



September 2026

Unit 4 - Maple Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Active games 1:00 Massage Therapy - Appointment only 2:00 Table Games 1	10:00 Giving Garden - Autumn 2 2:00 Residents' Council 2:00 Busy Hands 	9:00 Music Therapy 3 2:00 Stroll & Explore 6:30 Laugh Corner	8:15 Happy vibes 4 10:00 Music and Movement 2:15 Happiness programme	8:30 Happy Vibes 5 10:00 Bingo 2:00 Green Thumb 
10:00 Virtual Spiritual Service 6 10:45 Hymn sing 2:00 Storytelling with Adele 	8:30 Happy Vibes 7 10:00 Exercise 10:30 Meditation 2:00 Let's Talk Labour Day	10:00 Expressive Group 8 1:00 Massage Therapy - Appointment only 2:00 Letter Writing Day 6:00 Spa time 	10:00 Giving Garden - Autumn 9 2:00 Bowling 6:30 Scented oasis	8:30 Happy Vibes 10 10:00 Sing-Alongs 2:00 Stroll & Explore 6:00 Calendar Planning	8:15 Happy vibes 11 10:00 Balloon Badminton 2:00 Salvation Army 	10:00 Bingo 12 2:00 Ultimate Bingo
10:00 Virtual Spiritual Service 13 10:45 Hymn sing 2:00 My YouTube	10:00 Balloon Badminton 14 2:00 JAVA Music 6:15 Pub Night 	8:30 Happy Vibes 15 10:00 Bean Bag Toss 1:00 Massage Therapy - Appointment only 2:00 My YouTube	10:00 Giving Garden - Autumn 16 2:00 Busy Hands 	8:30 Happy Vibes 17 10:00 Word Games 2:00 Baking Club 6:00 Movie	8:15 Happy vibes 18 10:00 Communi-Tea Social - Celebrating Residents' Council Week 2:00 Stroll & Explore 	10:00 Bingo 19 2:00 Sing & Rejoice 
10:00 Virtual Spiritual Service 20 10:45 Hymn sing 1:45 Flicks & Chill 	10:00 Active games 21 2:00 Sensory Stimulation	8:30 Happy Vibes 22 10:00 Crosswords 1:00 Massage Therapy - Appointment only 2:00 Table Games 	10:00 Giving Garden - Autumn 23 2:00 Colour Time 6:00 Curious Minds, Creative Hands	8:30 Happy Vibes 24 10:00 Mind Aerobic 2:00 Stroll & Explore 6:00 Arm Chair Travel	8:15 Happy vibes 25 10:00 Catholic Mass 2:00 My Station	10:00 Bingo 26 2:00 Indigenous Drumming – Truth & Reconciliation 
10:00 Virtual Spiritual Service 27 10:45 Hymn sing 2:00 Paint with Erin 	10:00 Music and Movement 28 2:00 Crafty Fingers	8:30 Happy Vibes 29 10:00 Music & Movement 1:00 Massage Therapy - Appointment only 2:00 Birthday Party 	Calendar Visits 30 10:00 Giving Garden - Autumn 2:00 Movie			