30 Restore & Move! (1st)
- 10:00 Pet Therapy with Teddy (LOUN)
- 10:30 Love Song Memories (LOUN)
- 12:00 Guitar w Aidan (ALL)
- 1:30 Valentine colouring and craft. (MAIN)
- 4:15 Family Feud (LOUN)
- 5:30 Friendly Visits (Room)
- 6:30 Bingo (1st)

8:30 Friendly Visits (Room) **12**

- 9:30 Restore & Move! (1st)
- 10:00 Pet Therapy with Teddy (LOUN)
- 10:30 Music with Elmer (LOUN)
- 1:30 Mini Theatre-The Vow (Room)
- 5:30 Friendly Visits (Room)
- 6:30 Bingo (1st)

8:30 Friendly Visits (Room) **19**

- 9:30 Restore & Move! (1st)
- 10:00 Pet Therapy with Teddy (LOUN)
- 10:30 Word Family Games (LOUN)
- 2:00 Auction (MAIN)
- 5:30 Friendly Visits (Room)
- 6:30 Bingo (1st)

8:15 Friendly Visits (Room) **6**

- 9:00 Scent Therapy (1st)
- 9:30 Restore & Move! (1st)
- 10:00 Fun & Fitness Centrecise (LOUN)
- 10:30 Random trivia (LOUN)
- 2:00 Guided Hands (BAR)
- 3:00 Sing along (LOUN)

9:00 Friendly Visits (Room) **13**

- 9:00 Scent Therapy (1st)
- 9:30 Restore & Move! (1st)
- 10:00 Ball Toss (LOUN)
- 10:30 Hangman (LOUN)
- 1:15 Mardi Gras Craft (MAIN)
- 2:45 Beauty Club (1st)

8:15 Friendly Visits (Room) **20**

- 9:00 Scent Therapy (1st)
- 9:30 Restore & Move! (1st)
- 10:00 Fun & Fitness Centrecise (LOUN)
- 10:30 Drum Circle (LOUN)
- 2:00 Celebration of Life (MAIN)

8:30 Friendly Visits (Room) **7**

- 10:00 V-day Photoshoot (217)
- 10:30 Vday Craft w Jasmine (LOUN)
- 2:00 Bingo (1st)
- 3:00 Friendly Visits (Room)

8:00 Valentine's Day-Wear red & pink **14**

- 8:45 Helping Hands (1st)
- 10:00 Bingo (1st)
- 2:00 Valentines Day Entertainment (MAIN)

8:00 Valentines Day Decor Removal (ALL) **21**

- 10:00 Exercise/Centrecise (LOUN)
- 2:00 Bingo (1st)
- 3:00 Friendly Visits (Room)

Family Day **16**

- 9:15 Pet Therapy w Brisket (1st)
- 9:30 Restore & Move! (1st)
- 10:00 Exercise/Centrecise (LOUN)
- 10:30 Mardi Gras Trivia (LOUN)
- 1:30 Pink Shirt Day Craft (LOUN)
- 2:45 Puzzles (LOUN)



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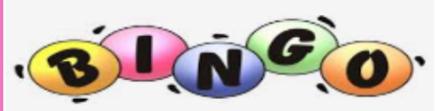


Monday

8:00 Friendly visit (Room) **23**
 9:00 Scent therapy (1st)
 9:15 Pet Therapy w Brisket (1st)
 9:30 Restore & Move! (1st)
 10:00 Fun & Fitness Centrecise (LOUN)
 10:30 Bocce ball (LOUN)
 12:30 Outing Walmart (out)
 1:30 Leisure outing with Mr. C.H (OUT)
 1:30 Pink shirt day Craft (1st)
 2:45 Jewelry Making (LOUN)
 4:00 Jeopardy (LOUN)
 6:30 Pearl Society (1st)

Tuesday

8:30 Friendly Visits (Room) **24**
 9:30 Restore & Move! (1st)
 10:00 Bible Study with Hobbe (LOUN)
 2:00 Bingo



Wednesday

Pink Shirt Day **25**
 8:30 Friendly Visits (Room)
 9:00 Scent therapy (1st)
 9:30 Restore & Move! (1st)
 10:00 Fun & Fitness Centrecise (LOUN)
 10:30 Travelogue (LOUN)
 2:00 Birthday Party with Paula (MAIN)



Thursday

8:30 Friendly Visits (Room) **26**
 9:30 Restore & Move! (1st)
 10:00 Pet Therapy with Teddy (LOUN)
 10:30 Music with Elmer (LOUN)
 1:30 Boomers Club (MAIN)
 5:30 Friendly Visits (Room)
 6:30 Bingo (1st)

Friday

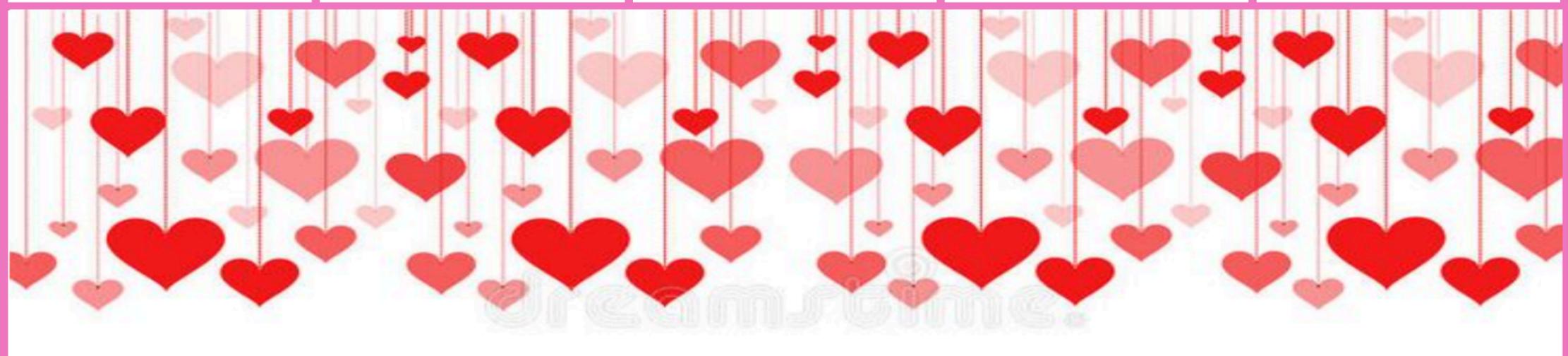
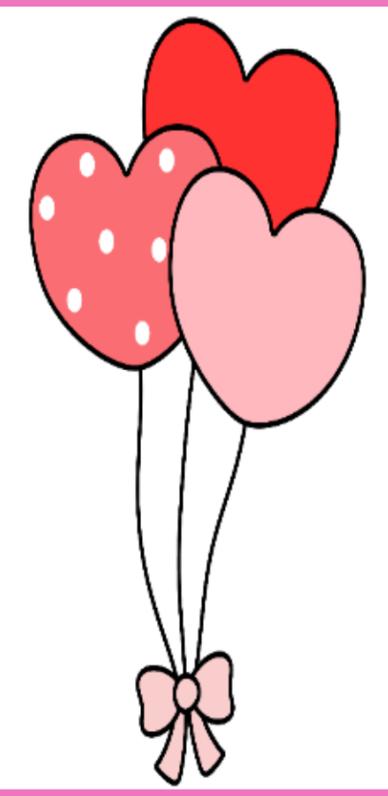
8:15 Breadmaking (LOUN) **27**
 9:00 Friendly Visits (Room)
 9:00 Scent Therapy (1st)
 9:30 Restore & Move! (1st)
 10:00 Horticultural Therapy (MAIN)
 2:00 Black History Month Awareness (1st)

Saturday

9:00 Scent therapy (1st) **28**
 9:30 Fun & Fitness Centrecise (LOUN)
 10:00 Musicking (LOUN)
 2:00 Bingo (1st)



Sunday



"Programs & times are subject to change"

Recreation Therapists
Elmer-Full time
Ana & Jasmine-Part-Time

**"If you have only one smile in you, give it to the people you love."
 —Maya Angelou**