

October 2026

Dundurn Place Care Centre

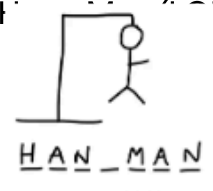


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:00 Birthday Breakfast (Base) 1 10:00 Calendar Posting (3rd) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 12:00 Guitar w Aidan 1:00 Pet Therapy (LOUN) 2:00 Crock-a-Doodle (LOUN) 3:45 Card Games (LOUN) 6:30 Bingo (1st)	9:00 Friendly Visits 2 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 2:00 Laughter Yoga with Katheryn (MAIN)	9:00 Restorative Walking (Hall) 3 9:15 Friendly Visits (4th) 10:30 Exercise/Centrecise (LOUN) 11:00 Hangman (LOUN) 11:30 Table Setting (4th) 1:45 Bingo (1st) 3:45 Outdoor Walks (Out)
9:00 Restorative Walking (Hall) 4 9:15 Friendly Visits 10:00 Hymn Sing (LOUN) 10:30 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 12:45 Restorative Walking (4th) 2:00 Oktober Fest Party w Bruce (MAIN)	9:00 Friendly Visits 5 10:30 Thanksgiving Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 DeMazenod Farm (COUR) 6:15 Hang Man (LOUN)	9:00 Friendly Visits 6 10:00 Bible Study with Hobbe (LOUN) 10:30 Brain Teasers (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:45 Bingo	<i>Plaid Day</i> 7 9:00 Friendly Visits 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Resident Town Hall (MAIN) 3:30 Hangman (4th) 6:15 Paint Night Host (MAIN)	9:00 Friendly Visits 8 10:30 Word Games (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Baking (4th) 3:30 Word Games (LOUN) 6:30 Bingo (1st)	7:45 Restorative Walking (Hall) 9 9:00 Friendly Visits 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Auction (MAIN) 3:45 Friendly Visits (Room) 6:30 Axe Throwing (LOUN) 7:30 Friendly Visits (Room)	9:00 Outdoor Walks 10 10:00 Nail rejuvenation (LOUN) 11:00 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 1:45 Bingo (1st) 3:30 Family Feud (4th)
9:00 Friendly Visits 11 10:00 Hymn Sing/Bible Study (LOUN) 11:00 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 2:00 Zumba with Rainier (MAIN)	<i>Happy Thanksgiving!</i> 12 9:00 Friendly Visits 10:30 Brain Teasers (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Thanksgiving Entertainment w Tristan (MAIN) 3:45 Cozy Conversations (Room) 6:00 Movie Night (MAIN)	9:00 Friendly Visits 13 10:00 Bible Study with Hobbe (LOUN) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:45 Bingo (1st) 3:30 Family Feud (LOUN) 5:45 Decorating for Halloween (ALL)	<i>Pumpkin Day</i> 14 8:00 Decorating for Halloween (ALL) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 12:00 Decorating for Halloween (ALL) 12:00 Violinst- Jarek (MAIN) 6:30 Decorating for Halloween (ALL)	9:00 Friendly Visits 15 10:30 Word Games (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Pet Therapy (LOUN) 3:30 Making Smoothies (LOUN) 6:30 Bingo (1st)	9:00 Friendly Visits 16 10:00 Daycare Children visits (MAIN) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Hang-Man (LOUN)	9:00 Friendly Visits 17 9:15 Restorative Walking (Hall) 10:30 Exercise/Centrecise (LOUN) 11:00 Jeopardy (LOUN) 11:30 Table Setting (4th) 11:45 Restorative Walking (4th) 1:45 Bingo (1st) 3:30 Courtyard Visits (Room)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Restorative Walking (Hall) 18 9:45 Discussion Group (LOUN) 10:00 Church Service -Immanuel Christian Reformed (MAIN) 11:15 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 11:45 Restorative Walking (4th) 2:00 Spooky Cocktail Social (MAIN) 	7:45 Restorative Walking (Hall) 19 9:00 Friendly Visits 10:30 Halloween Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 6:15 Hangman (LOUN) 	7:45 Restorative Walking (Hall) 20 9:00 Friendly Visits 10:00 Bible Study with Hobbe (LOUN) 10:30 Brain Teasers (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:45 Bingo (1st) 	<i>Black Cat Day</i> 21 9:00 Friendly Visits 10:15 Sound Bowls with Masha (3rd) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Hangman (4th) 2:30 Resident Program Planning (LOUN) 4:30 Take-Out Night (LOUN) 6:30 Pub Night (MAIN)	9:00 Friendly Visits 22 10:30 Word Games (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Calendar Prep 2:00 Pumpkin Carving (LOUN) 6:30 Bingo (1st)	9:00 Friendly Visits 23 10:00 Horticultural Therapy (1st) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Pet Therapy (LOUN) 3:30 Calendar Prep 6:15 Documentary Night (LOUN)	9:00 Friendly Visits 24 10:00 Nail rejuvenation (LOUN) 11:00 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 1:45 Bingo (1st) 
9:00 Friendly Visits 25 10:00 Hymn Sing (LOUN) 11:00 Exercise/Centrecise (LOUN) 11:30 Table Setting (4th) 1:30 Travelogue (LOUN) 	9:00 Friendly Visits 26 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 6:15 Card Games (LOUN) 	9:00 Friendly Visits 27 10:00 Bible Study with Hobbe (LOUN) 10:30 Word Games (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:45 Bingo (1st) 3:30 Friendly Visits (Room) 6:30 Craft Night (LOUN)	9:00 Friendly Visits 28 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 2:00 Birthday Party w Paula (MAIN) 3:45 Hangman (4th) 6:30 Haunted House (COUR) 	9:00 Friendly Visits 29 10:30 Brain Teasers (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:00 Pet Therapy (LOUN) 2:00 Boomers Club (MAIN) 3:45 Calendar Prep 6:30 Bingo (1st)	9:00 Friendly Visits 30 10:00 Trick or Treating (ALL) 10:30 Trivia (LOUN) 11:00 Physio-Exercise Class (LOUN) 11:30 Table Setting (4th) 1:30 Halloween Crafting (4th) 	<i>Happy Halloween!</i> 31 9:00 Friendly Visits 10:00 Exercise/Centrecise (LOUN) 10:30 Halloween Photoshoot (2nd) 11:30 Table Setting (4th) 2:00 Halloween Party w Tristan! (MAIN) 3:00 Halloween Contest (MAIN)

